

# OUR VOICES

The Official Newsletter of Kucetekela Foundation



*L to R: Teresa Phiri, Timothy Chibinda, Emmanuel Chanda*

## A NOTE FROM THE EDITOR

Greetings to Everyone,

Welcome to the 2019-20 Kucetekela Foundation newsletter. It has been a delightful year with so many events and celebrations. We had students attend the YYGS and YYAS programs and other exciting programs and other lifetime exposures which you will see inside this newsletter.

All in all, sit back as you will prepare to be amazed, entertained and educated by the awesome highlights of the exceptional and special events made by our intelligent extraordinary students and the officials in Kucetekela Foundation

The Editor,  
Peter Ndangirwa Sichona



*L to R: Grace Muyunda, Esther Mulaisho, Rosemary Mbao, Bupe Musonda*

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## TERM HIGHLIGHTS:

- August Holiday Enrichment from Chisamba to Palo Alto to New Haven at United World College, Stanford and Yale
- Introduction of the KF Student Leaders
- Post-secondary sendoffs to over six international locations
- Term 3 Class Prefecture nominations

## Inter-Schools Association of Zambia Athletics Competition

By Doreen Mwanza

As a school, we started training for ISAZ in March. I participated in soccer playing (football), volleyball, long-jump and running. Some like football and volleyball were team events, while some like long-jump and running were individual events. I felt nervous and scared.

The weather was bad meaning – it was cold. It made me feel like not competing more, especially not running. Even still, I felt proud of my performance because it was my first time competing with a big school like Baobab College.

*"I would tell future ISAZ students to never give up, even if you came out last keep on trying and trying until at last, you will achieve your goal."*

Doreen Mwanza, Grade 8,  
Chalo Trust School



I did not feel happy, excited or proud because I thought that we did not deserve to come out number four, but one. I would tell future ISAZ students to never give up, even if you came out last keep on trying and trying until at last, you will achieve your goal. As my motto says: Standing Out to Achieve Your Purpose.

## My Tuitions Experience

By Blessing Kasabo

I attended my tuitions at Pestalozzi Education Centre. The Tuitions were so amazing and impressive. It was something mighty and trusty.

Having the Chalo Grade Nines attending the tuitions again was something that I treasured the most, because being around "KF" students is like having all my desirable dreams come true and pray it should be timeless. Moreover, we spent time all together with other people from PEC, so we made the experience more than we thought we would and it became memorable in our lives.

Furthermore, lessons were interesting, serious, and helpful. I really enjoyed Grace and Pauline – the three of us had a study group, which helped us a lot in verifying some answers that we only knew individually. It really helped us a lot in bringing up the best, as we tried to modify our ideas while studying. All of this was made possible by KF. May God in heaven bless each and every person involved in helping us build up our lives...I am so pleased to have KF in my life.

## Pestallozzi Holds Careers Day

By Bupe Musonda

Careers day at Pestallozzi is a day chosen so that students are able to showcase what they want to become in the future.

On 12th July 2019, Pestallozzi celebrated Careers Day. This even took place in the Multi-Purpose Hall, which is a place where different school events take place.

This day brought various universities such as St. Eugene, UNICAF, University of Lusaka (UNILAS), and Zambia Centre for Accounting Studies (ZCAS). They talked about careers like being a teacher or journalist. Meanwhile, professor Munyi Sunyela urged Pestallozzi students to dream big no matter the situation you face in life. They also talked about how children get scholarships after completing their Grade 12.

We also had some Zambian musicians, like Cinori XO, D2, and JC Starboy, who came to motivate our different talents and, of course, to perform. They told us how they discovered their careers as musicians. Pestallozzi students also showcased their talents in poetry, dancing, and also music.

Additionally, a man called Mr. Chungu, whose farm is just near our school, came to talk to us about the agricultural sector and how important agriculture is in society.

Having to receive all that motivation from different people who have raced through life and become the people they wanted and always dreamt to be in life was so encouraging and mind lifting to my life and career.

