

# SPECIAL EDITION NEWSLETTER: TERMS I & II 2017

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### Stand-out facts:

- Alumna Metrina Mbulo was accepted to Copperbelt University's School of Mathematics and Natural Sciences under the bursary program.
- Four Grade 12 students were accepted to the United Students Achiever Program for their Gap Years.
- Six new Grade 8 students were introduced to KF.
- Seven students were placed with new mentors.
- Alumna Phales Mtonga completed her undergraduate degree at Copperbelt University with Merit, resulting in her invitation to apply for a scholarship to their Master's program.



**Kucetekela Foundation students and mentors enjoy the annual mentors' luncheon.**

## LETTER FROM THE EDITOR

CECELIA BANDA



Dear all,  
I am so honoured to have

this opportunity as KF Newsletter Editor. I enjoy this responsibility, as it gives me a chance to practice and hone my writing skills.

Yes, I have had the challenge of pressuring people to write their articles and hand them in on time, but that has not overshadowed the fact that I get to interact more with my fellow students

and to be entrusted with this letter.

Every editor has helped me be patient in terms of explaining what the person needs to talk about in these articles. And I've enjoyed editing the articles immensely.

Sincerely,  
Cecilia Banda, Grade 11  
2017 Newsletter Editor

## MY MENTOR

BY TIMOTHY CHIBINDA



I have a mentor, someone whom I always look up to. Whenever I need help or someone to talk to and whenever I am with him, I am strong and always stand tall because I know that someone is there to support me.

My mentor's name is Dr. Kelvin Audain. He is a research doctor at the University of Zambia, and

he is currently doing a research program on HIV/AIDS and food nutrition. He was introduced to me a few months ago by Jessica, the first day was interesting because we got to know each other in detail. Even though it was a short conversation, I learned a lot about him. The second day was more interesting, because we went to watch a football match between Zambia and Egypt at the National Heroes Stadium in Lusaka, and we had a wonderful time together. We took pictures and that was one of the most memorable events in my life.

Having a mentor is one of the things I have come to

treasure the most in my life, because I feel for someone to become successful in their endeavors he or she needs a figure to look up to, for even the Bible says, "Get all the advice you can and you will succeed, without it you will fail."

Furthermore, I am looking forward to doing a lot more with my mentor, for I will be walking in his footsteps, because I have similar interests to his. I want to become a medical doctor in the future and from his motivational encouragement I will make a good doctor. One day I will also inspire someone out there. Lastly, I would like to thank my mentor for all he has been doing to help me achieve my dream.

***"Having a mentor  
is one of the  
things I have come  
to treasure the  
most in my life."***

*~Timothy Chibinda,  
Grade 9*

*Chalo Trust School*

## MENTORS' LUNCHEON

BY FAITH SAKALA

The Mentors' Luncheon is one of the very interesting programs on the KF activity list. It is nice because you get to meet older people you have never seen before, you get to express yourself in order to demonstrate what you're made of, and most of all have fun. There were two schools in attendance, namely Pestalozzi Education Centre and Chalo Trust School. We had different activities that were taking place, including dancing, eating and taking group photos. This year's luncheon was held at the Agricultural Showgrounds

opposite Manda Hill. It was held on the 25<sup>th</sup> of June, 2017.

One of the mentors was privileged to give a speech on how mentors and their mentees are supposed to know each other better. She even pledged a cake for all the students. Mrs. Nkowane, the director of the organization, also gave her speech. She spoke about the achievements of the organization, the goals it has accomplished, and also discussed how ambitions impact KF and how each KF student is. The mentors had a group dis-

cussion while the students were interacting. We also had a play showcased by pupils from Chalo and a dance from Pestalozzi.

Personally, I took part in the play that was showcased by the Chalo Trust School pupils and I also interacted with the other students from Pestalozzi.

The luncheon was a great success to both mentors and mentees. The impact was to overcome shyness, socialize even with people you've never seen, and share your ideas with others.

## STEAM TALK

BY CARARISE LUBAMBA

Attending the STEAM (Science, Technology, Engineering, Arts and Mathematics) workshop was of great help to me. I literally changed my biased mind to a mind that looks at things from different perspectives.

I had never known of the different careers that exist. Traditional careers



were all that came to my mind whenever I thought of careers. I did not know that there were other careers that were waiting for people to pursue them.

If a survey on children was carried out today, 90% if not 100% would mention, medicine, accounts, etc. That's not wrong, but there is more that the world needs than just doctors and accountants.

Honestly, I was also part of the 90% until I discovered how wonderful science is and how it can be used to make the earth a better place. It took courageous men for the world to be what it is to-

day. All that we see is because someone decided to think out of the box and break out from the traditional careers all under STEAM.

Shallow minded as I was, the only way I thought I would help my country was by building orphanages., not knowing there was another perspective. Talk of building a bridge which would help million people (Civil Engineering) or getting people different DNA's to come up with one (Bio-Chemistry).

It's hard to believe, but the fact is that I now feel like pursuing something science related. Not sure yet but perhaps Bio-Chemistry can do.

