

BEGINNINGS AND ENDINGS:

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This term:

- Six Grade 12 students graduated from Pestalozzi Education Centre and one student graduated from Chalo Trust School.
- All ten Grade 9 students successfully completed their National Exams.
- Phales Mtonga started an internship with Zambia Breweries.
- Andrew Shumba started an A-levels program at African Leadership Academy.

THE PICKING UP OF GAUNTLETS, SPREADING OF WINGS AND HOPING FOR POSSIBILITIES OF THE FUTURE



The 2017 KF Grade 12 Graduates (bottom row) with their families, friends and KF staff members.

EDITOR'S LETTER BY CECILIA BANDA



Hello everyone!

This year has been great, and I am excited for all the articles the students, alumni, and even our Executive Director have written for this term!

I hope you enjoy the stories of the activities that took place both at Chalo and Pestalozzi and even the different places the alumni are.

Enjoy!

ROAD TO 2018: YEAR IN REVIEW

BY CARARISE LUBAMBA



Greetings,

Awesome is the word that describes the year 2017.

Term one was energetic, as its main event was about having a healthy mind in a healthy body. Chalo Trust School had its Inter-House cross-country competition. We ran with endurance to finish the race. Still on sports, the most outstanding athletes from each house went and represented our school at Baobab for Inter-Schools Association of Zambia (ISAZ) Competition.

After the events, pupils prepared for and wrote the end-of-term exams. Meanwhile, KF had a skill training program on HIV/AIDS. KF was also moving on with the selection of the 2018 grade eights and applications, which we will get to know soon.

The second term started

on high note. Chalo students were given an opportunity to portray their physical abilities as well as their God-given talents at the annual Talent Show. KF students also had a lunch with their amazing and supportive mentors.

The year was an elevating year for KF, because Emmanuel Banda, Terry Chishimba, and Faith Mulenga went to Ghana, Rwanda, and Zimbabwe for Yale programs. Cecilia Banda and Harriet Mwanza went to Malawi for a Science, Technology, Engineering, Arts, and Mathematics camp. Vincent Mwafulirwa and I went to the United States of America while Lydia



Njobvu, this year's Head Girl at Chalo, went to Norway for her IBs. What a good way to conclude the second term!

With enthusiasm, the third term began. Students were all excited for

the traditional, awards and prefecture coronation day. As we draw closer to the end of 2017, I cannot help but think of the gap that would be left when Kellyson Siamunjo, the only graduating senior in KF at Chalo this year, goes. He has been both a wonderful Head Boy and a brother to all the KF students.

Now with both fear and excitement, I wait for 2018 when I will be in Grade 12. This is the year I have always waited for. It's a year of hard work and forces to build my own capacity.

As a leader, I hope to grow and mostly be the sister that KF students need. I want to inspire the younger students and impact their lives in any way possible. I want to set an example to those who will come after me.

Even as I conclude the year 2017, I am proud and happy that I was able to endure and withstand the challenges. Going to the US has made me realize the potential that lies within me. It has changed the way I perceive things in life.

2018, here I come!

"As a leader, I hope to grow and mostly be the sister that KF students need. I want to inspire the younger students and impact their lives."

~Cararise Lubamba

Grade 11, Chalo Trust School

YEAR IN REVIEW

BY ASED CHIPANGANO

SONG: "I MILOLO"



Dear readers, how are you? My year has been great. I started this year on a very happy note, mainly because I had been waiting to be in Grade 11 for a long time. one thing that I have greatly enjoyed this year is spending quality time with my classmates.

I have had enough time to socialise and catch up with my KF family. One thing I appreciate is that even though the Grade 12 students were preparing for their exams, they found time to catch up and still maintain healthy relationships. Seeing how well the Grade 12s have managed their time has been a good lesson for me.

Having been to Zimbabwe for the Yale Young African Scholars programme, I was particularly looking forward to applying for the Yale Young Global Scholars programme. My opportunity met my anticipation, because KF soon

told us to start applying for the same programme. The period between applying and waiting for the response from Yale taught me a lot of lessons.

The most important lessons I learnt of this period were good time management and an insight of who I really am, because the essays required that I really know who I am among the large mass of the population.

While waiting for the outcomes of my application, I became actively involved in skills, mainly making beats and writing songs. In the music, we made we addressed a lot of issues that affect the youth, such as environmental conservation, alerting youth on the effects of teenage pregnancies in the country and congratulating the out-going Grade 12 students.

Good news came my way, because no sooner had I been appointed a prefect than the results from Yale came out. It was not usual, but to our amusement, the four of us who applied got accepted. Vincent and I got accepted to the Biological and Biomedical science field, while Nelly and Cararise got accepted to the Politics, Law and Economics session.

We started preparing and reading as soon as KF provided us with some reading materials. The

reading part was somewhat simplified by the new KF fellow. The flight to New York was one vividly remember, though it was quite long.

Finally getting to America was great, almost unbelievable. We got picked up by Kayla, and we did a lot of activities on a way through touring New York. We spent the night at the Barry's. Mr. Barry us drove to Yale the following morning. Finally getting to Yale was very exciting.

The programme itself was amazing; the learning



that I got is something that is worth a lifetime. One thing I liked about the programme is that it was able to connect many of us from different spheres of life with different stories to tell, with one coming goal and to learn and get exposure. While at Yale, I started thinking of ways that I could teach fellow students about the things that I learnt. I decided to start a programme called Science 360.

The bigger picture was to get the word out and motivate one or two people who were thinking of doing science related courses that they were not wrong. In addition to the knowledge from being trained, I was seriously armed with tools among other knowledge and exposure. One thing I like is art, so I was also thinking of involving art. It seems like Harriet and I had the same outcome on our minds, because she won an award of 500 dollars to carry out a similar project. This was a moment of shine for me because I felt that the project I had

in mind was not going to die.

Seeing that Harriet's project had fund-

ing and our desired outcome was more or less the same, I decided to just be part of hers and incorporate some of my ideas into hers. This project has been dynamic, thanks to all the KF staff.

This year has been a great year for me. I have grown in all angles, the interpersonal skills I have learnt are great.

COMPLETING GRADE 8

BY WILLIAM CHANGA

SONG: "GOD WILL MAKE A WAY" BY
MICHAEL SMITH



"I would like to let the new Grade 8s know that they should be prepared to meet their new family (KF students)."

~ William Changa
Grade 8, Chalo Trust School

The beginning of the first term frightened me, since it was my first time in boarding school. Boarding life is all about taking care of yourself. In the first term, I was very anxious about how I would make friends, how boarding life would be and how I would manage without my parents, brothers and sisters.

Adjusting to this change was not easy, but I managed. The first things that helped me adjust were the inspiring talks that the Kucetekela Foundation (KF) students give after the Grade 7s write their KF exams. Lastly, I was helped by my father, who often talked about Bible passages that motivated me. For example, if I was very anxious, he read the Bible, 1 Peter 5:7, which says "Throw all your anxiety on him, because he cares for you." Such Bible passages really helped me. Gradually, the process to adjust to boarding life became easier than I thought it would be, because in boarding school, I found friendly students both KF and non-KF. People like Timothy helped me a lot in mathematics.

Older KF students have been very helpful in sup-

porting me to adjust to the transition to boarding life. They have helped me in things like sports, academics and personal hygiene. Generally, I have been helped in other things such as washing for myself, looking after myself and spreading my bed daily.

I still remember how Timothy once helped me. I was one day annoyed with myself for failing a test, and Timothy noticed because I looked sad and upset. Then he asked me what was wrong, and I told him everything. He kept quiet for a while and then read the Bible, Book of James 1:5, "if any one of you is lacking in wisdom, let him keep asking God. For he gives generously to all and without reproaching, and it will be given to him." After hearing this, I felt happy that God has given me a chance to be part of such a wonderful family.

This year, I have learnt a lot about myself, such as the fact that I am a good runner, that I am good at soccer, that I can make good friends, that I have good study habits and that I have confidence in myself.

