

*BEGINNINGS AND ENDINGS:*

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## This term:

- Four Grade 12 students graduated from Pestalozzi Education Centre and six students graduated from Chalo Trust School.
- All six Grade 9 students successfully completed their National Exams.
- Eight of the graduated students began internships at Bookworld Zambia.
- Three Gap Year students began their tertiary education.
- Twelve students conducted community service projects.

## THE PICKING UP OF GAUNTLETS, SPREADING OF WINGS AND HOPING FOR POSSIBILITIES OF THE FUTURE



**Pictured Above:** All of the KF Grade 12s at Chalo Trust School Graduation. From Left to Right: Philip Mtamira, Faith Sakala, Mercy Mulenga, Cecilia Banda, Cararise Lubamba and Vincent Mwafulirwa.



## EDITOR'S LETTER BY HARRIET MWANZA

Hello everyone!

A big welcome to the KF newsletter for term three 2018. In here are the many successes of the KF students from both Pestalozzi and Chalo.

The achievements of our fellow students from

January to is something that is worthy to be appreciated as we see the grade 12 graduate and a new set grade 8 coming in and many more successes

Please enjoy as you read through.

## YEAR IN REVIEW

### BY SUSAN KAMONO

*"The year has been amazing and life changing, as we all have ventured into a number of new activities in which we have been successful as a KF family."*

*~Susan Kamono*

*Grade 11, Pestalozzi Education Centre*



Dear readers, greetings to you all. A single word describing the year 2018 for KF and its students is "success."

The year has been a success for KF, as it has been able to have three scholars travelling to the U.S. for Yale Young Global Scholars (YYGS), five scholars attending Yale Young African Scholars, and six scholars attending the United World College seminar.

Furthermore, KF was able to host the Hathaway Brown students who came to visit the KF family within this period. Many of the KF students were able to have a chance to camp with the HB girls who left several lessons with the KF family.

Moving on, KF has suc-

cessfully been able to produce 2019 leaders in the year 2018 at the respective schools where their scholars are schooling.

They have since produced the Chalo Trust School Head Boy, Vice Head Boy and Head Girl, the Pestalozzi Head Girl and prefects at both schools.

Additionally, the year has been a success as one of the students, Harriet Mwanza, who attended the Women in Science Camp in Malawi in 2017 and YYGS in 2018, was able to start up her own club with the help of KF called GirlUp Pink Pan-

thers. The club kicked off in early October 2017 and has the aim of educating the girl child, serving the community, fundraising and advocating for young

women in science. The club has been able to visit an orphanage (Cheshire Homes), educate and advocate for girls at a local Catholic church and host a fundraising youth concert.

The year has been blessed with success, as I also got to radio broadcast live at Radio Phoenix during the International Children's Day of Broadcasting (ICDB). The experience largely contributed to my growth as I was able to be more certain of what I

want to study when I graduate from high school.

Finally, the year has been amazing and life

changing, as we all have ventured into a number of new activities in which we have been successful as a KF family.



# YEAR IN REVIEW

## BY GIFT KASWEKA



Hello, readers! Thank you for allocating your time to read this Year in Review of 2018. So relax and tighten your seat belts as I pilot you the journey! Enjoy!

We had major events coming from both our school and KF. Our school hosted a talent show as usual, but this time it was encompassing the Prefects' Coronation. Students were excited to perform their talents and to learn who would be crowned in the prefecture. KF students were happy, especially for the new ones who were attending it for the first time and could not wait for other events that were coming their way to take full participation.

KF also took the senior grades to attend a workshop for different universities at the International School of Lusaka. This was to let students interact with universities and find out what it takes for one to be accepted at that particular university, as

well as what scholarships are offered. This was a very important day for me, and so it was for the others, because we got to know where we stood and what path to take to find ourselves at such universities.

This year's Grade 12s have graduated and left us with so much hope to make a difference and finish some of the things they left behind. The school will be different in terms of who will participate in some activities (such as soccer, which was a combination of them and us, the current Grade 12s). For the KF family, we put our own sad feelings aside and allow our beloved brothers and sisters to move to another level. I wish them all the best in society. Our love will never be put aside, because we are one family forever.

Being selected as a prefect has made me the proudest this year, knowing that the school staff has seen leadership qualities in me and given me the responsibility to handle the entertainment system for the school. My leadership skills will greatly improve, and I will use them in society to impact young lives in Zambia and the world at large. This has also made my fellow KF students proud, because they have seen their brother being entrusted with leadership responsibilities, giving them hope to lift the KF

flag in different activities and areas.

I would summarise the feeling for this year in one word as "overwhelming," because a number of activities have taken place in a positive way.

