



# OUR VOICES

**THE OFFICIAL KF NEWSLETTER**

VOLUME 17 | ISSUE 2  
2023 TERM 2 NEWSLETTER



## NOTE FROM EDITOR

Welcome to the 2023 Term Two Kucetekela Foundation Newsletter. I'm so excited to share with you term highlights from both Pestalozzi Education Centre and Chalo Trust School.

We had so many experiences during the term and as such we have a lot to share with you. The articles in this edition include Poetry Slam, PEC Youth Day, ZAMMUN, and more.

These activities were so useful in unraveling the immense talents and potentials domiciled in the KF students. We are eternally grateful for the strides KF takes to make a difference in our society. For further details, please read through this newsletter and get encouraged by the work of the students, gap year students, and our alumni.

I wish you happy reading.



NELLY MAKONDO  
NEWSLETTER EDITOR



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# POETRY SLAM

ARTICLE WRITTEN  
BY: RACHEAL PHIRI



*RACHEAL*

We participated in a poetry slam with the theme "Anger and Frustration." The competition was organized by grade levels, and as grade 11 students, we presented a poem titled "Teenagehood." Our poem delved into the various frustrations teenagers face, including issues with friends, parents, teachers, and other aspects of life. We also explored the ways teenagers cope with frustration, with some turning to drugs while others seek solace in the pursuit of love.

I had the opportunity to present the part focusing on parents and children. I chose this role because I deeply felt the impact of family situations on a teenager's behavior and performance. Sometimes, adults may not fully comprehend the struggles we face at home. Through our performances, we discovered how the roles we assumed in the poem reflected our true selves and how we handle pressure.

To stand out in the competition, we decided to incorporate singing and dancing into our performance. However, we learned that the grade 10 students also sang, which affected our score. Despite this setback, our dance was praised as the most unique aspect of our poem, securing us a second-place position.

In each grade, the judges recognized the best poet, and I was honored to receive that title for grade 11. I am grateful to Mumba Kapasa for writing the exceptional poem for our class. Her creation truly brought our performance to life, and it was an awe-inspiring piece of art.

The poetry slam not only allowed us to express our emotions but also provided a platform for us to learn from one another's perspectives. It was an enriching experience that reminded us of the power of words and art in conveying deep emotions and connecting with our audience. We look forward to more opportunities to share our voices and creativity through poetry in the future.

# HOTCHKISS AND HATHAWAY BROWN VISIT

ARTICLE WRITTEN BY:  
GLADYS MWANGALA

My visit to Eureka camp was an unforgettable experience that I will always treasure. During my stay, I had the opportunity to interact with students and teachers from Hathaway Brown and Hotchkiss in the USA. The cultural exchange was truly exciting, and I gained a deeper understanding of the differences in the Western and African ways of life. The experience was a great opportunity to broaden my horizons and learn more about diverse cultures.

The Hathaway Brown and Hotchkiss students were very friendly, approachable, and open-minded. They were curious about the Zambian culture and eager to learn about the local slang, names, dishes, and customs. I was impressed by their willingness to embrace new experiences and learn from different people.

During the camp, we engaged in various activities such as playing cards, soccer, and volleyball, storytelling, name memorising and watching movies.

We also participated in cultural exchange sessions where we shared our experiences, beliefs, and values. I was fascinated to learn about the American culture, and the students were equally interested in learning about the Zambian culture.



# HOTCHKISS AND HATHAWAY BROWN VISIT CONTINUED

One of the most memorable parts of the camp was the opportunity to see different animals such as giraffes, zebras, and monkeys. The wildlife was a sight to behold, and it was a humbling experience to see these animals up close.

The camp concluded with a talent show where students showcased their talents. My friends and I performed an African dance that everyone enjoyed, and the Hathaway Brown and Hotchkiss students performed a Zambian song. The talent show was a great way to celebrate our cultural differences and appreciate the unique talents of each individual.

In conclusion, the exchange of contact details and keeping in touch with the friends I made were some of the best memories I have of the camp. The experience taught me the importance of being open-minded and willing to learn from different people and cultures. The camp was a fantastic opportunity to make new friends, broaden my horizons, and appreciate the beauty of diversity.



# ZAMMUN - ZAMBIA MODEL UNITED NATIONS

ARTICLE WRITTEN BY:  
LOUIS BINDA



Once every academic year, the American International School of Lusaka hosts a Model United Nations (MUN) conference known as ZAMMUN. This year's conference was the largest ever, with many schools participating from different parts of Zambia. I was genuinely excited to be a part of it.