In Grade 9 next year, I

am looking forward to meeting the new KF Grade 8s, writing my examinations, going for tuitions at Pestalozzi Education Center and to have an opportunity to take care of the new family members of KF.

I would advise the new incoming grade eights students that: 1) They should be open and should share their problems with other older KF students. 2) They should not worry or think too much about home, but they should know that they will be part of a family and will be welcomed. 3) They should never be scared to seek help from any KF student.

A wise man once said, "Advice is the most valuable thing in the world, but when neglected it becomes the most worthless thing in the world."

Lastly, I would like to let the new Grade 8s know that they should be prepared to meet their new family (KF students). They are also encouraged to come and excel in their studies, they should also be prepared to live home, and they should not worry or think about home too much.

COMPLETING GRADE 8

BY ROSEMARY MBAO

SONG: "YOU RAISE ME UP"

My name is Rosemary Mbao. I am at Pestalozzi Education Centre, and I am going to talk about completing Grade 8.

When I started school at the beginning of the year, I was so shy, self-conscious, and nervous, as well as being curious. I thought that I could not manage to adjust being at Pestalozzi, but I was able to adjust very well. Life was not easy during this process; it was like I was abandoned in the world of my own without my family.

I have been able to make good friends in Kucetekela Foundation (KF), and these are Faith Mulenga, Mervis Banda, Ased

supporting me in everything especially in my emotional moments. They have been able to help me by giving me very good advice and keeping me company. There was a moment when I was so sad, and all I wanted to do was to cry but Ased told me not to be sad. He told me that I should not let my personal issues destruct my business and that right now, my business is my studies. I took his advice, and I stopped being sad.

I have actually learnt a lot of things about myself, such as the fact that I am a person who always stands for what is right, that I have a lot of talents like dancing, and that I



give up in life no matter what they face, and they should continue studying hard.

The incoming Grade 8s should be prepared for hard work and to behave in an appropriate manner in order to raise the KF flag when they become part of KF. And good luck to all of them!!

"The advice I would give the incoming Grade 8s is that they should not give up in life no matter what they face."

~Rosemary Mbao

Grade 8, Pestalozzi Education Centre



Chipangano, Esther Mulaishe, Harriet Mwanza, Blessings C. Chileshe and Kelvin Ziwa. These people have supported me by encouraging me in my studies and in terms of how to get used to Pestalozzi.

I am also grateful to the older KF students for

confident.

I am looking forward to being in Grade 9, because I want to meet the incoming new Grade 8s, and I want to be an inspiration to one of them. The advice I would give the incoming Grade 8s is that they should not



BECOMING A GAP YEAR STUDENT

BY NATHAN MAYEMBE

SONG: "GOOD MORNING" BY KANYE WEST

"My brotherly advice to my colleagues...is that you should just be the way that you are. Do not try to be someone you are not. Discover yourself."

*~Nathan
Mayembe*

*Grade 12, Pestalozzi
Education Centre*

When I sit down and reminisce from the time I started my junior secondary school all the way to my senior secondary school, a lot has changed about me. One most surprising thing that I have noticed about myself is that my academic performance has improved greatly. In my junior secondary school, my performance was not up to standard. All my friends used to get all the credit. However, with hard work, my senior secondary school was a different story. I was surprised only to find out that I was counted as one of the students who will be part of getting six points at the end of my final exams.

My social life has also changed. Through community service, work experience and my friends, I have come to realize that I am now more caring about other people because way back, I was very anti-social.

Being part of Kucetekela Foundation (KF) is one of the greatest things that

has ever happened to me. It has been a life changing opportunity. The organization has given me so many opportunities that I would not have



even known about if I had not been part of it.

When I was still in school, I wanted to be done with it. Now that I am done with school, I suddenly have unexpected feelings come up. I

have a mixture of feelings. At one point it feels good and at another it feels bad. Becoming a gap year student is amazing. However, I do not know

what to expect from it. At times, I even wonder what being a gap year student really means.

My main goal next year is to prepare adequately for my SAT exams, so that I can get a good score. Because with that, it will be much easier to apply to any university abroad, especially the United States.

My brotherly advice to my colleagues who are still in secondary school is that you should just be the way that you are. Do not try to be someone you are not. Discover yourself. Do what you do best and of course study hard. To the Grade 8s, always feel at home. You are welcome to this wonderful family and know that we expect a lot from you.

Thank you.



Above: Mutinta Mubita and Martin Milanzi enter for graduation.

Left: Nathan Mayembe and his family at Pestalozzi graduation.



Left: (From left to right) Kellyson Siamunjo, Christian Chavula, Rebecca Ndhlovu, Nathan Mayembe, Simang'ele Magodi, Martin Thulani Milanzi Jr., Mutinta Mubita and Jackson Kakwenya at graduation at Pestalozzi Education Centre on 1 December 2017.

Below: Rebecca Ndhlovu (left) with KF Executive Director Florence Nkowane Lutale after Rebecca received an award for best leadership at Pestalozzi graduation.

Below: Kellyson Siamunjo prepares to give a speech at Chalo graduation.



GRADE 12 GRADUATES

CHRISTIAN CHAVULA

BY TERRY CHISHIMBA

SONG: "ONCE AND FOR ALL" BY LAUREN DAIGLE

When I first came to Pestalozzi Education Centre, the first person I met was Christian Chavula. At that time, he was in Grade 10. He showed me around the school and made me feel welcome. For some time, he was the only KF student I had known, even though I had met the others. I always talked to Christian more than any other KF student.

Christian was always

kind and friendly towards me. He was also helpful. I remember when I first came, I had some difficulty with studying, so I went to Christian, and he gave me some tips on how to study. He also explained some topics I did not understand.

At times, I thought Christian was troublesome and irritating, but after three years of knowing him, I have found out that he is a very hard-working person. He does well with his

school work and always does his assignments on time. He is also a very determined person, who would do whatever he has to in order for him to achieve his goals.

He is very interested in sports. He likes to play basketball very much. I would see him every Thursday practicing and through his hard work, he was chosen to be in the school basketball team.

Christian has been a



cheerful and enthusiastic person from the time I knew him.

SIMANG'ELE MAGODI

BY NELLY KALUKANGO

SONG: "COLD WATER" BY MAJOR LAZER AND JUSTIN BEIBER



She is true evidence to my life that family is not just a blood relation but an attraction toward someone you love.

I have known Simang'ele Magodi for four years now. We have had fun, argued, been partners in crime and what not! The bond that has been created is one that I believe will last a lifetime.

As a Grade 8, I still had the I-can-pass-as-I-used-to-in-primary-school mentality, but she opened my eyes to the harsh realities of life. She taught me

how I had to work hard now for me to earn what I would be proud of.

What I liked most was the fact that she did not just say stuff, but she actually practiced her advice, too. She walked the talk! She was the smartest girl I knew, the most punctual, the best planner, and she was most certainly strong and courageous.

I cannot even imagine how hard my last year of high school will be because she was simply my human diary! I could tell her my entire life, and she understood me more than anyone. In addition, it's hard to choose a specific

event where she taught me a lesson, because every single day had its own precious stones that glitter and just normal, valuable stones, but we managed to overcome it all together.

This has been the hardest article ever to write, because what I feel for Simang'ele and what we have gone through together is just too much to put on paper.

I love you, baby girl, and I wish you the very best in this life!

NATHAN MAYEMBE BY ASED CHIPANGANO

One thing that is memorable from my first day at Pestalozzi is how quickly I became good friends with Nathan. I felt so connected to him because of the similarities we shared, including the types of food and music we liked. All this was even prior to both of us finding out that we shared something great, and that was that we are both in KF.