Next year, it will be stressful in terms of learning and studying, because it will be an exam year, and I will be preparing myself for exams. I hope to be a Grade 12 who will still motivate others, despite being in an exam class. I am looking forward to motivate the younger KF students to continue doing their best, make sure that the younger ones know what is expected of them, and welcome the new Grade 8s while making sure I show them how to be a good student and fit into a new environment without any offences.

In conclusion, I hope to



see the family grow in harmony and be stronger than ever, full of energy, to overcome their different barriers, be it as a group or as individuals, as we continue spreading love and unity.

KF, together we stand!

*"I would summarise the feeling for this year in one word as 'overwhelming,' because a number of activities have taken place in a positive way."*

*~ Gift Kasweka*

*Grade 11, Chalo Trust School*



## COMPLETING GRADE 8

### BY GRACE MUYUNDA

My name is Grace Muyunda, and I am in Grade 8 going into Grade 9 at Chalo Trust School. This year, when entering into secondary school, I was so happy, excited, and ambitious that I made plans and goals which have helped me academically.

From the beginning of this year until now, life has not been an easy walk. When I started Grade 8, I had challenges with adapting to the boarding school environment, and I felt as if I could not meet the KF expectation as a KF student. As time went by, I was able to deal with my challenges by involving myself in activities such

as poetry and debate, which helped me interact and get to know other pupils, and have self-esteem. One other important factor that has helped me tackle my challenges is friendship. Some of the good friends that I have made are Leah and Pauline. They have been there to motivate and encourage me whenever I feel low, and they have always told me that I have the potential to achieve great things. Apart from all that, the other help that I have been receiving is from the older KF student. They have always been there for me as my academic tutors and parent-figures. For example, the time when I felt as if I was not going to make it in KF,

Francine and Cararise talked to me. They encouraged me by telling me things such as: there is a reason to why I managed to pass the KF exam, and why I was chosen to be called a KF student. They also reminded me of my background and the hard work I had put in in order to be chosen. This was what motivated and encouraged me to work hard and I realized that what I was thinking was wrong and I was going to do it. What I have learned about myself is that once I have planned to do something, I will surely do it no matter the circumstance. Before I

joined KF I thought I was very weak and could not do something without help from someone, but now I know that I am very strong and able to do things by myself.

Grade 9 is another grade that shows the hard work one has been putting in. What I am looking forward to

with being in Grade 9 is being a peer tutor to the incoming Grade 8's and the advice that I would give them is that they should never set

their minds in a negative mode. They should always strive hard if they want to achieve great things.



## GRADE 9 HOLIDAY TUITIONS

### BY ROSEMARY MBAO



My names are Rosemary Mbaao and I am at Pestalozzi Education Centre. During the holiday tuitions were held at my school, and I had so much fun having to meet new friends.

These friends came from Chalo Trust School, and the best part was when I spent time with Leah Mtindya. We studied to-

gether and helped each other.



During the holiday tuitions, I enjoyed learning mathematics but I disliked learning geography

because I could not concentrate much. The most challenging part was that

I had to stay away from my family for a long period of time. Despite this, it was so wonderful spending time at school because we had a lot of fun activities such as debate. I had such a great time during the

tuitions because I made new friends and learned other new things from them.

## BECOMING A GAP YEAR STUDENT BY ASED CHIPANGANO



It is a great experience so far being a Gap Year student. Firstly, I feel I feel more responsible. When I first came to KF as a Grade 8, I was the one being welcomed, and now the family has grown so much. Now, being a Gap Year student, I get to help welcome and guide the new Grade 8s and the juniors. I can't wait for the reunion in 2019, be-

I also feel closer to my dreams. Graduating from secondary school is something that I've been waiting to do for a long time, and now that I have done it, I will be able to continue onto my education at a tertiary level. Also, at this level, I am better able to give back to my commu-

helpful.

Being a Gap Year student, I feel challenged to achieve great things. This is especially because my fellow intake members are pursuing greatness, so I want to live up to their standards as well. When I started in KF, I



nity, because I have a better understanding of

was sure that I wanted to go into medicine. I am still passionate about medicine and helping people, but I feel more mature now, because I am more flexible in the sense that I am excited to go toward any opportunities that come my way. It is very important to me that I end up using my education to make systems in Zambia better.

So far, I have submitted applications to Earth University, African Leadership Academy, and many U.S. colleges. I am excited to hear back from them and to start the next part of my education.

