

NEW BEGINNINGS AND BOUNCE BACK

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Term Highlights:

- Two new Grade 8s started school at Pestalozzi Education Centre, and four new Grade 8s started at Chalo Trust School.
- Three students were accepted to the Yale Young Global Scholars program.
- Three students were accepted to the Yale Young African scholars programs.
- Gap Year students have begun submitting applications to tertiary programs in the U.S., Costa Rica, South Africa, Ghana, China, and Rwanda.



Some of the new Kucetekela Foundation Grade 8 students just after receiving their uniforms. **From Left to Right:** Abraham Tembo, Jonathan Kalaki, Denzel Chinda, Bupe Musonda, and Patrick Simuyemba

LETTER FROM THE EDITOR

BY PETER SICHONA



Hello, and welcome to the Term I 2019

Kucetekela Foundation (KF) Newsletter.

Over the past months, KF students have accomplished many things. The current Gap Year students performed very well in their Grade 12 final examinations in 2018. Vincent Mwafulirwa who got three

A*s and the rest As, Nelly Kalukango, Faith Mulenga and Emmanuel Sakala who got 6 points, and Ased Chipangano who got 7 points. We also had some KF students apply to the Yale summer programs: three to Yale Young Global Scholars and ten to Yale Young African Scholars!

We are proud to say that two of KF's students who participated in the Zambia Model United Nations program got awards as the best delegates from the committees they were in.

KF students have and always been representing KF well in both academics and social aspects.

When comes to academics, they are always working hard to do the best they can which they actually do. Outside class, they are always active in whichever program they are participating. They are disciplined and respectful towards people.

Thank you very much for your time and attention to read this, we hope you enjoy this term's newsletter.

MEET THE NEW GRADE 8S!

BUPE MUSONDA BY SUSAN KAMONO



Bupe Musonda was born on May 2, 2005. She lives in Lusaka's Misisi compound with her mother and siblings.

She did her primary schooling at Lotus Primary School in Misisi and is currently doing her eighth grade at Pestalozzi education center in Ibex.

Her favorite subject in school is science considering the fact that she wants to be a doctor. This dream was since inspired by her late father, and her interest in the career path away and desire to serve people.

In her spare time, Bupe likes watching television

and reading novels.

Bupe has her elder sister as her inspiration due to her way of conduct and her mother as her role model as she is an intelligent, kind, wise and caring woman.

PATRICK SIMUYEMBA BY EMMANUEL CHANDA



Patrick Simayemba is a Grade 8 at Pestalozzi Education Centre. He stays in Bauleni and he attended his primary school at Prince Takamado School.

Patrick's favourite subjects are Mathematics and Science. In university, he wants to pursue Automotive and Mechanical Engineering. At Pestalozzi, Patrick

participates in the JETS club because it has helped him know himself better in terms of what he wants to do after secondary school.

Additionally, he joined the Drama club in order to improve the way he expresses himself and, at least, act in funny and ridiculous ways in front of people without been judged. Patrick spends his free time playing soc-

cer, drawing and solving mathematical problems. Patrick's role model is Mr. Mukena; he adores the way he speaks with confidence and energy when addressing people.

He really looks forward to doing his best to make everyone, who has made it possible for him to be part of the KF family, proud.

DENZEL CHINDA BY ETHEN KANTU



Denzel Chinda is a student at Chalo Trust School under the Kucetekela Foundation scholarship. He lives in Chibolya compound in Lusaka and he went to Lotus Primary School, where he wrote his Grade Seven exams.

His favorite subjects are Mathematics and Agricultural Science because he feels that they are involving and require his attention and focus. Not only is it involving

but it challenges him to do more research and broaden his knowledge in the subjects.

His hobbies are playing football, listening to music and participating in the matching band. He also loves socializing, making friends and learning new things, and feels it is essential for growth.

When he grows up, he wants to be an accountant and a lawyer because

he wants to help his family and community.

Consequently, he wants to inspire others to have hope that they can bring change and become somebody who contributes positively to the community despite coming from a disadvantaged background. He draws his inspiration from his uncle who is a lawyer.

JONATHAN KALAKI BY NCHIMUNYA MUKUWA

Jonathan Kalaki lives in Chainda Chelstone Avondale, in Lusaka. He comes from an extended family of twelve members, four boys and eight girls. He loves his family very much and every time he is always talking about them.

Jonathan went to Our Rainbow House community school in his local area, a school with not more than fifty students starting from grades one

to seven. Currently he is at Chalo Trust School doing his eighth grade. His favourite subject is business studies. This is because it deals with things to do with management, trading and accounting.