Coming from a public school, my written and spoken English were not very good. This made me prone to criticism and mockery from other students. This disturbed my learning, because I started feeling like I was not as smart as the other

kids. Thus, I struggled to compete academically. One very important role that Nathan played in my life at the time was to help me improve my English. At the time, we decided to use only English in our conversations, even if we were just the two of us. Additionally, we started reading the Harry Potter series. This is where I developed my interest in reading. Apart from helping me improve my English, Nathan also encouraged me to work hard with my school work.

One memory that I will always look back on is how we started music. Our idea was to impact the youth and the general

population by the use of music. What we wanted to address most were the issues of teenage pregnancy and people's ignorance on the importance of the environment. With this idea, we decided to start up a group with four other KF boys. We know that most of the garbage that goes uncollected adds to pollution, increasing levels of global warming. Therefore, by us educating people about the importance of environmental preservation, we would be reducing the levels of global warming. We called ourselves the Fire Extinguishers.

I can fill a whole book talking about how great



Nathan has been. But one thing that I truly know is that he has really been a good friend and has positively impacted me. He is has really made Pestalozzi feel like my second home.

MARTIN THULANI MILANZI, JR. BY LAZAROUS SHAMENDA



Five miles high, where the world meets the sky, the altitude at its final peak and the wind is calm, as Martin Milanzi (Y.D.F.) Jr., a fellow Pestalozzi student who is a 2017 graduate. Martin, fragile, funny and understanding, has music flowing in his blood cells so much that all the time he is found humming to the sweet melody of the birds around.

Not only is he kind, but he also has a heart seeking to the disheartened. One may not see this immediately, but it can be seen through his actions and by what he speaks to

others. He is considered to be an example-setter. He made sure that in whatever we did and do, we were not left out in any circumstance. the kindness was all in him!

"The secret things belong unto the Lord our God: but those things which are revealed belong unto us and to our children forever." (Deuteronomy 29:29) This implies that through what mankind has been given, some aren't meant to be known but are to be appreciated.

Many doors opened for me when I clearly understood Martin and began

following in his footsteps. Every time I do something wrong, he always sits me down and asks why I did what I did. From these lessons, I have tended to follow a more moral path.

When he was a prefect, he sent me back from school one day when I reached class late, so that I would not commit the same mistake again. I really appreciate all he has done for me and will miss him very much at school!

MORE GRADE 12 GRADUATES

MUTINTA MUBITA

BY MARTIN THULANI MILANZI, JR.

SONG: "ZUHILE" BY POMPI

Dating back to my early years as a KF student in 2013, I was blessed to have a small but strong familyhood with Mutinta.

Just in our second week of being KF Grade 8s at Pestalozzi, Mutinta and I had shared our life stories and laughter like never before. One memorable day was PEC Sports Day in 2013. I still remember that mind-blowing day when I finally understood that not all people can claim to have had a worse life. Mutinta told me about her life and I told her about mine and we became more than KF students; she became family.

Throughout my years at

Pestalozzi, especially my final year, I knew Tinta to be a very determined and extremely strong-minded person. It was always amazing to see her talk endlessly almost the whole day, and she was so anxious to finish high school. When things got really twisted for me and I was put on a hot pot of judgement, she encouraged me. At times, I would give up and think of quitting, but Mutinta would take her time and listen and help me move forward.

Mutinta was one of the people who stuck up for me, even when I only had one person to turn to. In my last year, Mutinta helped me get through all

the drama of the year and even helped me focus on the exams. All this happened on a very dangerous moment in my life, but she never left my side.

When I forget her jokes, I always think about one special day that we went out with my mentor, Richard. Sadly, Mutinta didn't like the pizza with mushrooms, so I ate all her pieces for her.

Sugo wawa! Wawa wiiieee! Woo our moto! She is a brave person.



RABECCA NDHLOVU

BY EMMANUEL SAKALA

SONG: "DANCE" BY NASTY C



Rabecca is a determined person. She is courageous, caring, and most of all, she is a leader. I appreciate her leadership, even though Rabecca and I never spent much time in each other's company, due to the separation of boys and girls at school and due to the fact that we live in different areas. I learned a lot of things from her directly and indirectly within the time

that I spent with her.

I was chosen as a school prefect and before me, Rabecca was also a prefect. This past year, she was even Head Girl. Therefore, I was able to learn some leadership skills from her.

Rabecca also inspired me to be working hard academically. She is very hard working in terms of

academics. She used to encourage a lot of people in school to improve. She is also a sister in that she is always there when you need her.

Even though Rabecca and I didn't have a deep relationship, I'll miss her a lot. She has meant so much to me as a sister, mentor and a friend, so I just want to say THANK YOU, Rabecca!

KELLYSON SIAMUNJO
BY CECILIA BANDA
SONG: "LIKE YOU" BY TITIANA MANOIS

Kellyson, in the past three and a half years, has been a brother, a friend and a person whom I have looked up to, not only for my academic but social and spiritual life, as well. He is a person whose company I enjoyed, and I can say that the talks with him were always worth the time.

One of the moments with him too vivid to call a

memory is when Vincent, Kellyson and I performed a poem after practicing for two days only. During those times, I got to know that he is a person who is patient, focused and determined. We presented the poem, and although it was not Grade-A-perfect, he said that as long as we had all put in our best, it was enough.

From then on, I learned that doing your best is sometimes better than being perfect. Coming to KF, Kellyson made me see that all the students enrolled are special in their own way. He made me realize that we are all different in our best way possible.



LYDIA NJOBVU
BY EMMANUEL BANDA
SONG: "I NEED YOU TO SURVIVE" BY KIRK FRANKLYN

Lydia and I had not been very good friends from the start. But as time went by, I realized that I was actually missing out on a great friendship. So, I got myself together and tried to befriend her, and that's how we managed to become friends.

For the past 2 years and 3 months that I lived with her in school, she became my big sister and close to a mum. I do not really have a clear definition of this girl's character, but she is a combination of being kind, caring, loving, sweet, tender-hearted, great listener, good adviser, also being smart, intelligent and above all God-fearing.

Lydia supported me in most of my endeavors and I always looked up to her for encouragement in my academics. She was top of her class since 10th grade until she left for UWC. She is also a very good leader, especially as a head girl, for that she was not a harsh one but strict enough to do justice.

I remember one day she punished me for talking to her during prep time and gave me a lecture afterwards that never compromise your standards with anybody, always do what is right. There was also another day when I was stressed

out and felt like giving up then she showed up from nowhere and gave me another warm lecture that brought my senses back to normal.

I also had some fun time with her, most of them which were singing and chatting as we were waiting for our meals. She encouraged me to join the music club in school, which am now the president of thanks to her.

I have a thousand things to say about this loving friend of mine. She has really helped me grow academically, socially and even spiritually as a Christian. I miss

her company very much. Nevertheless, I still wish her all the happiness in the world at UWC and send a very big thank you for being a friend of Emmanuel Banda. Hope to see you soon, Lydia.



EVENTS

CHALO TRADITIONAL DAY
BY MERCY MULENGA

“Traditional Day is important to me, because I get to learn more about Zambian tradition from various provinces.”

~Mercy Mulenga

Grade 11, Chalo Trust School

Before the actual day, we had rehearsal in preparation for Traditional Day. During the process, I learnt that I do not easily give up on things. Despite the dance being hard, my friends and I persevered. This practice also taught me how to respect people that are put in charge in spite of their financial status or age.

Traditional day at Chalo is the day set not only for students but teachers and parents, as well. This is a day when different traditional dances are performed, various traditional foods prepared for lunch, prefects are coronated and awards are given to the most deserving students. This year's traditional day was held on the 7th October in the Chalo Trust School.

This tradi-

tional day was amazing because of the different acts performed by different people. Different acts were portrayed on stage by the students who ranged in age from Grade 8 to 12. Every grade had their own dance. Teachers performed their own dance, as well. Apart from dancing, the drama club had prepared a very nice piece of the sketch, which was amazing. As a tradition, awards were given to deserving students and 2018 prefects were coronated.

I was very excited to be

part of the people that were dancing, especially that the dance I was part of was the day. This was my favorite act to be in because I was enjoying myself, and it was fun and interesting to dance with my friends, who happen to be my classmates.