***"Attending the STEAM workshop was of great help to me. It literally changed my mind to look at things from different perspectives."***

*~Cararise Lubamba,  
Grade 11*

*Chalo Trust School*

## DRAMA CLUB

BY GIFT KASWEKA

KF students perform for an audience.

I took part in a drama night through the drama club. It was a fantastic night of acting, such that the director of the school, Mrs. Chileshe, came out to watch us perform. In the play we did, I acted as the fake inspector. My role was to deceive the Governor and his ministers in order to eat their money and see what they do in person.

It was a little bit frightening to be on stage and have everyone looking at me, but I managed because of the cheering audience. We did the play in



about an hour and a half. Despite its length, we made sure that the audience didn't get bored.

I did every kind of performance, like comedy, and performed my character. At the end of the play, every student and person who was watching stood to clap for us. When I went offstage, people

came to greet and congratulate me for my acting. It made me feel motivated to continue acting. But the most fantastic moment was when the director of the school gave the closing speech. She said we did a great job and amused her so much that she was going to ask ZNBC to shoot our play, so that other people could watch it as well.



## TALENT SHOW

BY LEAH MTINDYA



***“This was my first time attending a talent show with such an audience. But my feelings were just fine, since I had been singing during Sunday Chapel and also at church.”***

*~Leah Mtindya,  
Grade 8*

*Chalo Trust School*

dent in Grade 11) and Mwaamba.

The first act was the National Anthem, performed by the school choir. This was followed by the Chalo Anthem, performed by all of the secondaries. Then the program started. There were a lot of acts, but the most interesting for me were the eating competition, the gymnastics, the traditional dance by the Grade 11s, and then the

On Saturday, the 15<sup>th</sup> of July, 2017, Chalo Trust School had a very big ceremony, which was the annual talent show. It was held in the school dining hall. It started at 14:00 hours and ended at 17:30 hours. The ceremony was organized by Mr. Chimba, the senior teacher, and the Grade 11s, who helped decorate the hall. The guests were the parents to the pupils performing, as well as some other guests. There were different acts, as we all know that people have got different talents, but most of the acts were musical. The masters of ceremony were Cararise (a KF stu-



singing part was also nice and interesting.

I personally took part in singing, because it is my talent. I led the National Anthem with the school choir and another song

with the same group. Lastly, I did another song with a group called “Angelic Voices.” This was my first time attending a talent show with such an audience. But my feelings were just fine, since I have been singing during Sunday Chapel and also at my church. Because of this, I didn’t feel shy or maybe shivering in the front. There was a surprise guest, which was opened by the organizer of the program, and it was a performance from one of the guests. One of the parents sang a

song, and the former teacher of music sang two songs as well.

At the end of the program, there was a speech from the principal and then the closing remarks by the Director of the school. She just said thank you to the parents who attended the show and she congratulated the students for performing.

The show did not succeed the way I thought it could. This is because it started late and some of the acts or programs were cancelled. But above all, it was interesting and well done.



# INTERVIEWS AT BAOBAB COLLEGE

BY TERRY CHISHIMBA

In my April holiday, one of my activities was to write an entry test at Baobab College. There were four KF students who sat for the entry exam: two students from Pestalozzi Education Centre and two from Chalo Trust School.

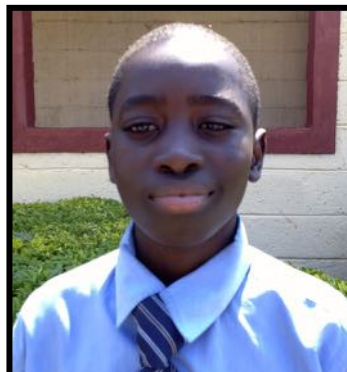
In June, term 2 of my Grade 10 year in school, Jessica Clarkson, the Princeton in Africa fellow who was in charge of the program at the time, informed me that I had managed to pass the entry exam and I had to go for an interview the week after.

The next day, I kept thinking about the interview. I had never gone for an interview before. This made me have a mixture of feelings. I felt happy, anxious and scared, because I never knew what was going to happen. After some time of thinking about it, I decided to talk to Ased Chipangano, one of the Grade 11 KF students at Pestalozzi. Ased described how interviews were carried out, and I

felt much better knowing something about interviews.

The week after the notice, Jessica came to pick me up for the interview. While in the car, she talked to me about the interview and gave me some tips on what to do and say in the interview. For example, she said, "Sit up straight and always make good eye contact."

In about one hour, we were at Baobab College waiting to be called for the interview. After about ten minutes of waiting, a woman came to tell us that I would go for the interview. Walking into the office, I saw three people waiting for me. I was given a seat and allowed to introduce myself. If I am correct, the first question I was asked was, "Can you please tell us why you want to come to this school?" For a minute or so, I was stuck. I did not know what to say, and I was scared that I wouldn't be able to manage. But just then, I



pulled myself together, because I know that it was a good opportunity, and I couldn't waste it. I answered the question and many others until the end of the interview.

We were told to wait outside the office. Then, I became extremely anxious, not knowing whether I would be accepted. Just after some time, Jessica and I were called into the office. Then they announced that I was accepted into the school. I was happy and proud of myself, because I had managed to get into one of the best international schools in Lusaka.

