



OUR VOICES

THE OFFICIAL KF NEWSLETTER

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2023 TERM 1 NEWSLETTER

NOTE FROM EDITOR

Welcome to the 2023 Term One Kucetekela Foundation Newsletter. I'm so excited to share with you term highlights from both Pestalozzi Education Centre and Chalo Trust School.

There is so much to tell you and I hope you all enjoy this edition. The articles in this edition include Sports Day, Chalo Field Trip and Work Experience.

These activities prove the enormous potential that KF students have. We strive to make a difference in our families, communities, and the world at large.

For further details, please read through this newsletter and get encouraged by the work of the students, gap year students, and our alumni.

I wish you happy reading.



GLORIA MBEWE
NEWSLETTER EDITOR



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SPORTS DAY

ARTICLE WRITTEN BY:
CATHERINE SHULA MUMBI

My name is Catherine Shula Mumbi, and I am in grade 9 at Chalo Trust School. I am writing this article to talk about the cross-country event we had in the first half of Term One. Before I proceed, let me explain what cross country is. In my understanding, cross country is a running event in which participants compete on a course over open or rough terrain.

We always have cross country at the beginning of the year in Term One. At the start of the cross-country event, all the students were divided into their houses - namely, Cheetah, Rhino, and Lechewe.

Each house was assigned a coach to assist with practice. We were also grouped into different categories based on our age: under 9, 14, 16, and 19. This time, I was in the Rhino house and ran in the under-16 category, covering a distance of 9 kilometers. Each house chose 4 runners to participate, making a total of 12 runners.

I was thrilled to finish in second place and receive a medal. Next time, I will train even harder to aim for the top spot and come out as the number 1 runner.



AGRICULTURAL FIELD TRIP AT CHALO



ARTICLE BY: IVY KALIFUNGWE

This article is all about the Grade ten Agricultural Science class at Chalo Trust School, who had the opportunity to go fishing at Mr. and Mrs. Chileshe's fish pond on their farm. It was a Wednesday morning when our agriculture teacher called us to the garden where we were conducting our school-based assessment for rape and maize. After completing our tasks there, we were then assigned to apply ammonium fertilizer to the rape plants to boost their growth, and we also aerated the soil to improve air penetration.

After finishing our assigned work, we proceeded to Mr. and Mrs. Chileshe's farm to learn about different types of animals, which was our main objective for the visit. Our teacher provided us with valuable insights into cattle, including both male and female animals. The male cattle, which are not castrated, are called bulls, while the castrated ones are referred to as bullocks. On the other hand, female cattle are known as cows, and their young ones are called calves.

Furthermore, we also had the opportunity to learn about goats during our visit. Once we were done with the cattle and goat lessons, we delved into the topic of humus formation. Humus is the top layer of the soil that contains microorganisms and has a high moisture content, giving it a dark appearance. It results from a mixture of leaves, soil, and decaying compost.



After the informative session on humus, we made our way to the fishing pond, where we learned about the different types of ponds available, such as natural and artificial ponds. Natural ponds form naturally on riverbanks or in swamps, while artificial ponds are human-made and typically constructed with concrete for fish farming purposes. We had the chance to catch some fish using nets, and some students even tried their hand at catching fish with their bare hands. Since the pond was not too deep, we all took turns and managed to catch fish successfully.

In conclusion, as a class, we were delighted to gain practical experience in catching fish using various methods. We extend our gratitude to our agriculture teacher, Mr. Kalumbi, for organizing this enriching field trip to the farm and fish pond, which broadened our understanding of agricultural practices and animal husbandry.



MATHEMATICS COMPETITION

ARTICLE WRITTEN BY:
PATRICK SIMUYEMBA

I have an immense interest in mathematics, and one of my biggest objectives is to challenge myself by solving complex problems. When I was chosen to compete in two math competitions at my school, I felt overjoyed. However, I was also nervous because I unexpectedly became the representative for my school, and everyone had high hopes for my team and me to achieve something remarkable.

The first competition was a virtual mathematics competition hosted by Kibo University, with schools from all across the continent participating.

This charitable competition focused on four topics, including probability and logical reasoning, designed to test students' mathematical thinking and proficiency in using fundamental mathematics. To tackle the challenging questions, I had to think philosophically and integrate concepts from the entire curriculum. In preparation, I solved as many comparable questions as possible. On the day of the competition, my anxiety lessened as I worked with my fellow students, and I was able to muster the courage to put my practice into action. Despite my competence in problem-solving, my opponents were even more prepared, and we only made it to the semifinals, finishing 14th out of 24 schools.

The second competition was between my school and a nearby college, Saint Ignatius. After the Kibo math competition, I felt more confident as it had pushed me and revealed areas where I could improve. I focused on my deficiencies, such as time management, and this allowed me to answer questions more quickly. However, during this competition, the time was shortened, and I felt somewhat uneasy. Nonetheless, my team and I worked cohesively and managed to answer virtually all of the questions.