The most exciting part was the dancing from Pestallozzi students, and poetry from KF student Daniel Lumbu (Grade 11) entitled "Sweet Talker". It was amazing.

Though I did not perform anything, all that went on in the Multi-Purpose Hall was encouraging. I told myself I would perform something at the next event.



L to R: Ethen Kantu, Harriet Mwanza, Terry Chishimba, Vincent Mafulirwa before taking the SAT

*"...all that motivation from different people was so encouraging and mind lifting to my life and career."*

Bupe Musonda, Grade 8,  
Pestallozzi Education Centre



# Art

By Anthony Kunda

Art is the making and creating of different kinds of crafts, sculptures, paintings and drawings. Its also referred to as means of self-expression.

The reason I took art is simply because it is the only subject that allows me to express myself and challenge my imagination, thinking and creating to the fullest.

My favourite part and most interesting thing about art is entirely everything about art. But only one thing manages to twist my thinking, imagination and creativity. It is making sculptures using 'papier mâché' and that is my best thing about the art class.

The most challenging thing about art is not having enough materials to help bring all ideas to life. This year has been great, though challenging in project making. I have art pieces and these are a papier mâché rose, a papier mâché peacock, a painting of a peacock, a painting of a bird. Other projects that I am doing include a papier mâché wolf, an embroidery of a butterfly and also a painting of a lion composed of water (abstract painting).

I am most proud of completing my papier mâché peacock and being able to execute my first painting nicely.



*"Art...allows me to express myself and challenge my imagination, thinking and creating to the fullest."*

Anthony Kunda, Grade 9  
Pestalozzi Education Centre



Pictured are eight out of the ten outstanding KF students were nominated by KF staff to serve as student leaders for the upcoming school year. They will be responsible for maintaining open lines of communication between KF staff and students. Several of the students pictured for student leader orientation in September.  
*L to R: Mr. Simasku Mukena, Rosemary Mbao, Esther Mulaisho, Bupe Musonda, Denzel Chinda, William Changa, Grace Muyunda, Anthony Kunda*

# My Community Service in Zingalume

By Jonathan Kalaki

I joined Children's World Movement and we went to Zingalume. We went to Umoyo widows and orphans. We found grandmothers, mothers and children. We shared in groups. I was with the young ones.

First, we played some games with Limbikani and the children. Then I took change, I did an afro dance with the music called mosquito dance. I also did some break dance just for a bit. But it was hard for me to find where to start and what to do. But in my mind a dance came and I did an afro dance. We even did a competition with one of the girls.

I made them to feel the way I feel at home, to listen to some songs, and made them to use their talents and have interest or hope in whatever you do. But even them they welcomed us by singing traditional songs and gospel songs. It was nice. This is what I did in Zingalume with the Children's World Movement.

It was nice and good although we faced some problems. The problem was we never planned for parents. It was only children but we managed as a group.



*CWM participant leading youth activities*



*CWM students walking in Zingalume*



*CWM students with Zingalume community members in front of Umoyo*

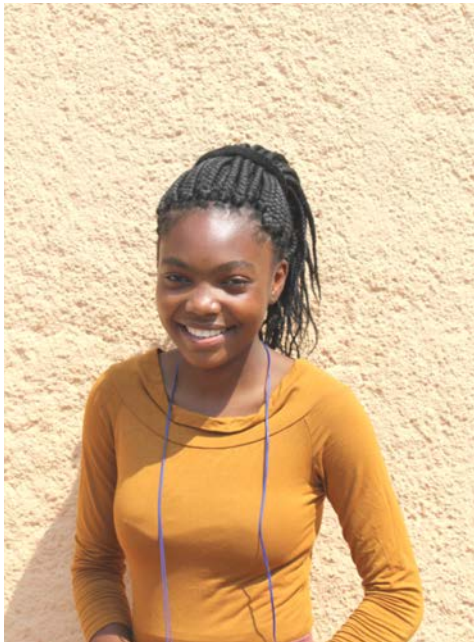
## KF STUDENTS SWEEP SCHOOL PREFECTURE NOMINATIONS