*"I was happy and proud of myself, because I had managed to get into one of the best international schools in Lusaka."*

*~Terry Chishimba,  
Grade 10*

*Pestalozzi Education  
Centre*

**Opposite page top:** Francine Balasi and Faith Sakala dance with a group.

**Opposite page bottom:** Emmanuel Banda and Nchimunya Mukuwa play music together.

**Right:** Several KF students perform a song as part of Angelic Voices.



# ZAMUN

BY SIMANG'ELE MAGODI



***“Above all, the program was an eye-opener on the issues affecting the world and provided a platform for me to put my problem-solving skills to the test.”***

*~Simang'ele Magodi,  
Grade 12*

*Pestalozzi Education  
Centre*

Three weeks before the 18<sup>th</sup> of March 2017, Mama Nkowane came to Pestalozzi to talk to all the senior KF students about the Zambian Model United Nations (ZAMUN) program. She explained what the program was and gave us the countries we were asked to represent. I was asked to represent Rwanda.

The following week, we were taken to the American International School of Lusaka (AISL) to conduct research on the topic we were given by making use

of the high standard facilities at the institution. The research went well, because we had supervisors who had attended an MUN program and told us exactly the information we needed to research for us to have a constructive debate. We practiced more at school on how to debate until the final day of the debate came.

It was the 18<sup>th</sup> of March 2017 when we attended the ZAMUN at AISL. We reached there at around 07 : 30 hrs, and the program began at 08 : 00 hrs. We met different schools who also attended the conference. I would say that at the beginning of the program we felt nervous, because it was the first time for us to take part in such a program and we were debating against other students who had already attended the program. But despite that, we took part freely and were able to express our views.

During the debate I learned

that respecting other people's views will make them respect my views as well. I also learned that what I view as important may not be the same case to another person, because people perceive things differently. Above all, the program was an eye-opener on the issues affecting the world and provided a platform for me to put my problem-solving skills to test.

At the end of the event I was given an award of the most skilled student in debate, this was motivational for me and encouraged me to work on my skill but most of all I felt that my effort was recognized.

Lastly I would like to thank Kucetekela Foundation and the Executive Director Mama Nkowane, for the platform offered to us at the ZAMUN conference.



KF students prepare for Zambia Model United Nations by researching. Students at the American International School teach them about what kinds of things would be useful to know entering into a debate.



# PEC SPORTS DAY

BY MARTIN MILANZI

On the 14<sup>th</sup> of July 2017, Pestalozzi Education Centre (PEC) had sports competitions in various sporting disciplines. Just as the games were being played, a KF reporter took time and wrote a summary of the events.



The secondary section was divided into four houses, and this was done following the colours of the sports t-shirts. The house names were names of Zambia's major rivers, and these were as follows: Kafue (green t-shirts), Zambezi (blue t-shirts), Luangwa (red t-shirts), and Luapula (yellow t-shirts).

The activities started as early as 8:30 hours and ended at 15:15 hours. The first game played was basketball, in which Kafue took on Luangwa. It must be noted that in all competitions, the Kafue was always the favourite, as their team was comprised entirely of school team players in soccer, basketball, volleyball and even netball. But fate was not on Kafue's side, because Luangwa ended up carrying the day. On Kafue's basketball team

were KF's basketball wizards, Nathan Mayembe and Christian Chavula. Sadly, the duo could not ignite a pace, and when they did, it was already game over!

It must be noted that Nathan and Christian are some of PEC's greatest basketball talents and they did their best to narrow what had been a massive lead of Luangwa to only six points.

Just as the basketball game was being played, netball was on as well. The first netball game was one that left everyone laughing, as teachers seemed to be pupils in netball. Teachers were falling all over, and their ignorance of certain rules was what caused the drama. Surely it was a "we don't know the rules" game!

Back to the basketball section, we saw the likes of Ased Chipangano shine, as he helped his underdog-rated team win the whole competition. Mr. Chipangano, also known as Mr. Eloquent among his peers, helped secure a win in all games.

On the pitch, it was the Young Ronaldo of PEC that was a threat to all teams. This is none other than Milanzi Jr., famously known as JJRF who led his



team to a loss. Milanzi assisted one goal against Luangwa, but even that goal could not stop the match official from showing Luangwa favour. With a few of his tricks, Milanzi Jr. caused too much panic to the opponents but Kafue still lost 2 to 1, as penalties were given to Luangwa. It was surely a sad day for Martin, as that was the first time losing a game so important this year.

In the girls' soccer games, Faith Mulenga, also known as Ms. Clean on the Pitch, was the KF ambassador. Her display was quite delightful, as she helped her team reach the finals. Ms. Mulenga scored from the spot kick. Sadly, after going through the finals, her team lost in extra time.

To sum up, the rest of the KF students helped in cheering and this day was full of fun.



*"The KF students [who didn't participate in sports] helped in cheering and this day was full of fun."*

*~Martin Milanzi, Jr.,  
Grade 12*

*Pestalozzi Education  
Centre*



**Top Left:** Chalo Grade 10s, Ethan Kantu, Francine Balasi, Gift Kasweka and Samuel Mutale go through orientation for Work Experience.