Traditional Day is very important to me, because I get to learn more about Zambian tradition from various provinces. I also learn different traditional dances from other tribes, and I get to eat traditional food for lunch.

I was especially happy with how the event turned out, because I was chosen as a prefect. Though this will make next year more difficult because I will hold more responsibility, I look forward to developing my leadership skills. I was also amazed by the new dances that were excellently performed.



10 YEAR ANNIVERSARY WITH STANBIC BANK

BY GIFT KASWEKA



Emmanuel Banda (left) and Nchimunya Mukuwa perform at the event venue.

It all started when I stepped out of the bus. The Stanbic Training Center was clean, amazing and fascinating. I even asked myself a question: "Where am I? This place looks like it's not in Zambia, no offence, though." The inside was decorated and put in place for the program. Tables were decorated with fascinating white cloth, and everything was looking perfect. Probably we were the first school to arrive, reaching before the Pestalozzi students, so it was quite lonely, but I knew it was going to be full of guests and re-

spectful people looking forward to this partnership anniversary, because I saw the arranged and well-decorated chairs.

Later, the Pestalozzi students were in, as well as the guests, parents and mentors. Without wasting time, the program was started by Pennious and Barbara, who were the masters of ceremony. We watched a video of the KF students. It was very touching to see and know what your friends passed through, but by the grace of God, he was seen through by the organization.

Later was a speech by

Mrs. Nkowane, who even introduced some guests of honor and KF alumni, as well as what they have been doing in the community and the country. I wouldn't lie on this one; I got inspired by these guys for achieving what they have and wish that one day, it will be the same for me to inspire someone.

We also had some performances from us students. Chalo performed an interesting and smart traditional dance, which was perfectly performed in costumes: girls in white vests and traditionally designed dresses, while boys were in jackets. Emmanuel, Cararise, Cecilia, Mercy and Nchimunya also gave us a wonderful song with instrumental. The Pestalozzi students also performed a fabulous and astonishing dance. No lie, it was on point.

Even our own MC Pennious gave us a powerful poem, and Jessica, the Princeton in Africa fellow for 2016-2017 sang a beautiful song. My favorite part finally approached: dinner time.

This was my favorite part because it was the time I got to talk to different KF students and just to know how they have been. The food was fantastic and there was plenty of it. We laughed while watched some old KF students' photos. It's funny seeing how we looked when we were little and seeing where we are right now and most of all treasured, the love we have as the Kucetekela Foundation family.

In conclusion, I learned how much KF and Stanbic Bank put in for our education and how they have managed to be partners for ten years now. To me, education is the most important and greatest gift I have received, which is all thanks to Kucetekela Foundation and Stanbic Bank. I know I can't pay them back, but I can make them proud by Focusing on my education and achieving my goals. Above all, I'd like to thank everyone for their contributions to my education.



Chalo students perform their traditional dance.

SPOTLIGHT: KF EXECUTIVE DIRECTOR WINS MOST INSPIRING INDIVIDUAL FROM EGMONT TRUST

“During my service as the KF Executive Director, I have learned and realized that KF can make a greater impact by dealing with each of the students individually.”

~ Florence Nkowane Lutale

In 2006, while Oliver Barry was working on an AIDS project in Zambia, he observed the poor standards in government schools: there were hardly any resources, and small classrooms staffed with more than 100 children, all begging for the attention of their unprepared teachers. He immediately picked up on the need for quality education, because during his time there he had encountered a few brilliant and dynamic kids: students likely unable to afford high school.

As a child from an affluent family, he felt compelled to contribute to the education of Zambia by educating, exposing, and moulding the next great leaders. He was somehow redirected to me, and ten years ago, Kucetekela Foundation sent our first group of ten students to local private schools. Kucetekela, in Zambia, translates as to have hope in something and this foundation has only hoped to achieve that from the start.

When the organisation was nearly two years old, Oliver and I were reflecting on our progress and he said: “We knew that these kids were brilliant, but we didn’t expect this outcome.” It took us a while to realise that we were selecting the cream of Lusaka. Ten years have

gone by, and we can now proudly say that our students are spread across the world at top tertiary institutions.

We smoothly got through the first couple of years and managed to meet our recruitment targets of both years – ten students. The years that followed were a struggle, and the board realised the need for funding; that was the first time we approached Egmont Trust.

Egmont grants have had a tremendous impact on the development of Kucetekela Foundation. The first idea I pushed to reality was a retreat for our students. As an educator, I have always been passionate about outdoor education and always wanted it for my students. The Ndubaluba retreat exposed our students to outdoor education, community service, CV writing and project proposals.

In addition, Egmont funded five scholarships under our program. They completely funded these students including the recruitment process, transport, and examining the students. The five were outstanding and completed high school with record-breaking scores. At the moment, Titani is at the University of British Columbia in Canada, Amand is at

Earth University in Costa Rica, Nathan is at the African Leadership Academy in Johannesburg, Tony is at Aseshi University in Accra, and Metrina recently began a course in general science at Copperbelt University. The five Egmont students are our greatest testimony because they were outgoing, determined leaders and were all UNICEF Climate Ambassadors.

I spent a lot of my childhood reading detective novels and I always wanted to be a detective. Not necessarily a police officer, but a detective being a person who solves other people’s problems. It was much later during my first job when I realised that teaching was the best platform for me to be a detective. My students helped show me that.

During my service as the KF Executive Director, I have learnt and realised that KF can make a greater impact by dealing with the students individually instead of a unit. Each student is an individual project. This is easier to realise when one is spending quality time with students; to hear their stories, to visit their families, to sympathise and empathise with them. Therefore, you will be responding to the students with solutions, ideas and help that is relevant to their respective problems.



Top right: KF Executive Director Florence Nkowane Lutale with her award.

Top left: Vivian Lihonde (far left), Mr. Evans (Egmont Trust Chairman of the Board), Mrs. Nkowane, and Helen Leale-Green (far right, Our Moon) after the giving of the awards.

Left: (From left to right) Another award winner, Mr. Evans, Mr. Colin Williams (Egmont Trust Executive Director), and Mrs. Nkowane after the reception.

PROGRAMS

WORK EXPERIENCE

BY SUSAN A. KAMONO

Work Experience was a five-day experience that left unforgettable and valuable lessons in my life.

I did my work experience at Save the Children in Kalingalinga. It is a non-governmental organization which works in other countries across the globe. Its mission is to inspire breakthroughs in the manner in which the world treats children and to achieve immediate and lasting change in their lives. Its vision is a world in which every child attains the rights to survival, protection, development and participation. Therefore, it

achieves its vision and mission through partnering with civil society organizations, communities, and government and private sectors, as well as collaborating with children.

I had the opportunity to work under their communications department. The major role I played was reading reports concerning the work they do, both locally and internationally. The reports made me understand more about the role the communication department plays.

I had a session with my supervisor for every re-

port I read. During these sessions, I had to explain what I understood from the reports and things I failed to understand were explained to me.

My work experience made me even more certain on what career I want to pursue. It also made me realise that children really are vulnerable in the world and that truly the most vulnerable children are invisible, as many people overlook children's vulnerability.

It equally helped build up my character as it challenged me to fit in an environment that I never imagined. I had to work with people way older than I am. That made me realise that things do not change much as we grow older. We just have a few adjustments in

our lives, such as being in university, work, marriage and age, but things like our character and mindset towards certain things don't really change.

My work experience really immersed me in adventure. And for that reason, I would honestly want to have another feel of that experience in my life and be part of a people that makes a difference in the world.



WORK EXPERIENCE

BY PHILIP MTAMIRA

SONG: "UNSTOPPABLE LOVE"

My work experience took place at a company called Rock Insurance Brokers in Northmead from the 14th August to the 18th August of 2017. During this working period, I was required to be at work around 8:00 am and finished work every day around 5:00 pm.