Teresa Phiri - Chalo Trust School - Head Girl  
 Nchimunya Mukuwa - Chalo Trust School - Head Boy  
 Timothy Chibinda - Chalo Trust School - Library & Media Prefect  
 Lusungu Musonda - Chalo Trust School - Library & Media Prefect  
 Leah Mtindya - Chalo Trust School - Food & Medical Prefect  
 Peter Sichona - Chalo Trust School - Sports Prefect  
 Emmanuel Chanda - Pestalozzi Education Centre - Prefect on Probation  
 Blessings Chileshe - Pestalozzi Education Centre - Prefect on Probation  
 Esther Mulaisho - Pestalozzi Education Centre - Prefect on Probation



# Young Yale African Scholars

By Rosemary Mbaao



The Yale Young African Scholars program was held from 18th August to 25th August 2019. I attended this program in Harare at Arundel School in Zimbabwe.

Having been going out of the country for the very first time, I kept on fussing as we reached the airport. YYAS is a summer program that aims at building future leaders and also teaches about how to apply for universities.

Furthermore, during the enrichment activity, we came up with a theme that defined our entire program and the theme was "collaboration against competition." This theme encouraged us to work together despite having different cultures and that it was all about teamwork.

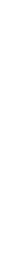
We also had different seminars in which I took part in three. These are Afrolingo, psychology of social media and mathematics. Afrolingo was all about learning different languages such as the pidgin language found in Nigeria. This is where I learned that waka-waka means walk.

In psychology of social media, we learnt that social media helps to stay connected with friends but it can also lead to addiction. And finally in mathematics we learnt how to solve mathematics using tricks. In addition, I had a great time interacting with students from different cultures and different parts of Africa.



*"It helped me realize that in order for one to be a better leader, they need to focus on goals not past accomplishments."*

Rosemary Mbaao, Grade 10, Pestalozzi Education Centre



I had one-on-one conversations with students from Tunisia, Egypt, Cameroon, Namibia, Tanzania, Ghana and other countries as well as Zambians from different provinces. Through these interactions I came up with an idea of starting up a social impact project which I called 'Relevant Education for Africa's Girl Child.' This idea came in existence because I realized that even other countries are facing challenges with educating a girl child. Therefore, the main aim of this project is to promote girls in various communities.

At the end of this program, we got participation certificates and I also got an opportunity to shoot a dance video with one of the Zimbabwean girls.

This was a very productive program as it helped me realize that in order for one to be a better leader, they need to focus on goals and not past accomplishments. Because of this experience, I am working with two KF students towards the project Kelvin Ziwa and Esther Mulaisho.

I had a great time and I am grateful to those who made it possible for me to participate in YYAS.

## YYAS Program

By William Changa

Always be yourself and never try to be someone else” said Dzifa Gomashie, the Deputy Minister of Ghana. She continued, “And always remember to put God first and always remember every aspect of your life.”

This is amongst the most memorable quotes at the Yale Young African Scholars for 2019, at Tema International School in Ghana. But before I continue, I would like to explain in brief how I entered this program.

To get into the program I had to go through an application process. This process was challenging because I feared the outcome. However this was shortly underestimated by my conviction that I had put in my best. “So why worry about how many applications was going to be considered” I reasoned. Finally I was selected to attend the Yale Young African Scholars program. I was very excited, mostly, about travelling to Ghana with an aeroplane. It was the first time, and I was thrilled.

Since I had little knowledge about airports and the flights, Mrs Nkowane, I remember very well, spent a lot of time teaching and giving me guidelines on how and what was expected of me at the airport. I really appreciate what she did for me, and letting it go unnoticed would be unfair on my behalf.

We had university guidance where we learnt about different universities but particularly United States of America universities and the application processes. We were privileged and humbled to hear from Professor Michael Capells of Yale University. He mainly spoke to us about scientific research, career associated with science, and the future of African researchers.