*"It is very important to me that I end up using my education to make systems in Zambia better."*

*~Ased  
Chipangano*

*Grade 8, Pestalozzi  
Education Centre*



cause I will be the one explaining to the younger students about how it is being in society.

more things now. As I work on teaching young students in my community, I can teach at a higher level now and be more

## GRADE 12 GRADUATES

### MERCY MULENGA BY EMMANUEL BANDA

Mercy has been more than a sister to me and many other KF students, especially the Chalo KF family. She is one of the few people who I can call my inspiration. She is short in height, but very intelligent and smart when it comes to brains.

The passion that she had at everything that she did always used to have me in awe and wonder. She is a great sportswoman and a great singer as well. Not only that, but she is one

of the most well-behaved young ladies that I have ever met. The way she carried herself in school and the seriousness she attached to her studies always encouraged me to become more like her.

My early encounters were not necessarily based on being friends, but as time went by, I got to find out that she was the best at Biology in her class and that she was ever topping the class in that subject because of her persistence. Little did she know that she was instilling such a spirit in me. I re-

call a moment when she explained the topic of coordination and response. Before she actually taught me, she said, "This topic is very easy and interesting," which gave me more interest in learning about it and made it my favourite topic. She explained it so well that I can even answer questions about this topic in my sleep!

I also remember a conversation I had with her where she encouraged me about my handwriting. She told me, "Your handwriting is perfect just the way it is." These words keep on ringing in me and cause me to keep on pushing and making my

handwriting even better.

Many are the things I can say about Mercy, as she is a great inspiration, and I am looking forward to her becoming one of the greatest women Zambia has ever had. I'd like to give her this encouragement: As you go into university, please continue pushing harder and make all of us proud. All the best, Mercy. God bless you.



### CECILIA BANDA BY ETHEN KANTU

It takes some time to realise that great things come in small packages, and honestly, I didn't believe that until I met Cecilia.

I remember meeting her in 2015 when I was in 8<sup>th</sup> grade. At that time, I didn't know much about her, because I was still getting acquainted with the school environment. With time, I got to know more about her.

Cecilia is one of the most interesting people I have ever met. Spending the last four years with her has really impacted me

greatly. How she handled herself in crowds and in private gave me something to look up to. Her courage was beyond her height, and she assisted majorly in the coordinating and running of the school as the Deputy Head Girl.

From my perspective, Cecilia handled situations diplomatically and encouraged everyone to

be obedient. She is quite intelligent and hardworking when it came to aca-

demics and her life in general. I spent a lot of time with her in school, such that one would even call her my mentor. She is good at listening and gives very good advice. She knew how to put a smile on my face when I was tired or sad. I really enjoy her company.

I will always hold onto the memories I have shared with her. Even though she lives her own

life, she also touches the lives of others without even knowing it. Her departure has left a void that cannot be filled, and I will miss her deeply. In conclusion, her life in school was exemplary and has left a mark on the school's environment.





## CARARISE LUBAMBA BY TERESA PHIRI



Cararise has always been more than a sister to me. It pains me that I got to realise her importance in my life when she was going.

I remember the day when the school director, Mrs. Chileshe, embarrassed me and Lusungu for not performing as required in our mid-term tests during the closing assembly for mid-term break in Term III. I was embarrassed and sad. That day, my parents delayed picking me up. Cararise came to the girls' hostel and said how lonely I looked. She called me and started talking to me as her own sister. She told me the importance of studying hard. I was inspired and encouraged by her words. When she was done talking to me, I went to sit down in my room and thought about

all she had told me. I then started putting those things into practice.

Cararise has been the best Head Girl Chalo has ever had. She has been my role model. I will miss her caring, loving and kindness. She was always working hard at whatever she was given to do. She carried all her duties responsibly. She was reliable, approachable and always welcoming.

One important thing that I have learnt from her is hard work. I will always work hard at whatever I do.

Lastly, it is sad seeing her go. I just want to wish her all the best in life. Indeed,

she has inspired and changed a lot of people. May she succeed in everything she does.



## VINCENT MWAFULIRWA BY TIMOTHY CHIBINDA



They say that blood is thicker than water, and a family is a bond of people who share the same blood.

Over the past three years that I have been at Chalo Trust School, I have built strong bonds of family with the other students there. One great example of these bonds is that of Vincent and me. Our bond has been as a result of motivation and support shown by both of us. Vincent has always motivated me to do my best in all sectors of life, be it sports, academic or spiritual activities. He has been able to do this by

setting great examples in all his works. He left an example of him being the best JETS President, and as a result, I am aiming to follow in his footsteps.

As a friend and brother, I have seen Vincent achieving the impossible, and I am sure he will continue achieving more great things as he is leaving high school and entering into society. Vincent is my brother and motivator. I am able to achieve my goals now and in the future, because I know that I have a brother who has achieved the impossible.