I worked with a woman named Edna Mweemba who was in the Accounting Department of the company. Madam Edna gave me and taught me most of the tasks in the course of my work experience. As the week went

on, I also worked with a man named Mr. Chishimba Njikata from the Insurance Broking Department.

Learning how to do new things at Rock Insurance Brokers began on a good note, as I was taught how to record insureds' names, amount of premiums paid and other details in the required books. I also learnt what insurance broking is all about. Furthermore, I was taught how to pay taxes online.

What was really surprising was the fact that there were more women than men in

the working place. The most exciting fact about work experience was being taught how insurance broking companies work. Work experience reinforced my career choice and made my zeal to become an accountant increase, due to the fact that I saw how accountants work.

The most difficult part of my work experience were the times when I



was not given any tasks, it somehow became boring. This came along with my favorite time when we visited NAPSA and ZRA.

I would like to advise those who wish to do their work experience at Rock Insurance Brokers to be very hard working. In addition, they should be social and willing to learn.

WORK EXPERIENCE BY FRANCINE BALASI

SONG: "WAY MAKER, MIRACLE WORKER" BY SINARCH

I did my work experience at a hospital called Metropolis Health Care. It is not exactly a hospital, but it is more of a laboratory. My work experience happened to take place from the 14th to the 18th of August 2017, and it was from Monday to Friday.

As the motto of the company states, "Integrity is in the veins, empathy is in the blood, and accuracy is in the DNA." So it is. My company is involved in testing of blood samples; it also tests for different diseases and different kinds of symptoms. The company also has a strong connection with other countries, such as India. It is for this reason that most of the samples are not processed or worked on in Zambia.

During my work experience, I worked with different people every day. On the first day, I remember working with a scientist by the name of O'Brian. I worked with a young lady who came for training on the second day and on the remaining days, I worked

with the receptionist by the name of Memory. Despite having all the fellow workers, my main supervisor who gave me work every day was a lady by the name of Mediah.



She was good at what she did, and she gave me different tasks every day.

What I admired about their work is the fact that they were skilled at it, and every time they did it, it looked so beautiful in my eyes. The other thing I admired was the fact that they are accurate at what they do.

My work experience was very astonishing, and through it, I really learnt a lot. I learnt how to talk less, view accurately, and record quickly. The very

important aspect of what I learnt is that the workers disinfect the place in the morning to prevent getting diseases. I learnt that the bins are differentiated in different colors to show which bins are safe and the ones that are biohazard. I also learnt how to centrifuge blood, the separating of blood plasma from the blood. I learnt how to receive and record the things that came in such as blood samples, biopsies and other stuff like urine. Last but not the least, I learnt that there are different diseases in this world and most of which can be cured. One of the most exciting things was how to record and centrifuge blood samples.

My work experience did not basically change what I want to be in future. I have a better dream and a greater aim of my career. I want to be a doctor and more than what I did. I learnt a lot that I saw myself owning a form of business like a hospital or clinic in the future if possible.

One of the difficult part of my work experience was remembering the names of the types of which was to be centrifuged, there was EDTA and Plain but between the two, some are supposed to be span (centrifuge). So I had to identify that I had difficulties and so all the time I would ask for help. My favorite part was working with older people, the learning of terms and concepts every day.

I would love to urge my fellow friends who will be up for work experience to put in mind that they will be working with older people, people who are skilled and experienced, and people who will be willing to teach them if they are also willing to learn. The other thing I would love to encourage guys about is to be responsible workers, because you will be held responsible for what you do. Lastly, you will be working long hours like seal workers that's what you need to expect and always enjoy what you do because opportunities rarely come in life.



MORE PROGRAMS

COMMUNITY SERVICE

BY LEAH MTINDYA

SONG: "WE ARE THE WORLD" BY MICHAEL JACKSON



During the end of term two holiday, I went to do community service at House of Moses in Chelstone. I started on the 16th August and went through the 22nd August. I worked there for five days (weekdays). The company is a non-government organization (orphanage). I worked with William and Blessings, but we were not in the same section. The people I worked with were all women, and they used to exchange shifts.

I liked it that the workers were so nice and kind to everyone. They used to treat the babies like their own babies by changing them, playing with them and feeding them on time. I admired the way they treat the babies. They treated the babies in a very special way that maybe some parents out there

cannot manage. I also liked that they cooperate with each other and work together.

I learned that as youths, we should not be selfish or care more about ourselves, because there are a lot of people who need our help out there. The most surprising thing was that I found infants in the orphanage, whereby the youngest was one month and the oldest was 6 months old. I was surprised to see those babies without their parents.

The most exciting thing was that the babies were healthy and that they did not like crying anyhow unless they were hungry. The other thing is that I found a baby who was one month old; she was prematurely born, but it was exciting to see her growing up healthy.

My community service did not change my future career. It also did not re-

inforce my career. However, it really changed my mind, because I did not know that there is something like that. This time I aim to improve my community by advising youths and teenagers on the consequences of getting pregnant at a tender age, because it was so touching to see babies who were abandoned, and I would not like that to continue happening in the community.

The difficult part was when it was time to feed the babies at lunch, they

you start playing with them and just have a great time with them.

My advice to the future students is that when you are told to do the community service, don't think as not important. It is important to do community service because you will get to know more about what is happening around you, and it also helps you to not be selfish but to be helpful to those who need your help. To those who will be doing community service in the future, they should just

expect to face challenges and difficulties when doing it, and also, they should be expecting to become social with everyone and to those who are in need of your help.



Members of the Grade 8 Class of 2017 do their community service at House of Moses. From left to right: Leah Mtindya, Oswald Mutale, Kelvin Ziwa, Blessings Chishimba Chileshe, and William Changa.

would all start crying at the same time so it was hard to handle them. My favorite part was when the babies had eaten then

COMMUNITY SERVICE

BY FAITH SAKALA

SONG: "PEACE BE STILL" BY POMPI



I used to take community service as an enemy, because I felt it crashed all my holiday plans for self-enjoyment. As I continued taking part, I discovered it is worth it.

It helps me have the zeal of not giving up despite the discrimination I might experience from my environment. It has protected me from doing dangerous activities, because I spend most of my time on work, and it has built my confidence. If you want change, you should make the change by being an example of change to the community.

I conducted my community service at an orphanage in Mashopa Compound in August, 2017. I worked as a teacher in charge of the Grade 7s for a week. Furthermore, I conducted seminars on peer education. My obligations were supervised by a woman named Mary, who is the manager of all activities at the orphanage.

The most interesting

thing I learnt was the feeling teachers get when addressing pupils. I discovered that teachers respond to pupils according to the behavior they portray. They have helped me to change my character towards teachers.

I enjoyed my class because they were all intelligent children. Hence, it was not very difficult to teach. We had games and other circular activities like dancing, this made my community service very fun.

From the experience I had, community service helped me upgrade myself in a way that not only do I want to be a teacher but also to become a professor. I started working on my discovery about teachers.

My goal is to erase ignorance in the communities of Zambia as a whole. However, the only chal-

lenge I had with my community service was the insufficient resources, for example, chalk. Nevertheless, my favorite part was the opportunity to control the class, this helped me to continue striving despite the discouragement.

To my fellow students, my advice is that take community service very seriously because it carries a lot of favorable values for you.

At times, even if it does not involve Kucetekela Foundation, try to do some voluntary work because it adds a difference to your community.

Mercy Mulenga, Rosemary Mbao and Faith Sakala at their community service placement, Living Hope Foundation.



"From the experience I had, community service [has] helped me upgrade myself."

~Faith Sakala

Grade 11, Chalo Trust School

PROGRAMS: TUITIONS

GRADE 9 TUITIONS AND EXAMS

BY PETER SICHONA



I attended my Grade 9 tuitions at Pestalozzi Education Centre. The tuitions lasted for the whole month of break. I attended the tuitions twice at Pestalozzi: once during April break and once during August break. I went with my classmates which

made it easier to adapt.