I also had an opportunity to learn more about the SATs, the study tips and the contents that are very important.

At the Yale Young African scholars I built a lifelong connection with friends from all over the African continent, who to my surprise have similar hopes and dreams for the African continent and the world as me.

*I built a lifelong connection with friends from all over the African continent...”*

William Changa, Grade 10,  
Chalo Trust School

However, it was difficult to communicate effectively with some of the scholars because of the differences in the English language proficiencies.

Yale Young African Scholars was a week of a lifetime.





# The Stanford Program

By Kelvin Ziwa

The Stanford pre-collegiate studies was held from the 6th of August to the 18th (two weeks). Its main aim was to build a career path way to all attendants.

The program was held in San Francisco, USA. We started with a long flight, about 30 hours and reached the states around 11 am. The whole day was designed for welcoming different people from different parts of the world.

Wednesday morning, we started with preparing ourselves and later on went for breakfast at the dining hall. We then attended our morning classes within the Stanford university campus, for about an hour and 30 minutes. We there after went for lunch and had one more lecture after eating. The Global Solution Program (GSP) followed just after the afternoon lecture, which is a programme that allowed young minds from different continents, countries, and cultures come up with solution to problems affecting the world at large.

Supper followed just after the GSP meeting and the rest of the evening was packed with fun activities such as open pit fires, a trip to watch a baseball match and other home based activities. During the weekends we had no classes but instead had more fun activities for the whole day. The trip to San Francisco was one of the activities during the weekend.

The occurrences above act as a hint of what the programme had. The main reason for this programme though was to guide young people in their career, the lectures we had included lessons in medicine, Law, engineering and artificial intelligence (AI) just to mention but a few. I basically got interested in engineering and medicine in a sense that I even touched a brain in one of the medical lectures.

The secret of enjoying the programme is to be free with every person, black or white and being vocal as Mr. Mukena says, "Be Proactive." Gain all the knowledge you can and enjoy with your fellow students.



Kelvin Ziwa engaging other Stanford program participants



Kelvin Ziwa and Esther Mulaisho Nchimunya Mukuwa manning the Zambia exhibit booth



Nchimunya Mukuwa, Kelvin Ziwa and Esther Mulaisho in traditional Zambian attire



Nchimunya and former Princeton in Africa Fellow, Jessica Clarkson



# ALUMNI IN ACTION

This past term, we prepared the following KF Alumni to attend post-secondary institutions across five international locations:

- Nathan Mayembe, Class of 2017 - Copperbelt University | Kitwe, Zambia
- Emmanuel Sakala, Class of 2018 - United World College | Dilijan, Armenia
- Mutinta Mubita, Class of 2017 - Earth University | San Jose, Costa Rica
- Cararise Lubamba, Class of 2018 - United World College ISAK | Karuizawa, Japan
- Nelly Kalukongo, Class of 2018 - Earth University | San Jose, Costa Rica
- Martin Milanzi, Class of 2017 - Ashinaga Africa Initiative | Nansana, Uganda
- Cecilia Banda, Class of 2018 - African Science Academy | Tema, Ghana



*L to R: Emmanuel Sakala, Mutinta Mubita, Cararise Lubamba*

*"Earth University is all about sustainability and its all about ethical values. Everything has to do with preserving our natural forests. It's about us as young people willing to take up the challenge and lead the world in a free, green and clean world. Earth University is all about planting seeds."*

**Mutinta Mubita, Class of 2017**

# MY FIRST WEEK AT AFRICAN SCIENCE ACADEMY

By Cecilia Banda

When I first got to African Science Academy (ASA) and after being sure that travelling alone is not half as hard as I thought it would be. I had a specified handful of expectations: leave with a scholarship, get good grades in my A-Levels, and create worthwhile networks. While those expectations have not changed, I have realized that there is more I can get from ASA than what I had thought I had to have.

The first thing I experienced during my first week is culture shock. There is the fact that I am in an environment where there are girls only and, although I have experienced this scenario a couple of times before, it feels like the first and most prominent one because I am with the ladies every day and night. The other amusing thing is that this is a science-oriented place. I can literally feel myself think, taste, and see in numerical values! It is all about physics, math and even SAT practice and class.