When he completes his education, Jonathan wants to become a business man or an accountant. He has the passion for this field because he wants to help improve

his country's economy and also to ensure that people's money is taken care of and it is always in good hands.

Jonathan's hobbies are soccer, dancing and racing. He does this most of the times when he has nothing to do. He also does his studies in his free time. I am hoping to know more about Jonathan and his life at Chalo Trust School.



DOREEN MWANZA BY TERESA PHIRI

Doreen Mwanza is a humble and brilliant girl in Grade 8 at Chalo Trust School. She lives in Matero and went to Lilanda Primary School.

Her favorite subjects are Science, Mathematics and English. She is passionate about these subjects because she wants to become a nurse when she completes high school. To Doreen, nursing is one way of help-

ing people suffering with illnesses and, at the same time, helping the country develop in terms of health.

She plays soccer, netball, and volleyball. She spends free time studying, listening to music, and dancing. These hobbies help her to relax and keep her mind from stress. Doreen is a good singer and her friends admire the way she

projects her voice and moves her body when singing. Also, she is a role model for people because she studies for long hours without getting tired, everyone wishes to know the secret behind this behavior.

Doreen is always willing to put other people's needs and wants before hers, and gives them help whenever they need it.



ABRAHAM TEMBO BY EMMANUEL BANDA

Abraham, also known as Ephraim, is currently schooling at Chalo Trust School. Ephraim lives in Ng'ombe and before he came to Chalo Trust School Abraham was Pakachele Primary School where he did his Grade Seven exam.

His favorite subjects are Social Studies and Integrated Science because of his passion for Law and Medicine. His aspiration for law was built up by the need to deliver justice

for those who are treated with unfairness. Subsequently, he stresses on the belief that everyone deserves equal rights despite their situation or state. And his passion for medicine is so that he can become hope and a remedy for those who are forgotten in their societies where there is inadequate medical attention. The two are connected by his urge to establish equality.

Aside his favorite subjects and career, Abraham spends his leisure time reading ad-

venture books and singing in the school choir. He also enjoys playing soccer, as a way to entertain himself, with his friends.

"I am greatly inspired by Mother Theresa because of her charity work and helping the needy and the underprivileged patients." Through Mother Theresa he draws the passion to show kindness to any person no matter their situation.



CHILDREN'S WORLD MOVEMENT

BY TIMOTHY CHIBINDA

"Apart from the passion to help children out there, we started the group to appreciate our parents, sponsors and the community for the opportunities they given us."

~ Timothy Chibinda

Chalo Trust School
Grade 11

Children's World Movement is a group of youth fighting for liberation against inequity and inequality in their respective communities. As a group, Children's World Movement believes that by liberating the vulnerable from the backgrounds that hinder them from reaching their full potential. Our objectives are to provide children with basic learning materials, such as pencils, pens and note books etc., to show love and care to the children, and implement mentorship programs.

How did it all start? As they say great minds think alike. It began with the merging of two groups with similar ideas of starting up a movement. The two groups were mainly made up of the Chalo Trust School Grade 11's and one Grade 10. On the 23rd of September we decided to put our differences aside and officially came up with Children World Movement, a group made by youth for the

youth. Recruiting new members was easy. As founders of the group we came up with certain criteria, and invit-



ed some of our friends to join. Those who met the criteria became full members.

The first program we had was held at Chibolya community school. Though the main organizers were Barefeet Children's Council, our presence added value to the program as we contributed greatly to the topic under discussion: the dangers of HIV/AIDS and measures to avoid the virus.

The next place we visited was Living Hope foundation. During this meeting, we had a great time with the children as we got to know each other and,

most importantly, share love and care with them. On both occasions, the number of children who showed up was magnificent: over seventy five children in total.

Our programs have impacted the children in many ways so far. One such impact that stands out is the way we have influenced each of the children we have interacted with.

I hope to see Children's World Movement grow into a great platform that people from all parts of the world can join if they want to give back to their communities in one way or another.

Why did we start the group? Apart from the passion to help children out there, we started the group to appreciate our parents, sponsors and the community for the opportunities they given us.

Pictured Above from Left to Right: Teresa, Nchimunya, and Timothy with a group of their students.

INTERNATIONAL WOMEN'S DAY

BY ESTHER MULAISHO



I feel good about it! This is simply because of the love that I have for all mothers around the world. I feel great that it is a national holiday because it

tions. They left to go and celebrate with other women outside the school. The pupils in the boarding school had prayers scheduled for every Friday evening.