## MORE GRADE 12 GRADUATES

ASED CHIPANGANO

BY EMMANUEL CHANDA



Having known Ased for about three years, I have come to know that he is a great thinker and intellectual. I cannot forget to

mention, too, how caring and understanding he is. He is one person who knows what he wants in life and how he will reasonably get to this.

During the three years that I have lived with Ased, he has proven himself to be a unique person. Ased has always told me to be realistic with what I want in life and has been quite inspirational to me. One experience I had with him was when we were talking about getting into university as well as choosing the right university for

your career. He encouraged me to take part in a lot of extra curricular activities aside from academics.

From what I had seen in Ased, he will surely follow his dreams and certainly achieve them. Ased is a competent student who takes initiative and will become a great leader with the right people and places influencing him. He has lots of talents, of

which some he is left to discover. He is an amazing poet, rapper and public speaker.



PHILIP MTAMIRA

BY EMMANUEL MUTAMBO



I try to avoid friends who come into my life for useless reasons, such as those that come into your life to put your happiness in prison and disappear when your life is not going well. I try not to hesitate to send away such friends who just to pretend to be my best friends with plastic smiles. It is because of this that I

have become and stayed close friends with Philip Mtamira.

My first year at Chalo Trust School would be very different without Philip Mtamira's guidance. I would like to mention one significant experience I had with him.

Well, Philip is a former KF student who graduated from Chalo in November 2018. He is a very smart and funny guy with high standards of moral principles. He was more than a friend to me because he was always there

for me in both good and bad moments of my life. What more I can say is that he corrected me whenever I tried to go astray this year. That's why I have always been calling him my friend. I was always blessed and inspired by his words of



wisdom and the positive example that he portrayed in a school already excellent as Chalo. It is really a bless-

ing for me meeting a person like him in my life.

I am really proud to testify that his presence has really impacted my life in that his arrival in my life instilled a fountain of hope and assurance that has now strengthened my spirit of perseverance. More to it, today I am able to look at life's appearance from a different perspective because of him. It's sad that he graduated, because I wish I could still spend as much time as I did with him this year. But I am glad to know him and wish him the best.



## EMMANUEL SAKALA BY TERRY CHISHIMBA

Emmanuel Sakala has been one of the best Kucetekela Foundation students I have met at Pestalozzi Education Centre.

I got to know him through his interest in reading; you can almost say that he is a book worm. He would always be found with his eyes on a page. He introduced me to the most interesting books I have ever read so far. One of the best books he introduced me to is

*Emperor: Gates of Rome.*

In the end, he was more to me than a student who introduced me to books but a very good friend. One character trait that I like about Emmanuel is that he always has a way of making people laugh. His great sense of humor makes him someone you would like being close to.

His aspiration is to be an actor, and I hope that he manages to achieve his

dream. I say this because I want him to succeed as much as he wants me to succeed.

He has been the greatest KF *bhuti* ("brother" in Xhosa) that I have ever had.



## FAITH SAKALA BY FRANCINE BALASI



It feels really sad that I am expressing all my emotions and gratitudes towards you on paper, but in all these are rare chances not worth neglecting.

Before I qualified for Kucetekela Foundation, I used to enjoy the Chalo Anthem on television, and one day, I saw you

on TV, talking about the school with this confidence and unstoppable words. From that day, I knew, or rather I wished I would speak like you. A girl with so much power of speech, to me you aren't a debater, but a persuasive person.

I came to Chalo Trust School so small as a toad. I still remember the way you



showed me around the school and how you had always acted. I am so thankful, because you gave me the hope and assurance that I would be fine.

We had always been friends and good sisters. Despite our ups and downs, fights, debates and

quarrels, we still managed to make up; see

where we are now!

I have no better words to express how happy I have been with your presence at Chalo. You have taught me to be strong and fight my fears and challenges. Sweetheart, you have turned me into a champion. I am now responsible and don't really care what people think of me.

I know that I am hard working, but you are one of a kind. The heart of the matter is a matter of the heart. Stand out and fight challenges. You are a hero. Remember time is the best expression of love and the more time you give to something, the more you reveal its greatness.

## MORE GRADE 12 GRADUATES

NELLY KALUKANGO  
BY ESTHER MULAISHO

Nelly has been a friend, sister, and someone I can rely on when in time of need and trouble. I have known Nelly for three years now since being at Pestalozzi Education Centre. She is a person with a good personality and a sense of humour. She is always cheerful and polite to people and enjoys being with young ones.