Overall, the mathematics competitions pushed me to think logically and precisely under time pressure. To solve problems, I had to combine various concepts, and I relished these challenges. Even after the competitions were over, I revisited the problems, attempting to find ways to make them easier to solve.



MY EXPERIENCE AT MASS MEDIA

ARTICLE WRITTEN BY:
GLORIA MBEWE



This was an educational trip organized by the ICT department to ZNBC (Zambian National Broadcasting Corporation), located near Kalingalinga in Lusaka, Zambia, established on April 1st, 1987. We traveled using two buses, one for the seniors and the other for the juniors. Upon our arrival, we took some photos that were later posted on the school's page. Soon after, our tour guide came to show us around the facility.

Firstly, we were taken to the the control room, which is in charge of overseeing Studio 1. This room is equipped with monitors and a sound technician who handles audio control. Secondly, we visited Studio 1, where programs are broadcasted on the ZNBC channel. This studio is directly controlled by the aforementioned control room.

Next, we proceeded to the radio session. Firstly, we visited Radio 1, which broadcasts in local languages such as Bemba, Lozi, Nyanja, Lenge, Tonga, etc. Later, we moved on to Radio 2, a soundproof room designed to eliminate echoes.

Later, we explored Radio 4, which deals with English-language broadcasts.

My experience at ZNBC was excellent, as I learned a lot and gained a deeper understanding of how things are operated there. It was also my first time going on a trip with Chalo Trust School. I am grateful for the opportunity provided by the Kucetekela Foundation (KF), as I might not have experienced this trip otherwise.

MY FIRST MENTOR



ARTICLE WRITTEN BY:
NELLY MAKONDO



I had heard that having a mentor is one of the best things that could happen to a teenager. I firmly believe a mentor acts as an emotional life guard or a support person. This is true because with your mentor, you can share many things and secrets, and they help you make the right choices, possibly because mentors have gone through similar situations when they were our age.

One beautiful morning, I received a phone call from the Kucetekela Foundation stating that I should prepare to meet my mentor. For a few minutes, I was in shock, but then I became overjoyed to learn that I was meeting my mentor for the very first time. I was picked up by Uncle John, the KF driver, and I couldn't stop smiling because I couldn't wait any longer to meet my mentor. When we arrived at Lewanika Mall in town, she was waiting for me, and we quickly introduced ourselves.

We had a lovely meal together, and she bought pizza, which was my first time tasting it. As we chatted during our meal, she mentioned taking me to a party. I was excited about attending the party. We walked to her beautiful car, and I was amazed, thinking to myself that someday I want to own a car like hers. As we drove, we discussed our hobbies. My mentor loves singing and has pursued a career in accounting, which is why she works at Indo Zambia Bank in Lusaka.

When we arrived at the party, I was astonished to see only girls my age. The party was at Likumbi's best friend's house in Kamwala South area, and it was a beautiful house. The inside was decorated with balloons all over the floor, twinkling lights,



and a table full of colorful gifts. I also loved the way she arranged the kitchen; it was just like my dream house. I helped out with arranging chairs and preparing some snacks like samosas, cooked chicken, beef, and sausages. During the party, we played games like musical chairs, hide and seek, and tug of war. I had so much fun and felt like a little child once more.

Afterward, we had lunch and had a frank discussion about puberty and dating. Following the discussion, we had an award ceremony, and Likumbi, my mentor, and her friend presented us with fantastic gifts. Wrapping up the event, everyone performed a freestyle dance.

I felt honored to have such an educational and exciting experience, especially with other teenagers. Spending time with all my new friends was great. I was also impressed by my mentor's success. Being surrounded by successful women made me realize that even us young girls are strong and capable of making a difference in the world beyond what we can imagine.

Meeting my mentor for the first time, having fun with her, cooking, and sharing fantastic stories made me develop a sense of humor. Besides, I improved my public speaking skills. I am looking forward to more amazing opportunities like this to help build and shape my personal and public life. I love my mentor and cherished every second I spent with her.





About Us

Kucetekela Foundation is an organization that sponsors talented, high-achieving students in secondary school. Not only do we provide these high-need students with opportunities for quality education, but we also support their holistic personal development, through mentorship, work experience and community service programs. All of our secondary school graduates are currently enrolled in or have completed tertiary programs. We pride ourselves in providing high-quality services for our students, and always strive to inspire them as much as they inspire us.

For more information go to: <https://kucetekelafoundation.org>

OUR KF LEADERSHIP TEAM



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If you were encouraged by our students and would like to contribute towards their education, please use our donation link:

<https://kucetekelafoundation.org/donate>

For more information go to: <https://kucetekelafoundation.org>

“Kucetekela” means “hope” in Bemba, one of the major languages in Zambia.

KF’s vision is to create hope by developing our students into the next generation of Zambian leaders.



THANK YOU FOR READING!