I look up to Aunty Sharon and Aunty Pauline, though she left Pesta-



I strive hard to support younger women by simply living the life that is pleasant, as well as portraying good qualities of a leader for other

younger women to look up to. I strive to be a good role model by leading with boldness and confidence.

I hope to celebrate and come up with ideas to change other things for women around the world. I hope to celebrate international women's day in the future with other women who are not exposed to this day.



helps mothers come in solidarity and celebrate their importance.

There were some activities that took place on that very day. House mothers were part and parcel in the celebra-

lozzi. These women mean quite a lot of good things to me. I acquire knowledge of how I should conduct myself and how to manage my day to day affairs from them. These people have supported me directly and indirectly; I have become focused

on my principles just from their good conduct and talks of inspiration. I also tend to work hard in order to achieve what I want.



"I acquire knowledge of how I should conduct myself and how to manage my day to day affairs from them."

~ Esther Mulaisho

*Pestalozzi Education Center
Grade 11*

SAT PREPARATION

BY TERRY CHISHIMBA

“SAT prep has widened my mind. I have learnt and discovered new knowledge that I can use in both my national exams and the SAT exams.”

~ Terry Chishimba

*Pestalozzi Education Centre
Grade 12*

The SAT exam is a very important exam for students who plan to study in American universities. Knowing that I will eventually write this exam and prepare for it was exciting and wonderful to me. It also means that I have to put in effort and hard work to get good results on the exam.

The SAT exam was something very new to me and different

whole exam has little time.

Mina has been instructing SAT prep with Uma. Uma works with us on the English section of the SATs. We are exposed to plenty of reading to help us easily write the SAT essay. Mina works with us in mathematics and exposes us to

them makes me feel one step closer to being ready to write the exams. With a little more work, I believe I will be ready for the SATs.



easy ways of solving complex mathematical problems. SAT prep lasts for about two hours

SAT prep has widened my mind. I have learnt and discovered new knowledge that I can use in both my national exams and the SAT exams.

from the Zambia national exams that I am familiar with. With the SATs, I have to be quick in understanding the questions, and the

and we get assignments at the end of the lessons.

Assignments help us research and learn more. Completing

SAT prep has been exciting, fun, and very knowledgeable. To all my fellow KF students, I would advise that you should have the willingness to learn about the exams and how to effectively answer the questions.



Four Gap Year students after completing their SAT exams in March.

Pictured Left, fom Left to Right: Emmanuel Sakala, Cararise Lubamba, Nelly Kalukango, and

YOUTH DAY

BY DANIEL LUMBU

Youth day is one of the days when I reflect. I think about how much I have grown and done in my life, and at the same time I reflect on what I am not doing well.

At Pestalozzi, youth day was very eventful and quite an enter-

league, Harriet Mwanza, and is run by a student body.

The completion was very nice and it was really inspiring to see the Girl-Up group address-



favourite performance was poetry because it was really informative and pleasing to hear. It was really a nice show and at

the end we watched a lot of music videos that made us dance and helped us celebrate the end of the show.

Youth day has showed me that as youths we can do a lot of things as long as we put in the effort to maximise our opportunities. The power lies in our hands.

"Youth day has showed me that as youths we can do a lot of things as long as we put in the effort to maximise our opportunities. The power lies in our hands."

~Daniel Lumbu

*Pestalozzi Education Centre
Grade 11*



Pictured Left, from Left to Right: Rosemary Mbao, Daniel Lumbu, Emmanuel Chanda, and Abel Njamba.

Pictured Below, from Left to Right: Emmanuel Banda

taining day. We started the day by watching cartoon movies just to take ourselves back in time and have fun. Later on we had a very good meal to prepare us for the sports competitions; it was mainly football, with both genders on the same field. The competitions were organised by a school club called Girl-Up, whose aim is to empower girls. The club was started by my KF col-

world issues, such as gender inequality, in small communities. After the competition ended, the school gave the students who took part awards.

We concluded the day by having a talent and music video show. During the show, we had performances such as dancing, singing, poetry, and drama. My



ZAMBIA MODEL UNITED NATIONS

BY LUSUNGU MUSONDA



I felt excitement run down my soul the moment I heard I would be part of the ZAMUN program.

program, so most of us basically had the idea.

My country was Mexico, and the two main



Although this feeling was parallel to last year's feeling, when I did not know what to expect, I was also more confident this time.

topics were: addressing international migration and management of food over a growing population.