**Top Right:** Kellyson Siyamunjo with Leaders of Tomorrow meets a Social Worker at a Temporal Shelter.



**Left:** Grade 8s William Chanda and Oswald Mutale (two to the left and directly to the left, respectively of the girl in blue) do their community service at an orphanage.



**Above:** Blessings Chileshe, a Pestalozzi Grade 8, receives KF orientation with his family from Mr. Mukena.

**Left:** Pestalozzi students Emmanuel Chanda, Nathan Mayembe, Lazarous Simenda, Daniel Lumbu, Christian Chavula, Nelly Kalukango, and Emmanuel Sakala receive their uniforms at the start of the school year.



## CHALO SPORTS

BY SAMUEL MUTALE

It was on 19 April 2017, when my house, Lechwe started practicing for ISAZ, which was taking place in Chi Samba. As a team, we had a tough training because our intention was to come out first as a school. I have learned that if we want to achieve something, we need team work with individual respect for each other. Before going to Chi Samba, we went to OYDC. The competition was stiff, because all the 22 schools were trying to qualify.

However, at the end of the competition we came out second as a school,

and we were really happy, because it was our second time to represent Lusaka province as a school in the ISAZ competition. On 24 May 2017, it took us about two hours to reach Chi Samba for the competition. It started around 10:00 hours. The main event was cross country, and we had a bad performance, but we didn't lose hope.

We started to improve; the Under-14, U-16 and U-19 started booming by coming out 1, 2 and 3, but as an individual I came out 4<sup>th</sup>. It was really unfortunate for me, because

I didn't accomplish my promise and the dream of getting a gold or silver medal in the competition, and we came out second as Lusaka province.

As a school, we had a great time, and we also learned a lot from our competition, including through the mistakes that we have made. It has also helped me to grow up personally. Though we didn't accomplish our dream of coming first, we were received with joy and happiness due to our commitment and our fighting spirit. I am glad to say that although, I didn't get a medal my team got about 22 medals in total, which made our school director happy.

*"I learned from this experience that practice makes perfect."*

~Nchimunya Mukuna,  
Grade 9,

*Chalo Trust School*

## ISAZ COMPETITION

BY NCHIMUNYA MUKUWA

On the 4<sup>th</sup> of February 2017, we had an Independent Schools Association of Zambia (ISAZ) competition, held at Martin house school in Chisamba. My school, Chalo Trust School was one of the participating school.

ISAZ competition is when some private schools around Zambia come together to compete in many types of sports, like football, athletics, basketball, and volleyball to mention just a few. This competition comes a number of times in a year according to what type of sport is to be conducted.

In our case, we went to participate in long dis-

tance running, particularly Cross country. We were competing against Babab, ISL, and Rhodes Park and so this meant we had to put in the best of us because of the stiff competition.

I was running in the under-16 category, I was scared when the race started not sure what my position at the end of the race, but fortunately I came in the 10<sup>th</sup> place out of a total of 25 participants. I personally believe I would have come out in better position if I had practiced more. As stated in the Bible, "Do note that those who run in race all run, but only one receives the prize. Run a in such a way that



you win." (1 Corinthians 9:24). I learnt from this experience that practice makes perfect.

At the end of the competition, my school was named the best school of the year, and we celebrated on our way back to school because we felt we deserved to be named champions. On the day after, we were awarded models for our great work for the school.

## 2017 TERM I & II IN PHOTOS

**Right:** Students listen attentively to a career talk on infectious diseases by Dr. Ranjit from CIDRZ.

**Below:** Alumna Metrina Mbulo checks the newspaper to find her name on the list of students receiving bursary for Copperbelt University.



**Left:** Students at Chalo receive their uniforms for the 2017 school year.



**Left:** Grade 8s Blessings (right) and Kelvin (left) learn how to sew in order to fix Blessings's coat.







**Top Left:** Alumnus Edson Tembo at an internship at BookWorld.

**Top Right:** Senior students receive training to be HIV/AIDS peer advisers in their communities.



**Left:** Grade 8s moving in on their first day at Pestalozzi Education Centre.



**Right:** Pestalozzi students play football on a Saturday.

**Right:** Chalo students receive GCE textbooks.  
**Below:** Chalo Grade 8s receive KF orientation.





## UNITED WORLD COLLEGE BY LYDIA NJOBVU



***"I am very thankful to everyone who has been involved in my achievements. Hard work will continue to be my motto."***

*~Lydia Njobvu,  
Grade 12*

*Chalo Trust School*

It was through Kucetekela Foundation that I found out about the United World College (UWC).

When I was encouraged to apply, I had not even the slightest positivity that I would make it, due to the fact that I was competing with high school graduates. I, on the other hand, was only in Grade 12 at the time I applied.

I remember going to a private place to motivate myself on the day of the interview, because I was a bit discouraged after meeting my fellow applicants. Little did I know, though, that I would speak well in the interview room.

The most interesting part was when I read the email that I had been of-

fered a full scholarship to attend UWC Red Cross Nordic. I literally burst into tears, as I could not believe it. From that day onwards, my life has changed, because my morale was boosted knowing that I was accepted despite not sitting for my National Exams.

