

# Our Voices

The Official Kucetekela Foundation Newsletter



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## A Note from the Editor

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Hello Everyone,

Welcome to the 2022 Term One Kucetekela Foundation Newsletter. Our first term of 2022 started on a high note as we were past the scare of the Covid pandemic at least for the most part. So all school activities were back in full force and we could not have been more excited. Of course for me and my colleagues who are now in our last grade, the mixture of the excitement of being on the brink of completing school but also a bit of anxiety because the final exams were fast approaching, could not be masked. We spent the better part of the holiday at a tutoring centre already in the thick of things in our preparation towards the exam.

Another high note for this term was that myself and my colleagues were conferred with leadership positions in our respective schools. I was selected as Headgirl for Chalo Trust School while Emmanuel Mutambo and Grace Muyunda were appointed as Headboy and Deputy Headgirl at Pestalozzi Education Centre. This goes to show how effective the leadership values and principles inculcated in us by KF. For me, the term was unforgettable as I got an opportunity to take part in various activities that stretched my potential. The highlights of the term for me were both the talent shows and Valentine's Day celebrations. Our dance was a total success!

The Pestalozzi students who are doing their last stage of the IB program have been kept busy with their internal assessments. Internal assessments are used for most courses. These include: oral work, fieldwork, laboratory work, or artistic performances. These normally contribute between 20% and 30% of the subject assessment, but can account for as much as 50% in some courses. Internal assessments allow students to provide evidence of achievement against objectives that do not lend themselves to external examination.

There is so much to tell you and I hope you all enjoy this edition. The articles in this edition range from online lessons, capacity building, college preparations and alumni engagement in KF activities. These activities prove how dynamic and innovative we all are as KF scholars. We strive to make our families, communities and the world better. I wish you a happy reading.

For further details inside this newsletter, please read through and get encouraged by the work of the students, gap year students and alumni.

**Pauline Masaka, 2022 Term One Newsletter Editor.**

## ZAMUN Conference 2022

By Abraham Tembo

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ZAMUN is the Zambia Model United Nations which takes place once a year and is a simulation of the actual United Nations (UN). It is a model of the United Nations practiced in every country to prepare students for a greater impact on society. Students are called upon to identify solutions to global challenges through progressive debates.

At Chalo Trust School, we had not attended ZAMUN for the past 2 years due to the Covid-19 pandemic but with the help of Kucetekela Foundation and the school management, we participated this year. This was an extremely wonderful experience after such a long time. This time around even non KF students joined the program, making it even more interesting.

Most students especially non KF were new to ZAMUN and needed guidance on how to go about it. Since I have knowledge of what ZAMUN is, I had to help in preparing the others. I had to orient them and familiarize them with terms such as “delegate, committees and opening speeches.” Being the president of the school’s general communication club, it was easier to organize everyone for these lessons. I’m glad I had an opportunity to share this knowledge and in the process ended up understanding the program even better.

In preparation for the conference, we came up with a research timetable to ensure every student in each committee had enough access to the computers and internet. I also helped in creating a page where I included everyone and would post updates on the conference.

At American International School, which was the venue for the 2022 ZAMUN, everything was well arranged and all we needed to do was identify our committees. Two of the KF students (Anthony Kunda and Emmanuel Mutambo) were privileged to chair the Development Committee. This showed how competent they have been towards the program. My committee, General Assembly, was looking at the right to privacy in a digital age. I was in support of this motion while others were not. My justification for this is that everyone deserves the right to privacy. The debate was quite interesting because everyone seemed to have valid points to back up their thoughts on this issue.

ZAMUN has a culture of acknowledging outstanding students. This was a great moment for two KF students who won awards for best delegate and honorable mention. These are IB students,



Grace Muyunda and Abel Njamba. From the comments of their peers, Abel and Grace did their research very well and their facts were correct. They were in the Security Council committee where they talked about the situation in the Middle East involving the Palestinian question of statehood and recognition.

The conference has made me become knowledgeable about so many things, especially current affairs. My research skills have also improved because the program is designed in such a way that it prompts students to carefully research in order to present their facts well.

## The Pestalozzi Got Talent Show

Bupe Musonda

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A wise man once said that at some point in your life, a job will leave you or vice versa either by choice or otherwise, but your talent can never leave you. It is a part of who you are and what makes you unique as a person.

Talent show at Pestalozzi is a time of excitement due to all the rehearsals that need to be done. It is a time of appreciating abilities, interest and passion. Students are given an opportunity to showcase their different talents. This year, the event took place in the month of April and was conducted in a very different but amazing style. According to the hosts, they wanted to spice up the event by making it look like an actual talent show such as 'AMERICA'S GOT TALENT SHOWS.'

The event was divided into 3 rounds to be done within a week. The first and second rounds were the auditioning stages for the contestants and round 3 was the final round of the whole event. Many students auditioned with each one coming in with an amazing and unique talent but only a few made it to the final round. One of the finalists was a KF student, Gladys Mwangala, who gave the audience an astonishing poem that left the judges and the audience in amazement. Not only did she make it to the finals but was the overall winner in the competition. The event had extraordinary talent such that the judges found it extremely hard to choose the best performance.