At first in April, it was kind of difficult to make new friends, but as days went by, I made a few friends who helped me with the tuitions. People like Daniel Lumbu, Martin Milanzi, and Emmanuel Chanda made my April tuitions exciting. In August, it was much easier to make friends, because I was used to everyone.

During the tuitions, I learned a lot, although they didn't offer some subjects, like computer studies and French. I also learned art from the people at Pestalozzi.

Pestalozzi people helped me a lot, especially Daniel,

who helped me with business studies. While I was at Pestalozzi, I realized that I needed to study much harder for my exams. My favourite part of the tuitions was when it was history period. I enjoyed that very much. It was a fun period. The teacher was excellent at explaining and he used to give three-minute breaks each time.

I am feeling quite happy about the exams. I'm sure that I will get good results because of the holiday tuitions. I'd like to advise next year's Grade 9s to enjoy the tuitions and make a lot of friends in order for them to enjoy the holiday tuitions.

GRADE 12 TUITIONS AND EXAMS

BY MUTINTA MUBITA

SONG: "DOROMI" BY MAFIKIZOLO



As a final year, Grade 12 student, sitting for my final national exams was something I was looking forward to. As part of my preparations for the exams, I attended tuitions at Pestalozzi Education Centre.

It was time to catch up

with my school work. As time went by, I began to understand my Mathematics and Chemistry. With the help of Dr. David and Veronica Wilkinson, I felt more prepared and ready for the exams. Meeting Chalo Grade 9 students was very exciting. I spent some time with getting to know each one of them. Apart from KF Chalo students, we had other students from another school. I learnt a lot from them, and I hope they did learn something from me.

Big ups to Lusungu and Teresa for being supportive. I am also grateful to Timothy, Peter, Nchimunya and the rest of

the Pestalozzi KF students, especially Martin. And to Mina, who was always there to help me out with my Maths.

My advice to the 2018 Sugos is to be focused and change your attitude towards your studies. Honestly, to improve my grades, all I had to do was change my attitude. Always ask questions, work in groups and do not forget to sleep hard, eat hard and study hard. Go 2018 Sugos! You have made it this far, congrats guys! Love you all.

"My advice to the 2018 Sugos is to be focused and change your attitude towards your studies."

~Mutinta Mubita

Grade 12, Pestalozzi Education Centre

THE PARADOX

BY KELLYSON SIAMUNJO



Two paths crossed in the desert; I did not know which one to go down, so I chose the less travelled. I did not know what was ahead except that it could be either bad or good.

This is exactly what happened during the August holiday tuitions. I was faced with two options, attending tuitions at Pestalozzi or not attending at all. On one hand, I felt tuitions were necessary, and on the other hand, I felt they were not necessary. In the end, I decided to attend but at a different tuition centre.

The tuitions were con-

ducted at the Findeco House, the tallest building in Zambia, on the 9th floor. They were held at a private university called Gideon Robert University, and I was being tutored in three science subjects by a lecturer at this very university. Due to my late decision, the tuitions did not last long; they only took a week.

Though they only lasted a week, I really had a great time. My tutor, Professor Muvwanga, was so friendly and funny and seemed to be known by almost everyone in the university. He introduced me to many people, most of whom were university students. Though it was hard to make friends, I was at least able to make three friends.

I found the tuitions very helpful, as I got to know what to expect in the exams. We tackled various past papers, which made me become acquainted with most of the examination questions. During this time, I was intrigued

by the zeal people have for learning. The professor gave me a lot of assignments which seemed impossible to finish, but I would get surprised how I would manage to finish. This taught me that's all is possible if I only work hard.

What I enjoyed the most about the tuitions was traveling to town every day. In the end, I realized I was getting to know town very well.

With all the intense preparations, I was really looking forward to the exams, and I could not wait to begin writing the exam papers so that I could face what is next with life beyond high school. As for the Grade 11s, the Grade 12s to be (future sugos), I can just advise that they should start now preparing for the exams by tackling a lot of past papers, especially thinking about process revision books. This will prevent them from panicking and being stressed out once they are in the exam class.

"As for the Grade 11s...I can advise that they should start now preparing for the exams by tackling a lot of past papers."

~Kellyson Siamunjo

Grade 12, Chalo Trust School



Grade 12 students Christian Chavula (left) and Kellyson Siamunjo prepare forms in order to apply for tertiary programs.

CLUBS AND EXTRACURRICULARS

YALE YOUNG AFRICAN SCHOLARS

BY FAITH MULENGA



I never thought I would get accepted in the YYAS program when I applied. I thought that I was just wasting my time because I would never get accepted. I lost hope and felt that luck was never coming my way. I could hardly tell anyone that I was applying, because it was my second time. The first time I applied, almost all my friends knew about it and some even made fun of me when I wasn't accepted. I wrote my essays a few days before the deadline. My first option was Mauritius, then Rwanda and lastly Ghana.

The moment I saw the post on Facebook that the competition this year was stiff, I decided to let it go. Over 2000 people had applied, and they needed strictly only 300 scholars. I already told myself that there was no way to get through if I didn't manage to get through the first time when the competition was not as stiff as that. I even forgot about it.

I was only informed on my way to do my work experience by Mr. Mukena. I couldn't believe it. I felt probably he was mistaken, so to avoid that feeling of disappointment, I took it that way. I checked my email, the first thing I saw was a message saying there was a change, the program had been shifted from Mauritius to Zimbabwe. I checked the previous message; I was accepted in the program! I was so shocked because I never put in so much interest and effort as compared to my first application into the program.

Upon arrival, we first went for admission where we were given program materials. From there, we were directed to our hostels. I was sharing a room with Alice from Rwanda and Madinah from Nigeria. They were really fun. We shared stories together, and they didn't bore me at all. We all could sing and dance, which was amazing.

That same day the program started. We had the orientation, meeting different people from different countries. I expected myself to feel lonely because I was the only KF student that went. However, it turned out that I became good friends with many people from other countries. Many people were fun to talk to.

I attended three seminars

on elections in Africa, indirect rule and invented tradition in the colonial Africa and poaching and conservation in southern and Eastern Africa. My favorite one was Elections in Africa; we had a debate on the motion 'there should be a rotation of presidents.' It was a very tough debate that took us so long to arrive at one thing. We were the last group to disperse. We exceeded our time up to snack time, finding the snacks almost finished when we finally arrived.

I also enjoyed the workshops and motivational lectures. I was really inspired by the lecture on African technology. I got to know that KWESE was founded by Yale students which has been a good development in Africa. The lady encouraged us to tell our own story, to come up with something, think of how we can do things differently for the betterment of Africa. Apart from that, I enjoyed the enrichment activities. They were based on leadership qualities. My favorite was the game 'let's all be frogs.' We really struggled to get everyone to cross the river without stepping into it. The purpose of the game was to teach us how to strategize and cooperate using team work.

The talent show was also amazing. We had planned it right from the start of the program. We prac-

ticed during our free time. My roommates didn't want to stop practising even in the room. We shared performances among ourselves; I was going to be the singer, Madinah the poet and Alice the dancer. I did a song related to the program 'Powerful.' All the performances were so amazing. At the end we had the handling of certificates and a group dance. Then the sad moment followed; some people were leaving that night, so we said the goodbyes and all. It was so sad. Some of us cried, because we got so attached just in a week. We had the last chat, got each other's emails and contacts then went to bed.

The YYAS program made me imagine myself completely transformed. It made me discover my leadership qualities. I got so inspired that I will one day tell my own story. It taught me to be the change I want to see in the world. It gave me the courage to believe that I can if others have. The experience is valuable, so I strongly encourage everyone to apply and get something out of it. The program is very helpful; I felt different just in a week. I wish the program lasted a bit longer. It was such a great experience and I really want to thank Kucetekela Foundation for making it possible for me to be exposed to such an opportunity.