The preparations began the very week we received news. We had mostly focused on our weaknesses as a school, and the "Diplomatic Terms". There were no changes of events on the

The debates were very interesting and breathtaking with all

sorts of ideas. The debates were based on amendments.

Being able to speak to younger participants going there for the first time was something that boosted my courage. Since I knew what I was talking about, I was able to relay information easily to the younger ones.

What surprised me the most was the interest everyone had, and Gift won an award! I felt inspired by that wonderful news. It left me speechless but happy. This experience taught me that every thought counts and passion awakens peace among people.



Blessings Chileshe (Middle) winning the award "Most Likely to Cause a War".

"The debates were very interesting and breathtaking with all sorts of ideas."

~Lusungu Musonda

*Chalo Trust School
Grade 11*

VALENTINE'S DAY

BY ROSEMARY MBAO



The Valentine's Bash was held at Pestalozzi Education Centre on the 17th of February. The event was held to share stories and remember the death of Heinrich Pestalozzi- the founder of our school. It was also a day we had set aside to come together as a school and have

some family time. We had exciting activities during the day, such as dancing, singing, poetry and drama. I was the director of the drama acts, and I managed two acts. I also took part in some of the dances to encourage others. Few teachers attended and managed the program, but they were impressed that we were able to organise ourselves very well and put up good a show.

I had a lot of fun at the show and really learnt more about directing plays. There was a moment during

the show that stood out for me, and I felt as though heaven was on earth. It was when one of the KF students- Blessings Kasabo- danced on stage, she left the crowd in awe and *we all cheered as if it was our own sister on stage.* I was really impressed by her performance, it was my first time seeing her dance and it was perfect.

I would like to encourage the other students who may be preparing for valentine's bashes in the future to be confident, creative and enjoy whatever they make. And to always remember that all our dreams can come true if we have the courage to pursue them, *and that is the Heinrich family number one goal- to achieve your dreams.*

"I would like to encourage the other students who may be preparing for valentine's bash in the future to be confident, creative and enjoy whatever they make."

~Rosemary Mbao

*Pestalozzi Education
Centre
Grade 10*



Bupe Musonda (**Left**) striking a pose on Valentine's Day.

HOLIDAY TUITIONS

BY FRANCINE BALASI

"I would proudly testify that Chibombo has impacted this stage of my life. Chibombo made me realize that the main reason we went there was not just to learn how to apply my knowledge but to discover who I really am: my capabilities, weaknesses and strengths."

~Francine Balasi

*Chalo Trust School
Grade 12*



I still can't believe the tuitions were only a month, because I feel as if I learned more than I could in a year. I, like any other person who went there, had goals that I wished to acquire at the end of everything. I would proudly testify that Chibombo has impacted this stage of my life.

Chibombo made me realize that the main reason we went there was not just to learn how to apply my knowledge but to discover who I really am: my capabilities, weaknesses and strengths. Chibombo made me realize that I could do more than KF, my family, Chalo, and mostly myself expected. Despite having heard multiple discouragements

about Chibombo being a village, I decided to go with a positive mind and attitude, because I was so eager to learn.

I met many different kinds of people there, people with different characters, different beliefs, but I tried to humble myself to zero and learn. In the first place, I thought



I wouldn't manage being the only girl there, but that wasn't the case. I managed to create a bond with this new family.

I am proud to say that I did a lot of community service, because most days I volunteered to prepare meals and help with chores. This really impacted me and made me into a responsible person so I wouldn't embarrass

KF in any way.

It was fascinating to see how we managed to finish different syllabi or different subjects with clear understandings. We really did a lot, including past papers and the like. We also learned life skills, and we did community service by teaching children in the village who couldn't speak any language other than their native tongue. In this project, I would want to applaud all the KF students for their participation, determination and commitment.

I would write a novel if I was told to write everything that happened there.



LESSONS FROM MY CO-FELLOWS

BY UMA GUARNACCIA

This March, I had the pleasure of attending the Princeton in Africa retreat in Moshi, Tanzania. I attended the retreat only 3 months after beginning my fellowship at KF, whereas the other fellows in my cohort had already completed 7-9

months of their fellowships at various organizations across the continent. The Princeton in Africa staff had planned out various activities

to create the space for us to learn from each other and grow professionally. We also got to do some sightseeing, such as hiking and swimming in and around the Kikuletwa Hot Springs.