This scholarship actually gave me an opportunity to travel to Malawi to submit paperwork. It was an exciting flight, though we had to do a lot. I am highly grateful to KF for being there for me always



and am proud to say that I am part of that beautiful family.

Right now, my visa is already out, and I am concluding my days in Zambia. My priorities lately

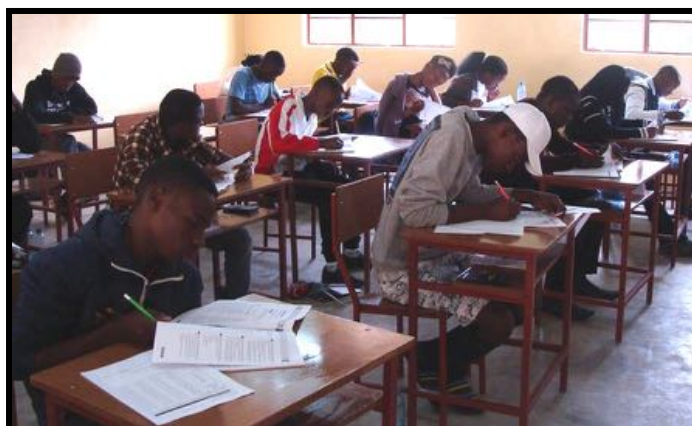
have been spending enough time with my family and of course researching about Norway and Norwegian culture. I am happy to say that I am in contact with a Norwegian lady who has been really helpful in beginning to familiarize me with their culture.

I must say, too, that the three weeks I attended lessons at the American International School of Lusaka helped a great deal, because through it, I was able to select the subjects that I will take at

UWC. I am also studying the International Baccalaureate system using a few books which are in my possession. This will help me to get a clearer view of the topics I have yet to study.

I am very thankful to everyone who

has been involved in my achievements. Hard work will continue to be my motto, as I am not ready to risk this beautiful opportunity.



**Above:** Lydia (second from right) with the other admits to UWC from Zambia for the class of 2019.

**Left:** USAP students sit for their first practice SAT exam during the USAP orientation.

# UNITED STUDENTS ACHIEVER PROGRAM

BY CHRISTIAN CHAVULA

United Students Achiever Program (USAP) is a non-governmental outreach program for financially unable students to access colleges and universities across the globe. All Grade 12 Kucetekela Foundation students had the opportunity to apply for this program.

The application was straight forward and did not require help from others. We submitted during the first term and four Kucetekela Foundation students were chosen. Being part of the four students felt like a great achievement for me.

During the April holidays, we had a USAP Boot Camp at Pestalozzi Education Centre. This boot camp was set up to introduce us to the SAT exams, which we were to sit for in May. These exams will help us in applying to American universities. We had several seminars where we

got to learn about the SAT English and Math sections.

Not only this, but we also had the chance to meet and talk to several successful people, including professors. We also had a chance to talk to them individually during tea breaks and lunch. They advised us based on careers we wanted to learn



could think of was taking down notes.



Currently, we are busy working on our SAT practice and applying to universities that we are eligible for. I am looking forward to the boot camp that will be held in Zimbabwe in August. During the boot camp, we are going to learn how to write application essays, as well as looking at several admissions requirements that universities have.

I have learned a lot during the USAP boot camps, and I am anxious and excited to learn more during upcoming events.

about and also shared their experiences of the SAT exam. The talks were so interesting as well as motivating, and all we

*“Being part of the four students [chosen to be in USAP] felt like a great achievement to me.”*

*~Christian Chavula,  
Grade 12*

*Pestalozzi Education  
Centre*



**Above:** USAP students take their first SAT at the American International School.

**Left:** Christian Chavula records a talk during orientation.

**Right:** Rabbecca and a friend go over English questions.





## MEET THE NEW GRADE 8s!

### WILLIAM CHANGA



William Changa is a Grade 8 at Chalo Trust School. He resides in Old Ng'ombe with his mother and siblings, as well as his father when he is home from the farm. William attended Ng'ombe Primary School, and while there, passed number one in his class from Grades 1 through 7. His faith is very important to him, and he sings in church. Because he has enjoyed this so much, he hopes to join the school choir at Chalo.

William would like to become a teacher in the future, in either primary or secondary school, so that he can return to his community and make it better. He has enjoyed being at Chalo so far, because it has helped him become more independent in terms of taking care of himself. William also likes that he can turn to the older KF students for help, either personally or in his studies, and he feels that he has been

able to make good friends at school.

William has enjoyed social studies while at Chalo, and he is especially interested in the topic of civics, in which he learns about Zambia's independence history and its political structure. One day, he wants to improve the economy and development of the nation.

### BLESSINGS CHILESHE



Blessings Chileshe is a Grade 8 at Pestalozzi Education Centre. He resides in Chainda Compound with his

auntie. He attended Our Rainbow House Primary School and placed seventh out of fifty students in the KF exam. In his free time, he enjoys composing and performing songs. He is also committed to his church, where he serves as an usher.

Blessings is passionate about the idea of helping youth who are not in school and creating better water infrastructure in his community. He wants, ultimately,

to be a pilot, but is also interested by history and the way that people can decide how to tell stories of the past. He is involved in Pestalozzi's debate club, which he appreciates, because it helps him practice communicating effectively and speaking English fluently.