YALE YOUNG AFRICAN SCHOLARS

BY EMMANUEL BANDA

SONG: "MAINTAIN" BY JONATHAN

I was told about YYAS in Term I of 2017, and I was so excited to be part of the students who were going to apply for it. It was such an amazing programme that I didn't want to miss. I used to see my peers who are in higher grades apply for and get accepted to it, so it was really something I had looked forward to.

When the time came for applying, I was so scared that maybe I wouldn't pull through, as I read the article that showed how many students apply for the program each year and how many students are accepted for the programme. It was really something very scary, knowing that there are more than two thousand students applying for this programme. Nevertheless, I was keen to apply for it, and I never lost my courage to give it a try, so I went on and applied.

Four months after applying, I received my acceptance letter to my first-choice country, Ghana. I was so excited about it and was really looking forward to meeting other students from different countries of Africa. Everything happened so quickly that before I knew it, it was time to depart to Ghana. This

was a once-in-a-lifetime experience I was about to have meeting new people, flying abroad alone and so many more things that were in store for me at the programme.

Arriving in Accra, Ghana after a six-hour flight from Lusaka to Addis Ababa and a four-hour flight from Addis to Accra



Emmanuel Banda as he waits to board his flight to Accra at the Lusaka airport.

was so tiring but also interesting and amazing. I was welcomed by a friend of one of the Princeton in Africa (PiAf) fellows who directed me to the YYAS crew and the rest of the students who had arrived earlier. We were taken to the school called Tema International School, where we were going to be staying for that seven-day period.

My first day at the school was difficult, but I adapted as time went by. The students from other countries were also refraining from talking to other students and were just talking to the people they were more comfortable with, so it was kind of hard to socialize. However, things changed the following day, because

everyone was com-

thing to experience, as it helped me assess my inner thinking abilities and where my strengths and weaknesses are.

The whole programme encompassed a lot of activities like lectures from university lecturers and political analysts. We also had seminars that were led by YYAS alumni who are at Yale University in the USA. There were also discussion groups and workshops where we evaluated the lectures closely and tried to put topics in our country's perspective. This was my favourite part of the programme, because it helped me understand what is happening in the different African countries.

The day when we were going back to our countries was like a mourning day, because none of us were ready to leave. For example, I met a Ghanaian girl the day I was coming back home, and she was almost crying, because she only knew about me at the last minute, and she found out that I was actually fun to talk to, but sadly it was the last day.

Lastly, I would like to give my sincere most gratitude to Mama Nkowane, Mr. Mukena, the PiAf fellows and all my peers in KF who helped me have this wonderful experience.

YALE YOUNG GLOBAL SCHOLARS

BY VINCENT MWAFULIRWA

SONG: "AMERICAN TEEN" BY KHALID

Yale Young Global Scholars (YYGS) is a program that orients high-achieving students in some university courses found at Yale. It is a two-week program, and students get the chance to interact with other students from around the world. It takes place in the United States of America at Yale University in New Haven, Connecticut.

Applying for the YYGS program is similar to applying to university. The feelings of anxiety, excitement and nervousness turn out to be prominent. At this point, you feel like you need to write about the most events in your life. This shouldn't always be the case; you need to write something that defines you and suits your priorities. At the end of this application stage, Cararise, Nelly, Ased and I knew a lot about each other's strengths and ways of life. It was not a coincidence that we all got chosen for this program.

Knowing that we were going to New York and Yale was very exciting for us. I had many expectations, like to learn as much as I could, to use technology effectively, and to spend time relaxing by eating good food and listening to good music. When we were traveling, we slept quite a lot on the plane and watched some movies. We arrived in New York in the morning. Checking and passing the security at JFK airport was very easy,

because we had documents to show why we were there. On that first day of arriving, we were picked up by the Barry family, who oriented us about the city and what to expect. It was a very nice orientation; we had the chance to move around the city and visit places like the Statue of Liberty.

When we were taken to Yale University, it was very interesting to see the



people we were going to be with for the next two weeks. It was a diverse community in that different people from different parts of the world were there. It was very easy to interact and make friends because everyone wanted

to talk about their countries and ask each other questions.

Coming to such a place and being in seminars for Biomedical and Biological Sciences was very crucial. It required you to pay all the attention you had and apply your critical thinking. I attended a lot of lectures, and lecturers presented their topics and related them to life. Each topic had a career

attached to it, which helped me explore my interests. Subsequently, we had discussions where we talked about what we learned from each lecture and the parts we didn't understand. Additionally, we had assimilation groups and a capstone project group. Assimilation group dealt with scenarios that engaged us to

solve problems and apply our scientific knowledge. On the other hand, for our capstone projects, we would work some of the problems that we face in society, such as the social determinants of health and the effects of GMOs.

Apart from the academics, we also had some other structured time, such as family time, when we divided into groups and went around the city for leisure. It is here where we discussed our challenges in the program and the impacts we want to make in the world. Not forgetting that it was during this time that we got close to people from different seminars and ate food together. The food was lovely. Our free time was between 8 pm and 10 pm. That was the time where you got to do your unfinished work.

The program was amazing and according to my expectations, I learned quite a lot. I also had a lot of opportunities to learn some music and relax after having a long day of studying. At the end of the program, we had a party that I will never forget, because I so treasure the experience of it. Before we came back to Zambia, the Barry's took us around the city to museums and gave us the privilege of shopping alone. Cararise, Nelly, Ased and I went around the city until we were tired and booked a taxi to go home to the Barry's house.

During our traveling to Zambia, we talked about the program and what we wanted to change about life. When we reached Zambia, it was as if we had just started dreaming of America.

YALE YOUNG GLOBAL SCHOLARS

BY NELLY KALUKANGO

SONG: "I WAS HERE" BY BEYONCÉ

The whole application process for Yale Young

I am a home person, a mummy's girl in particular,

so being so far from

decided to settle on PLE, because I felt that maybe today's world is practically ruled by politics and law. All the sciences and everything depend on how people are being governed. Politics, law and economics are basically everything!

now, after those conversations, I am becoming a unique student with big actions.

KF has made all of this possible. I feel my life story is incomplete without KF. I am forever thankful for all these rare opportunities.

All that I learned will be brought down in a program I wish to start, called KWEZA, where I will teach high school students like me about what I feel are very important skills for life, including critical thinking, creative imagination, good public speaking skills, and learning to know yourself. This is because I feel certain things are simply too good to be too selfish with. And as my civic education teacher, Mr. Lungu, says, "Think globally and act locally."

I think I had a great amount of culture shock. I thought everything would be easy, but I didn't know interacting with teenagers could be so hard just because we were from different countries. I was stuck between being me and trying to fit in, and most certainly it took a while for me to come out of my shell.

Mr. and Mrs. Barry taught me a lot about myself. They taught me so much more in a few hours than I have learned in a few years. Because before, I was a mere student with big dreams. But

Global Scholars (YYGS) was more scary than it was stressful. As I answered each question, my brain seemed to have a mind of its own, asking "What if you get rejected?" But I managed to fight the fear of rejection and believed that if I made it to Yale Young African Scholars last year, why would I not make it here?

home just gets me sick. But being with people like Kayla and her mum and being in a home like the Barry's could hardly make you miss home, because you ARE home! Angels certainly do exist, because those guys were the best family away from home.

The journey to the United States was so long that I even started thinking we would never reach. Obviously, I had all the "What if we crash? What if we get sent back?" questions in my head on repeat. But after we finally arrived, I said a silent prayer thanking God for that safe ride. Because, hey! I was in the U.S.A.!

At YYGS, I was in the Politics, Law, and Economics (PLE) seminar. I had a hard time choosing between that and the other seminar about science and biology. I am a person with multiple interests, and I thought both would be quite interesting. However, I



MY WOMEN IN SCIENCE EXPERIENCE

BY HARRIET MWANZA

SONG: "SCARS TO YOUR BEAUTIFUL"



"I could not believe what I was hearing [when Jessica told me I had been accepted into the program] because I thought of the other girls who were just as qualified."