*"The first thing I experienced during my first week is culture shock."*

Cecilia Banda, Class of 2018

Then came the realization that I am about 1,954.80 km from Lusaka and this made me miss home every time I got the chance and then the difference in the meals made this worse. Ghanaian food is heavily seasoned; they have hot pepper in all their much-appreciated diverse cuisines, except of course breakfast and a few other dishes!

*"I am learning with prospective aeronautic and petroleum engineers, biochemists, pilots and data analysts..."*

Cecilia Banda, Class of 2018

However, ASA is a place of voicing out one's opinions, claiming your dreams and working hard with no rest, and so I have started adjusting. We have about six countries: Ghana, Togo, Cameroon, Nigeria, Ethiopia, and Zambia, making ASA a vibrant community with diverse backgrounds. We had the founder of the program, Mr. Tom Ilube, who is not only an academic and physicist, (and who recently earned the initials C.B.E. preceding his name which was granted to him by one of the royals of England), but also an enthusiast of science and girls' development. For a week he graced us with presentations on Artificial Intelligence, the importance of telling our stories, and general expectations of ASA and the world at large, on us as STEM girls.





We had the opening ceremony and we were introduced and welcomed as the fourth cohort. Learning started on Tuesday and I have never been in a class with such gifted people! EVERYONE is special in a kind of coherent way. I am learning with prospective aeronautic and petroleum engineers, biochemists, pilots and data analysts just to mention a few.

This place is encouraging and very motivating. I share a tutor with four other students and she helps us make goals for each day and will assist us in University application and research. I also share a room with six other amazing girls of which only two of us are not Ghanaian. The other girl is from Togo. I am also provided with a laptop and textbooks for my research and school work.

*So far, my stay here has been one of self-reflection and community-support growth. The girls are eager to help, ready to learn and always supportive.*

Cecilia Banda, Class of 2018

During the week we voted for club representatives and I was elected as the Media representative, in charge of updating the school's website and taking care of everything to do with media. I did not want to take a responsibility that requires me to do too much because I want to have enough time to study.

I feel that Media will broaden my computer skills and also boost my hobby in photography as I will be taking pictures for the Academy as well.

So far, my stay here has been one of self-reflection and community-support growth. The girls are eager to help, ready to learn and always supportive. There have also been some alumni coming to talk and encourage us and more will be coming, including Universities and organizations. There is no room for laziness or unexplained chit-chats; it is always business here. I therefore, find ASA as an eye-opening community and I am so thrilled for the journey ahead. I am eager to grow from all the experiences I will have.



**We are on the web! Visit us at [kucetekelafoundation.org](http://kucetekelafoundation.org)**

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*Kucetekela Foundation is an organization that sponsors talented, high-achieving students in secondary school. Not only do we provide these high-need students with opportunities for quality education, but we also support their holistic personal development, through mentorship, work experience and community service programs. All of our secondary school graduates are currently enrolled in or have completed tertiary programs. We pride ourselves in providing high-quality services for our students, and always strive to inspire them as much as they inspire us!*



**COMING NEXT TERM! Stay tuned ....**

**CLASS OF 2019 GRADUATES IN NOVEMBER -  
WHAT'S NEXT?**

**Our Team**

Oliver Barry  
Co-founder and President

Florence Nkowane Lutale  
Co-founder and Executive  
Director

Simasiku Mukena  
Co-Founder and Finance and  
Programs Manager

Uma Guarnaccia  
Programs Coordinator

Diane Arthur  
Programs Coordinator



*Gift Kasweka after receiving an award at Chalo Trust School Traditional Day*

If you were encouraged by our students and would like to contribute towards their education, please contact Mrs. Florence Nkowane at +260971594959 or [kucetekelafoundationzambia@gmail.com](mailto:kucetekelafoundationzambia@gmail.com) to make a donation.