I felt very lucky that I was able to attend

the retreat so early on in my fellowship, while others had experienced a lot more at their respective organizations, because that meant that I could listen to their experiences and take away what I wanted from them.

The most valuable



thing I learned from the other fellows was not to let time pass you by. This sounded very cliché to me at first, but when you accept a position that is only for one year, they commented how easy it is to get caught up in the stress of what you are

going to be doing after your fellowship, or your next steps. But they told me not to let that take away from immersing myself in my host country, building and creating valuable relationships with the people around me, and giving it my all at

my host organization. This, they said, is what will ensure the most fulfilling fellowship year. Luckily, 3 months into my own fellowship, I did feel like these were the goals I was

carrying out during my time in Lusaka. I am grateful they pointed these out to me because now, after having lived in Lusaka for 6 months now, I will be keeping it at the back of my mind for the remainder of my fellowship.

“The most valuable thing I learned from the other fellows was not to let time pass you by.”

~Uma Guarnaccia

2018-2019 Princeton in Africa Fellow at Kucetekela Foundation

HALI INDABA PARTICIPATION

Funded by the [Higherlife Foundation](#), the 2019 HALI Indaba brought together the HALI Access Network's 38-member organizations at a conference center situated on the banks of the beautiful Volta River in eastern Ghana from 26-29 April.



access. Among others, members identified the continued need to reduce university reliance on standardized testing as a deciding factor regarding admission and financial aid.

Kucetekela Foundation is a member of HALI and its Executive Director, Dr. Florence Nkowane

how member organizations can support their alumni as they transition into university and, later, back to the continent after graduation.



The Network launched an exciting new program to facilitate peer-



The organizations, which work with over 2,000 high-achieving, low-income (HALI) high school students per year across 20 African countries, were joined by nine admissions officers from universities and colleges in North America, the Middle East and Africa. This year's Indaba theme was 'From Success to Support,' focusing on

to-peer mentorship among members, and then led a brainstorming session to help identify key areas in which the Network can raise awareness of and ad-



vocate for reduction of barriers to HALI student university

Lutale attended this year's Indaba in Accra. While she was there, she was able to meet with various partners and stakeholders from various universities such as Yale, Rochester, John Hopkins, Asehi, Edinburgh etc regarding tertiary partnerships, and in doing so, she solidified existing tertiary opportunities and found avenues for some new ones. All in all, the event was a great educational success and of great benefit to KF.

PARTNERSHIP BETWEEN EDUCATION USA AND KUCETEKELA FOUNDATION

BY FLORENCE NKOWANE LUTALE

On the 22nd of May 2019, the Members of Staff of Kucetekela Foundation met with the Regional Director of Education USA (EdUSA), Madam Clara Priester residing in South Africa, Education USA Advisor, Paul Gordon Zambia, and Education USA intern to discuss creating a more formal partnership between KF and EdUSA. Through the partnership, KF will not only be a grantee of EdUSA, but the two organizations will support each other's students and programming.

The partnership will provide EdUSA more institutional knowledge about the

process of applying to US colleges and universities, as well as supporting EdUSA in gaining access to partnerships with different secondary schools for their recruitment.

In turn, KF will have access to all EdUSA programming and workshops, and EdUSA staff members will assist KF in registering its students to have access to the American Corners at National Institute of Public Administration and the American Embassy in Lusaka. In addition, KF students will be invited to events at the Embassy and EdUSA will make sure to keep KF apprised of

any potential internship opportunities that might become available at the embassy.

We are all looking forward to working together to help young Zambians gain access to higher education and capacity building that will ultimately strengthen both organizations and Zambia as a whole.



“Through the partnership, KF will not only be a grantee of EdUSA, but the two organizations will support each other’s students and programming.”

*~ Florence
Nkowane Lutale*

*Executive Director
Kucetekela Foundation*



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Kucetekela Foundation is an organization that sponsors talented, high-achieving students in secondary school. Not only do we provide these high-need students with opportunities for quality education, but we also support their holistic personal development, through mentorship, work experience and community service programs. All of our secondary school graduates are currently enrolled in or have completed tertiary programs. We pride ourselves in providing high-quality services for our students, and always strive to inspire them as much as they inspire us!

Coming next term! Stay tuned for...

Inter-Schools Association of Zambia
Athletics Competition!



If you were encouraged by our KF students and would like to contribute towards their education, please contact **Mrs. Florence Nkowane** at

+260 971594959 or
kucetekelafoundationzambia@gmail.com
to make a donation.

KUCETEKELA FOUNDATION