Blessings has really enjoyed being in school at Pestalozzi so far. He has made many good friends and loves business stud-

ies, because not only is he able to learn about the theory of business, but he can also see how this theory applies to everyday life in all kinds of places, from the markets to his home community in Chainda. He also feels like the KF family has been very supportive of him; he often turns to some of the older students for personal and academic help, and Kelvin, one of the other Pestalozzi Grade 8s is one of his best friends.

### ROSEMARY MBAO



Rosemary Mbao is a Grade 8 at Pestalozzi Education Centre. She lives in George

Compound with her parents and seven siblings. Before arriving at Pestalozzi, she attended primary school at Lilanda Primary, where she was a class monitor and regularly came numbers one and two in class. She has enjoyed playing football in her community and participating in drama at church.

Since coming to Pestalozzi, Rosemary has been challenged by the complexities

of her history class, as she is learning about the way in which history is constructed and that the truth depends on what side it is told from. She enjoys geography and religious education, because in their own ways, both illuminate the world around her. Rosemary recently joined the debate club at PEC, and though she has not yet participated herself, she looks forward to the day when she will be able to argue her

team to victory.

One day, Rosemary would like to become a teacher, because she thinks that education is the key to Zambia's development. She also thinks that it is particularly important to support girl children in their education, a necessary component of which she believes to be working with the government and traditional leaders to stop early marriage. She would love to teach religious education, as this is one of her best subjects.



## LEAH MTINDYA

Leah Mtindya is a Grade 8 at Chalo Trust School. She lives in Misisi Compound with her grandmother and cousins. She attended St. Lawrence Primary School before arriving at Chalo, coming in position one or two in the several terms before finishing primary school. Leah sings at her church and is a member of the Interchoir Fellowship and Empowerment. She has helped to organize her fellow choir members throughout primary school, which

helped her as she joined a few different singing groups, including the school choir and Angelic Voices, while in Grade 8.

Leah is also an avid reader, enjoying Enid Blyton especially. She has been enjoying her time at Chalo and feels that she has made a good number of friends since coming to school there. In addition to her singing groups, Leah has also become a part of the communication forum, where she practices debating, writing articles, and producing poetry. In debate, she

especially likes introducing her side's position.

Ultimately, Leah wants to become a journalist, because she is interested in things happening around the world and wants to be able to inform people regarding events both inside and outside of Zambia. Looking at the poor hygiene practices around her home, she would also like to improve her community by one day helping to create better housing and sanitation infrastructure.



## OSWARD MUTALE

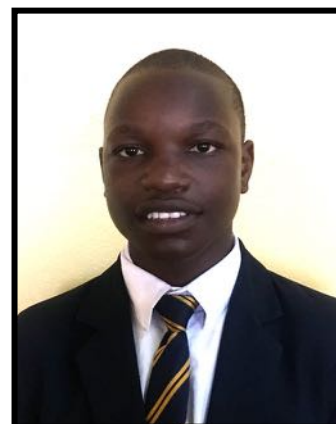
Osward Mutale is a Grade 8 at Chalo Trust School. He lives in Kasisi Compound with his parents and six of his eight siblings. For primary school, he attended New Ng'ombe Primary, coming first in his classes many times. He is very active, enjoying volleyball and football, but also enjoys art club and telling stories.

He is enjoying his time at Chalo and in KF so far, having made new friends and

continuing his academic excellence in secondary school. Since coming to Chalo, Osward has found the challenge of computer studies fulfilling and has joined the science club as one of its founding members. The club's first activity has been related to environmental observation, which Osward has a knack for, but is also excited to learn more about.

When he gets older, Osward would like to be-

come an engineer. Despite his youth, he has extremely sophisticated ideas about his own and Zambia's futures. Specifically, he is interested in increasing the fuel efficiency of cars and decreasing the number of cars on the road in order to improve air quality in Lusaka. He wants to study abroad in China and then come back to Zambia, where he will establish companies and factories to increase local production. He devised this plan for himself by



observing the world around him as, he says, any good engineer does.

## KELVIN ZIWA

Kelvin Ziwa is a Grade 8 at Pesalozzi Education Centre. He resides in Kuku compound with his parents and four siblings and attended primary school at St. Lawrence Primary, and his academic achievement can be highlighted by his placement in first position overall in the KF exam. He describes himself as a quiet but friendly person.

Kelvin enjoys learning about the world around him by watching the news. He also likes playing football (he is an excellent defender) and is trying to learn about basketball, as well. Kelvin is settling into his life at Pestalozzi well, having made many new friends and leaning on the older KF students there for academic support. He is part of the art club at PEC and even helped to paint posters that direct people how

to drive into the school, as well as the ones that name each of the dormitories. He loves reading novels and cannot wait for Mr. Mukena to bring some more to school.

When Kelvin gets older, he wants to be a doctor, and as a result, he focuses in school on mathematics and science, which he knows he will need in his career. He observes that people in his community often must travel far to

gain access to adequate healthcare, making him want to build clinics closer to home.