Preparation for the conference requires thorough research to engage in fruitful debates. With pressure from experienced and well-prepared delegates, it can be challenging to hold one's ground and assert better statements. Due to inadequate preparation, I found it difficult to present my points effectively.

The conference offered various committees, and I was assigned to the Development Committee (DC). Our topic was "The creation of systems to prevent children from becoming soldiers in developing countries." This topic shed light on the plight of children whose rights are abused as they are forced into warfare in countries facing unresolved conflicts.

During the debate proceedings, we delved into the barriers faced by children worldwide. I learned about the unimaginable tasks thrust upon child soldiers, from being combatants to cooks, spies, messengers, sex slaves, and even suicide bombers. Most importantly, we collectively brainstormed solutions to address these heartbreaking issues.

# MODEL UNITED NATIONS CONTINUED

Having participated in a previous MUN session, I felt more confident and engaged this time. Despite occasional nerves, the experience was truly rewarding. It also provided an opportunity to improve my social and public speaking skills. The conference was undeniably beneficial.

Beyond the debates, ZAMMUN offered a great platform for meeting new people and socializing during breaks and the post-debate social event. This added to the overall positive experience of this year's conference.

In conclusion, ZAMMUN 2023 was undoubtedly an interesting and outstanding event. It not only expanded our understanding of global issues but also allowed us to form connections and friendships with fellow delegates from different schools. I eagerly look forward to the next MUN conference and the opportunities it will bring.

# YOUTH DAY PEC

ARTICLE WRITTEN BY:  
LOUIS BINDA



I strongly believe that the youth have the potential to achieve anything as long as they dedicate their minds and attention to it. As a young person, I make sure to actively participate in as many activities as possible.

On Youth Day, each person in the boarding house was allocated to a specific team. We had the Kafue house represented by the color green, Zambezi with blue, Luapula with maroon, and Luangwa with yellow. The teams competed against each other in a series of events, including relay races, 100m dash, sack race, bottle race, balloon burst, and many more.

I was a part of the Zambezi house. The games commenced, and in the first 2 to 3 activities, my team seemed to be performing exceptionally well. Although we faced tough competition from Luangwa, we managed to catch up. The large number of participants from our team allowed for excellent collaboration.

Personally, I took part in several activities. I was the second runner in the relay race, and I made sure to pass the baton to the next participant swiftly to support my team. I also participated in the sack race, which proved to be challenging for me due to my height. Nonetheless, I hopped like a bunny and successfully reached the finish line in the first position.



# YOUTH DAY PEC CONTINUED

Another game I took part in was the balloon burst. Each team organized five participants, and I was among them. The task was to run 100m, then find a Coca-Cola bottle, a balloon, and a bucket filled with water at the end. The challenge was to fill the small balloon with two bottles of water and burst it by squeezing it with our palms. It required energy and effort, but I am delighted to say that I secured the first position.

The day was filled with excitement for me and my teammates as we accumulated the points from individual games, and our team emerged victorious with the highest score. Overall, Youth Day at Pestalozzi World was a fantastic and memorable experience for all the students in the boarding house. I am hopeful for more engaging youth activities in the future.



## About Us

Kucetekela Foundation is an organization that sponsors talented, high-achieving students in secondary school. Not only do we provide these high-need students with opportunities for quality education, but we also support their holistic personal development, through mentorship, work experience and community service programs. All of our secondary school graduates are currently enrolled in or have completed tertiary programs. We pride ourselves in providing high-quality services for our students, and always strive to inspire them as much as they inspire us.

For more information go to: <https://kucetekelafoundation.org>

# OUR KF LEADERSHIP TEAM



OLIVER BARRY  
CO-FOUNDER AND PRESIDENT



FLORENCE NKOWANE LUTALE  
CO-FOUNDER AND EXECUTIVE  
DIRECTOR



MASUKU SIMASIKU MUKENA  
CO-FOUNDER AND FINANCE AND  
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JOSHUA NDONG'A KAMELU  
PROGRAMS MANAGER

If you were encouraged by our students and would like to contribute towards their education, please use our donation link:

<https://kucetekelafoundation.org/donate>

For more information go to: <https://kucetekelafoundation.org>

“Kucetekela” means “hope” in Bemba, one of the major languages in Zambia.

KF’s vision is to create hope by developing our students into the next generation of Zambian leaders.



THANK YOU FOR READING!