I was a contestant in the singing category and made it to the final round. Unfortunately, I was unable to sing in the final round due to some health complications. However, the whole event was so amazing. It was one of a kind in the history of talent shows at Pestalozzi Education Centre!

## **The Art Experience**

By Anthony Kunda

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Is art just a mere tool used for creating aesthetic work or is it more than that? During my mentorship period with Augustine, I learnt more than what people see. The beauty of art is its ability to tell stories, convey a message and most importantly depict culture from different places.

To begin with, we looked at how to create a composition that tells the story that you would like your viewers to see. Moreover, I learnt the different elements one can use to describe the tone in the paint, from color to how rough the edges of the object are to show the emotions behind the painting.

I was also taught how a person can preserve their culture through different kinds of paintings such as cultural dances, iconic events that happened in that place through visual arts.

There is more to art than our intuitive perception of the time and purpose and through Augustine I can testify to that.



## **The Young African Writing Contest**

By Mumba Kapasa

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Early January I was privileged to have participated in the Young African Writers Contest (YAWC) which is an ECOSOCC initiative in collaboration with Access Bank Zambia. The program aims at bridging a gap between African youths and the African union. By acknowledging the innovative thinking brought to the table, YAWC encourages young people to reflect on the

crucial role they play by providing them with a space to express themselves. The theme of the context was 'my Africa, my future' and was opened to African high school students, purposely



crafted to allow scholars to demonstrate themes related to the continent's future.

I decided to participate because of the love I have for Africa and at the same time to inspire other learners to know and embrace their culture, heritage, origin and what it means to be African. I gave it my best and in spite of not winning I got a certificate of participation.

Winners were announced during a virtual award ceremony and received certificates as well as membership into the YAWC community. I'm hoping to participate in more upcoming themes and this time around will do a thorough research so I can be one of the winners.

## **A Spotlight on Edna Lungu**

By Edna Lungu

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My name is Edna Abigail Lungu. I am a KF alumni class of 2012 from Chalo Trust School. I did my nursing education at City University of Science and Technology where I obtained a Diploma in Registered Nursing in May 2019.

I was Registered by the General Nursing Council of Zambia in August 2019 and I immediately applied for a job in both Ministry of Health and private hospitals. I was selected to attend interviews in September 2019 at City University Clinic in Chalala Lusaka and got the job as the Nurse in charge for the private clinic. I worked there for about 5 months after which I stopped due to inconsistent payments of my salary by the management of the said clinic. I was back job hunting again and at this point I intensified my trials to get deployed into the Ministry of Health. I took my qualifications to all the three offices: Ndeke House, Province Health Office and District Health Office.





In March 2022, I was called to pick up my letter of deployment from the main registry at Ndeke House as I had been posted to Mwami Mission Hospital under replacements. I reported for work at Mwami Mission Hospital in Chipata Eastern Province of Zambia in the first week of April. I worked there for about 3 months without pay as the post ID number I had replaced wasn't vacant after all. Thereafter, I transferred to Katete District and was sent to work at Lupando Health Post and got my first salary as a government worker from here. I have been working as the Nurse Centre in Charge since then. I manage the clinic with a Community Health Assistant and community-based volunteers. It's very stressful most times but I take it as a learning process and a way of improving my leadership skills. I usually attend professional growth workshops to learn about new policies and guidelines with regards to the Ministry of Health.

I intend to go back to school next year to obtain a Degree in Nursing with a specialty in Midwifery.

## **Extra Tutoring in Ngombe Compound**

By William Changa

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One of the gap year successes has been developing a tutoring project in Ngombe compound. As gap year students (Rosemary, Blessings, Kelvin, Leah, Oswald and I) we discussed our academic strengths and thought we could utilize this to render a service to help a child struggling in certain subjects. At the same time this project is meant to help raise funding for various KF activities.

The lessons run from Monday to Saturday starting from 17 hours to 18 30. Since we are six, each one has a day they teach their subject. Mostly, our focus is grades 9s and 12s because these are approaching their final exams. Our project is about two months old and we have 16 students where 8 are grade 9s, 4 are grade 12s, 2 are grade 8s, 1 grade 10 and 11. Each student is required to pay an amount of 150k per month to attend classes. Whereas other tutoring centers would charge this amount per subject, for us this is for all subjects. This is one special aspect about our project; it is also serving the community.

In the first session, we did not go into the lessons just right away but flooded the minds of the students with our testimonies of getting good grades through studying hard. We also told them about

scholarship opportunities found abroad. The students were inspired and expressed an eagerness to learn and put in all their efforts. I could see how much they wanted to learn different things by schooling outside the country.

We started the lessons a couple of days later and took the students through Math, Sciences and English. The class has been very receptive and the students do all the work they are given. We give them weekly tests just to make sure they catch up with what was taught. We also revise exam past papers and find easiest methods of solving problems. This helps them understand more puzzling concepts they could not understand before. Generally, most of the students are improving gradually. The aim is to ensure that the students feel adequately prepared for the final exams. To make this possible the students have been helped to develop more effective timetables and study habits. This has been coupled with slightly more hands-on work to keep the students involved. The students are greatly expected to do well.