## *Alumni: Where Are They Now?*

### ALA EXPERIENCE

BY NATHAN MUSWEU, '15



I am a first year student at the African Leadership Academy (ALA), currently pursuing a two year A-level program. I will be graduating by mid June 2018. ALA is very small school, but very diverse in terms of culture, customs and religion. There are a lot of students (not just students, but young leaders who have the passion and vision to transform Africa into a continent of peaceful and prosperous nations) from all parts of Africa.

Over the past six months, my life has changed a lot. The curriculum at ALA has forced me to leave my comfort zones and be the

best I can ever be, though I am still working on being the best. In my writing and rhetoric class, I was forced to speak more often than I used to, because most of the lessons I had where discursive, interactive and help students to develop their speaking skills.

Throughout my academic journey at ALA so far, I have come to a realization of how much I was missing in terms of having an experience of the continent. An African experience that shapes your understanding in as much as knowing rich and diverse African cultures is concerned. Luckily, ALA has provided me with a glimpse of the whole lot of African experiences in one place. The diversities in culture, religion, race, and beliefs have made me become more open and accept people regardless of their background, class and

whatever they believe in.

Change is inevitable. I feel my life has changed in terms of my interpersonal skills. Due to different interactions with different people from the African continent, I feel I can express myself more freely and interact with many people than ever before.

The first term was a bit challenging for me, and being the only Zambian student in the whole school was quite a struggle on its own. I had no one to talk and this was really difficult; it made me miss my friends back home. This sort of affected my concentration in class, as I never had anyone to converse with in class. But again, I think this was necessary for me to change and become more interactive. The situation I was in forced me to make more friends and talk more than often, which has helped me to grow considerably.

### INTERCONTINENTAL INTERNSHIP

BY JESSY NJUNGU, '16



I was filled with excitement when I was told that I was among twelve students selected for a three-month internship at the Intercontinental Hotel.

My duties began in the laundry department, where I learned how to use



the flat iron machine used to iron different materials. I also learned how to use the dryer, fold bed-sheets, duvets, and pillow slips, as well as skirtings. I was also taught how to properly use the washing machine.

The second department where I worked was called "Food and Beverages." This was where I worked with the banquet team. Here, I learned how to properly hold a tray with one or several glasses. I also learned how to interact with guests. Thereafter, I was moved to work under room service, where I was taught how to fold napkins into different styles and how to clear things from the guest rooms. I also learned the different types of cutlery and glasses, including how to set up a tray for breakfast and lunch.

I was then transferred to work in a café called Rhythms Café, where I

made different types of coffee and tea. I now know how to make a cappuccino and a latte. I also took orders from the guests.

I then moved to the house keeping department. This is one of the most important departments in the hotel, because it requires a person to be clean with a good atmosphere in order to keep the guests content, if they are to stay happily in their hotel room.

I was then transferred to the kitchen, where I was privileged to work alongside the

chefs from Morocco, as this was the time that the King of Morocco was visiting Zambia. I really enjoyed observing how they prepared food for His Majesty the King. Everything they did was very precise and the chefs took the utmost care that they did not make any mistakes as they prepared the food. Half the kitchen was full of things brought from Morocco. It was an amazing experience. I did learn how to properly handle food hygienically and I learned how to make sandwiches and the Chicken Caesar.

The last department where I worked was the front office. It was an extremely busy department, as I had to attend to a lot of guests who were checking into the hotel and also those who were checking out. This was the time of the Afri-

ca Cup of Nations (AFCON). The Under-20 Zambian National Team was lodging at the hotel, as was the team of Egypt and later that of Guinea. The players of these teams were treated as celebrities, and I was privileged to take a photo with the famous Zambian top striker, Patson Daka.

I had an amazing and worthwhile learning experience at the hotel, as I learned to conduct myself as a professional. I learned the importance of keeping time, as this was key to being a successful hotelier. I worked with highly qualified people in their professions, and this made me develop more mature and professional characteristics within myself.

My experience was life-changing. I would like to thank Kucetekela Foundation, Pestalozzi Education Centre and the Intercontinental Hotel for affording me the opportunity to be part of this great internship program.



Jessy (center) at her secondary school graduation.

***"I worked with highly qualified people in their professions, and this made me develop more mature and professional characteristics within myself."***

*~Jessy Njunga,*

*Class of 2016*



## RECEIVING BURSARY FOR COPPERBELT UNIVERSITY

BY METRINA MBULO, '15



*“Moving to university with all these skills that I acquired will make my stay enjoyable and remarkable, as I will use what I have learned in the office outside.”*

~Metrina Mbulo

*Class of 2015*

In February 2017, I was admitted to the Copperbelt University for the 2017/18 academic year in the School of Mathematics and Natural Science to study for a Bachelor of Science degree in Biology. I applied to CBU because I knew that I would be admitted in the school of my choice and I find it to be more organized than the University of Zambia.

Getting a 100% bursary from the Government of the Republic of Zambia was more thrilling and exhilarating than the admission. Tuesday the 25th of July was a busy day for Mina (the new Princeton in Africa fellow) and me at the office, as we were immersed in our work.

I received a call from my sister telling me to check *The Daily Mail* newspaper for that day and check for the CBU bursary list. I was nervous and did not want to see it, but the more I tried to ignore this fact, the more I grew anx-

ious to see it.