I have really learned a lot from Nelly within the few years that we have been together. She has taught me how to stand on my feet in times

when I feel down and low. I have also learned from her ways of how to solve situations on my own and pull up my stockings when I have a fall in my academic grades. She has always pushed me hard on my studies, especially in times when I seem un-serious about school. I really appreciate her good work that she has done and the help she has put in to shape my life.

I will surely miss Nelly when she goes. I will

miss her, as I will have no one to trouble and also no one to make noise for. Not only that, but also her ways of talking and teaching people. I wish her all the best in life and to continue being the real her as she excels in life. As a proverb says, "you only appreciate light when there is darkness." So I have seen her importance now.



FAITH MULENGA  
BY ROSEMARY MBAO

I have known Faith to be one of the students who is so courageous, ambitious, hardworking and brave.

The most important experience I have had with her was when we were preparing for the Zambia Model United Nations debate. I had a wonderful time because I discovered what kind of person Faith is. She was so calm with the preparations and did not



seem to be stressed.

Faith has been one of my role models as she inspired me to be confident, courageous, and brave because of the way she used to present herself. That is why I always remember her as the person

who helped me learn not to be pushed around by the fears in my mind, but to be led by the dreams in my heart.

I will miss Faith so much because she was always there for me when I felt sad and when I needed someone to be with; she was always the first person I could turn to.

I wish her all the best and hope that she will never give up and will always keep in mind that a champion is not defined by their wins but by how they can recover when they fall.

## CHALO TRADITIONAL DAY

### BY PETER SICHONA

Traditional and awards giving day was held on the 6th of October 2018 at Chalo Trust School.

On that day, a lot of activities took place, such as: traditional performances by each grade, except the Grade 12 and 9, awards giving, eating of traditional foods, and speeches from guest speakers. I was part of the traditional dance that the Grade 10's did, and I must say, I wasn't feeling nervous because that was my third time doing it.

In fact, I was feeling confident to be on stage this year. Being on stage in such a manner for the third time was actually my favourite part of the program because I felt so encouraged that I put my best.

My favourite act to watch was the awards giving, even though only 2 Grade 10's received awards. I liked it more because people were being appreciated for their talents and other achievements. It also encouraged me to work much harder.

I was amazed with how the show turned out be-

cause during practice, people didn't really show much interest in the program, but they all turned out impressively good.

During practice, the person who was in charge also taught us some of the cultural values, which were pretty new to me. I also taught some people who didn't know much about Traditional Day.

Through all this, I realized that Traditional Day is very important to me because it helps me know more about where I originated from and it helps me reflect my values as an individual from this continent. Traditional



Day should be at least once a year program in all Zambian schools.

## INDEPENDENCE DAY AT PESTALOZZI

### BY DANIEL LUMBU



Independence is the state of being independent or sovereign. Independence Day is important because it gives appreciation to the peo-

ple who fought for it and independence celebrations give people assurance that indeed, they are free.

Independence Day at Pestalozzi was spectacular. The students were told to organize themselves according to their grades and prepare some activities to make the independence day fun.

The preparations for my group, the Grade 10's, was quite different because everyone had an idea of their own and no one seemed to want to listen to the others. Thankfully, as the Inde-

pendence Day was drawing closer, we were able to get together and prepare the activities we were going to showcase on that day. We prepared a song, dance, play, and a poem. I guess most of the other grades did the same.

On the actual Independence Day, we gathered in the school hall and started to showcase our preparations. The first to do something was the Grade 7's, followed by the 8's, 9's, then 10's and 11's. The performances were incredible and they all talked about freedom and independence.

Personally, I took part in a play which my group did, I also was the only one who recited a poem in my group. The experience was amazing, I got to feel how it feels to stand in front of people and bring out the best you can. It was really memorable. The Independence Day taught me a lot and I hope to learn more next year and of course participate even more.



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## OUR TEAM

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**Simasiku Mukena**  
Co-Founder and Finances  
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*Kucetekela Foundation is an organization that sponsors talented, high-achieving students in secondary school. Not only do we provide these high-need students with opportunities for quality education, but we also support their holistic personal development, through mentorship, work experience and community service programs. All of our secondary school graduates are currently enrolled in or have completed tertiary programs. We pride ourselves in providing high-quality services for our students, and always strive to inspire them as much as they inspire us!*

## Coming next term! Stay tuned for...



The above photo features the KF Chalo students who participated in the Zambia Model United Nations in 2018. Stay tuned for next term's newsletter where we reflect on ZAM-MUN 2019!

If you were encouraged by our KF students and would like to contribute towards their education, please contact **Mrs. Florence Nkowane** at  
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to make a donation.