Our aim is to see this project grow from a small number to include even students from other communities. As gap year students, we might be the initiators of this idea but I believe there are others who have played and are still playing a part in making it a success. Our desire is to see this dream move forward even after we leave for university in various parts of the world. A journey of a thousand miles always starts with one step and such is the one we have embarked on.

## Being a Gap Year Student

Kelvin Ziwa



Hello there my name is Kelvin Ziwa class of 2021. I'm glad to have completed high school with flying colors. I'm now in my next stage which is gap year, a time period between secondary school and tertiary. Please read through as I share some of my gap year highlights.

Of late, I have been doing work experience at Breath of Heaven in the clinic department. I have interacted with many workers there to get perspectives of their profession and these include a pharmacist, a nurse, a midwife and Dr. Gilbert, the clinical officer. Dr. Gilbert explained to me how his profession was recently discovered in the southern part of Africa and the role it plays. Generally, clinical officers in other countries like the USA are referred to as physicians and they play almost all other roles other professions do in the medical field.

Dr. Gilbert from then onwards began guiding me through some steps I would consider in managing the medical field effectively and one of them is to make sure I remember the basic



biology learnt in school before going into university. He gave me an outline of the things I must be revising and an assignment on the types and names of bones in a fully grown human. I was fascinated to discover that humans at birth actually have 270 bones which begin to decrease as a human being grows until they reach 206 bones as the total number in normal human beings.

The other activity I'm engaged in is Forex done by KF alumni, Nathan Musweu. Through these lessons, I managed to extend the skill to others. We further registered for a Forex learning website called babypips.com and opened accounts with fxacademy.com where personal lessons can easily be understood.

I am also actively involved in university applications and so far I have applied to India and Russia: I recently submitted my Ashesi and Ashoka essays to Daniel Lumbu, an alumni helping with the editing of essays. Lastly, we had our first complete SAT test. My score was not so good but hope to do better in the next through daily lessons with Daniel. I'm positive these will help me get my desired mark of 1400 and above.

In addition, I'm working on my research and 4000-word essay with the topic environmental conservation, with a concentration on the types of pollution and their effects to our environment.

In regards to my art talent, I'm looking forward to starting a portrait business and identify advertising strategies that will make it a success.

## **The Prefect Inauguration Ceremony 2022**

**By Blessings Kasabo**

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It was in November, 2021 when I had the zeal to be a part of the school leadership. I decided to apply as our school policy believes in free and fair elections for all student leaders to be chosen. Many students applied for different positions and I specifically wanted to be a boarding prefect. In the previous elections, many were the times I competed but did not make it. This year, I chose to work harder like never before.

In February, Our Head of school published a list of the chosen prefects and I was one of them. I was on cloud nine upon seeing my name on the list and it was the



second. Thereafter, all the chosen prefects were told to go for a leader's orientation meeting with one of the senior teachers. For the first time in my life, I felt God's presence and it was like a great miracle had rested upon my life. My dream came true and I achieved my goal of being a prefect at Pestalozzi. Moreover, we had a prefect Inauguration ceremony on the 11th of February which was the most acclaimed day that felt like a fantasy. I was too excited but kept my composure to conclusion. What made it more fun was the fact that we were marching while heading to the stage, following the rhythm of the song. For once in my life, I felt like a soldier preparing for war and standing my ground. Two other KF students, Emmanuel Mutambo and Anthony Kunda, were also chosen as leaders, serving as Head boy and boarding prefect respectively.

When we reached the stage, everyone kept screaming and cheering for us. We were told to make an oath to obey the school ethos and enforce rules. Admittedly, this day meant everything and it glittered more when my mentor, Kate Mhango, put a badge on my shirt as the school culture believes that only your parents or guardians can perform this act in order to recognize your position and watch you lead others. This was very emotional; I almost cried. My mentor bought me a diary as a present and this made me feel so special because someone believed in me. I was also supported by Grace Jere who bought me chocolates and encouraged me to do my best in my journey as a school leader.

One thing I learnt is that "leadership is not defined by age or maturity but by determination and passion." Other than that I strongly believe that "Leaders are not made, yet are born."

## About Us

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[Kucetekela Foundation](#) is an organization that sponsors talented, high achieving students in secondary school. Not only do we provide these high-need students with opportunities for quality education, but we also support their holistic personal development, through mentorship, work experience and community service programs. All of our secondary school graduates are currently enrolled in or have completed tertiary programs. We pride ourselves in providing high-quality services for our students, and always strive to inspire them as much as they inspire us

## Our Leadership Team

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Oliver Barry	Co-founder and President
Florence Nkowane Lutale	Co-founder and Executive Director
Simasiku Mukena	Co-Founder and Finance and Administration Manager
Joshua N. Kamelu	Programs Manager

If you were encouraged by our students and would like to contribute towards their education, please use our donation link <https://kucetekelafoundation.org/donate/> or contact Mrs. Florence Nkowane at +260971594959 or [Kucetekelafoundationzambia@gmail.com](mailto:Kucetekelafoundationzambia@gmail.com) to make a donation.

**Thank you for reading!**