Several minutes later I received another call saying that I was selected. This news is what made me tell Mina what was going on. Together we walked to the nearest junction to get the newspaper and checked, and we found my name. We were so happy and excited that everyone around us kept wondering what was going on. After buying the paper, we walked back to the office and drove to Gigibonta for ice cream.

I am very excited that I am going to one of my nation's biggest universities and that I was selected from thousands of applicants

country-wide. I look forward to moving to the part of my country that I haven't explored and meeting new people with diverse Zambian cultural backgrounds. I am extremely happy that I will finally be going to school and study what I am passionate about (science).

In as much as I am excited to go to university, I'm

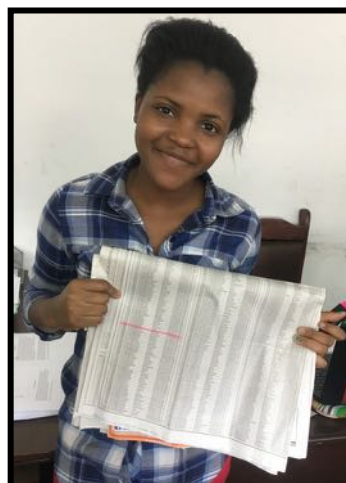
equally nervous and apprehensive about moving to a new place and starting afresh. Getting used to being independent and growing up will be difficult, but I am certain that I will work it out with time.

Transitioning from being a KF intern to a university student will not be a challenge, as I have learned and acquired a lot of skills during my internship with KF. I have learned how to be responsible and disciplined, how to work with

adults and how to deliver quality work. I have also learned how to be sociable, hence making me very approachable by people. Moving to university with all these skills that I have acquired will make my stay enjoyable and remarkable, as I will use what I have learned in the office outside.

Lastly, not the least, I would love to pass my sincere gratitude to KF

staff for being there and for granting me the scholarship that has brought me this far. Like one wise man said, as we express gratitude, we must not forget that the highest appreciation is not to utter words but to live by them. As a result, I choose to live by my words.



Metrina holds the paper with her name highlighted for bursary.

# REFLECTIONS ON COMING FULL CIRCLE

BY JEFFREY KANYAMA, '11

I have always considered Kucetekela Foundation to be an extended family that has helped shape my perspectives in life, and every chance I get to be part of a mini KF reunion, I have taken it.

I have recently graduated from the University of Rochester with a degree in Electrical and Computer Engineering. I have been back in the country since June 2017, and I got a chance to participate in KF's new promotional video to celebrate our ten-year partnership with Stanbic Bank. I got a chance to relive some of the memories that have meant so much to me and gave my perspective of

how much KF has done for me in contributing to what I have achieved already, as well as what I hope to achieve in the future.

During the video shoot, I also got the chance to interact with other KF alumni (Lydia, Metrina and Jessy) whom I had mentored in the past, and it felt empowering to realize that I did have an impact when I interned for KF in 2014. Watching the others excel and ready to take on new challenges reminded me of myself when I was in my early phases of my journey to get the best out of opportunities presented.



I also had the chance to interact with Phales Mtonga, who was in my graduating class. It felt great to catch up with her and share our different university experiences. We also just talked about what we both want to do with our lives now that we have graduated from university. The commonality for both of us is that we are apprehensive but very eager to take on whatever challenge is next in our lives.

Being part of the KF family is always refreshing and a way to gain a unique look on life at its different stages because of the diverse age groups who have all experienced different things. This is part of the reason I look forward to being part of the reunion this year. I am excited to see brothers and sisters whom I haven't seen in a while, and I look forward to learning about where other KF students and alumni are on their personal journeys.

***“[Phales and I] are apprehensive but very eager to take on whatever challenge is next in our lives.”***

*~Jeffrey Kanyama,*

*Class of 2011*



Jeffrey with other alumni at the 2016 reunion (above), the full group at the 2016 Alumni Reunion.





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## OUR TEAM

**Oliver Barry**

Co-Founder and  
President

**Florence Nkowane  
Lutale**

Co-Founder and  
Executive Director

**Simasiku Mukena**  
Co-Founder and Finances  
and Programs Manager

**Mina Shah**  
Programs Coordinator

***Kucetekela Foundation** is an organization that sponsors talented, high-achieving students in secondary school. Not only do we provide these high-need students with opportunities for quality education, but we also support their holistic personal development, through mentorship, work experience and community service programs. All of our secondary school graduates are currently enrolled in or have completed tertiary programs. We pride ourselves in providing high-quality services for our students, and always strive to inspire them as much as they inspire us!*

## Coming next term! Stay tuned for...



**Below:** Grade 7 students at New Kanyama Primary are interviewed during July KF recruitment.



**Above:** Emmanuel Banda prepares to leave for Yale Young African Scholars in Ghana.

**Above:** Vincent and Ased participate at Yale Yong Global Scholars conference.



If you were encouraged by our KF students and would like to contribute towards their education, please contact **Mrs. Florence Nkowane** at +260 971594959 or [kucetekelafoundationzambia@gmail.com](mailto:kucetekelafoundationzambia@gmail.com) to make a donation.

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