When I first heard about Women in Science (WiSci) Girls' STEAM Camp, Malawi, I felt like I was not the right person to be part of the lucky one-hundred participants from all over the world. Little did I know that I had the potential and capability to do it. Mrs. Nkowane and Jessica (the former Princeton in Africa fellow) were the ones that introduced us to the WiSci program. It was necessary for every applicant to write three essays. I did a lot of research on how best I could make my essays good enough.

Finally, Jessica picked us up from Pestalozzi and we spent the rest of the afternoon correcting the essays with the rest of my KF friends. At some point in the process of writing the essays, I felt like giving up, but my friends' supportive attitudes pushed me to try my luck. We submitted the application via email, and I was ready to return to my normal way of life, forgetting about the WiSci forms.

The results did not come in as soon as we expected,

but after a few weeks of waiting, I found myself anxious and curious about the results. Finally, Jessica dropped by our school on afternoon and brought the news that I had been selected to participate. I could not believe what I was hearing because I thought of the other girls who were just as qualified. Jessica went further to tell me that they had also picked another KF student, Cecilia Banda. This news made me feel excited because I would not be alone in a foreign land, but I would be with a sister and a friend throughout the camp.

I had to leave school a few weeks before the actual closing day. The preparation of my luggage did not require much of packing because it was going to be a short stay in Malawi. Saying goodbye to my family was something I had been familiar with because of my boarding stay, but leaving the country made it difficult to think of not being in my home country. However, I was happy I had made my family, KF and friends proud.

We stayed at the Inter-Continental Hotel after Mrs. Nkowane had picked up me and Cecilia from our homes. Meeting the seven other Zambian participants, especially our counselor, Musonda Chikwanda, was very interesting. We got to talk

about how they found out about the program, how they felt when they found out that they had been accepted and what they were looking forward to with WiSci.

The next morning (Sunday), we boarded out flight from Zambia to Lilongwe in the morning hours. It was an hour ride, and being on a plane was a great experience. We had to board another flight from Lilongwe to Blantyre, and I found the exchange of planes very interesting, because we got to see the Malawi airport infrastructure and take pictures of the moment.

Upon arrival at the Blantyre airport, we met the ten girls who were from Liberia. I found it difficult to talk to them at first because of the different systems of languages, but a simple smile and a simple form of greeting was a good start. We were taken to the MUST (Malawi University of Science and Technology) by the university bus.

The next morning, the program timetable was tightly packed with a lot of academic and fun activities. For the first few days of the camp, we had biology sessions with the American Society of Microbiology (ASM). They explained what they do as microbiologists and carried out experiments

where they built a simple microscope out of wood, plastic and a lens including a torch and cell

computer brains and other machines. The moment of seeing the robot car move and turn in the di-



phone. This activity made me understand that I can be anything I put my heart to. Despite being a girl, I can still dream big and pursue STEAM related careers.

In the last days of the first week, we had Google sessions. The workers from Google, who were specialized with computer science and engineering, taught us how to create apps that can be of use to people with disabilities. I got to understand more about coding, which is the arranging of rules or instructions in a computer software. I also learned about the instructions that lay behind our cell phone icons. The Google classes made me think of a future in which I can create apps, such as speech assisting apps, that can be of use to various people with disabilities.

In the second week, we had sessions with Intel, who made us organize instructions that could control a robot car, Carrie bot. Most of the Intel workers specialized in the hardware production of

rection I had arranged the rules I codes on the computer stirred up a feeling of fulfilment in me. This activity made me think of training for technology related careers such as being a computer scientist or engineer.

A fun factor we had was culture nights, where we represented our countries through performances. In the last few days before the end of the camp, we were instructed to come up with our final projects in groups of four. Sitting down together with the two Liberian girls and an American girl made it easy to think of a topic to address that had been affecting our communities for the past years. When we finally identified that the poor garbage disposal in our home communities as a problem, we came up with an app that could direct citizens to the nearest trash cans and the trash cans would have a buzzer in them that would buzz after they were filled up, alerting the trash collecting companies or citizens.

As a group, we had to present this to the whole learning staff and a few invited motivational speakers. The presentation of the project was a bit difficult because each member had to contribute by speaking and explaining everything about our project within a few minutes. I felt confident about myself because I had contributed to the progress of the project, and I was proud of myself because I was flying the flag of KF even though I was away in Malawi.

The motivational speakers spoke to us about their stories and challenges in the final days of the camp. Her excellence, Mrs. Getrude Wamtarika, the first president of Malawi, came to praise us for being of the program. I especially enjoyed Leland Melvin's speech as he explained about his strength and challenges and the passion he has to advocate for girls and women all over the world.

In addition, I got to participate in the WiSci community blogging page. This made me realize my passion for writing, not only poetry, and my passion to advocate for girls all over my own country who are struggling with finding their identities and who are trying to create a future for themselves.

In conclusion, I would like for all my KF family to know that the future is theirs. They can make it into whatever they put their minds and hearts to, because they are in charge of molding it. But the first key is having a clear vision and a passion towards every step towards the future.

“I would like for all my KF family to know that the future is theirs. They can make it into whatever they put their hearts and minds to.”

CHALO JETS CLUB BY OSWARD MUTALE



When I first came to Chalo Trust School, there were many clubs and one of them was JETS (Junior Engineers, Technicians and Scientists) Club. JETS contains different parts, including Mathematics JETS Club, Science JETS Club and other various parts.

Before I would choose which club to be part of, I first looked at my career as an engineer and matched it with the clubs which were available, but since mathematics and science will both be part of my career, I had some difficulty in choosing which one to be part of. By then, I was better in mathematics than in science, so I decided to join the science to balance up my career requirements.

In the Science JETS Club, we allow anyone who is part of our club to introduce a topic which we may have come across and did not understand very well, so that we can

discuss it as a group and make that person understand. This is my favorite part, because I get to be aware of what is in Grade 9 and some of the topics in science that we have not covered yet in class. My least favorite part of the club is that it sometimes takes longer than the time I expect for the topic I proposed to be discussed, and this affects my preparations for the science tests.

Recently, we had an activity under the topic of separation techniques. It was so nice because I got to experience how these separating methods can be applied to real life situations. For example, you have accidentally mixed sand with water, and then you need to use the sepa-

ration technique to separate them. By being in Science JETS, I have learnt that I have made a wise choice, and I am a person who freely shares his ideas and asks where I do not understand.

In the future, I hope to participate in the Environmental Science Club as the president. I would like to make sure that all proposed topics are written down by the secretary because certain topics proposed are not written down because they are thought of as less important. But I believe that all topics are important and should be discussed because not everyone knows everything.

PESTALOZZI DEBATE CLUB BY BLESSINGS CHISHIMBA CHILESHE SONG: "BROKEN VESSELS"



On this wonderful and bright day at Pestalozzi Education Centre, one young boy decided to join debate club. This young boy was brave, courageous, clever, intelligent and brilliant, such that for every word and sentence he said, it was like blue skies that cannot be de-

scribed more than the word itself, brilliant.

He was one of the new Grade 8s at a school so far away in a place unknown, but he liked it, such that in his own words, he shortens it into acronyms to P.E.C. He was known to be the mother of arguments so furious that he takes them seriously. When he heard of the clubs at school, his friends told him to join the most amazing clubs the world desires, but there was just one club that needed seriousness, bravery, courage and talent, though some took it as the most useless and most bring club in the entire galaxy. He found it so fun, but when he thought twice,

he thought of the horror and laughter that will be thrown at him like fire balls.

He remembered his mother's words: "Never worry about what people say. Follow what your heart desires. You might stumble and fall, but the Lord will always pick you up. Do what makes you happy." When he thought of those words, he made his decision to join this club that others thought of as the most horrible club ever. When he got to the meeting place, he noticed a bunch of nerds and looked at himself as the coolest and walked in with his head held high.

When the captain entered the room, he skimmed through the crowds and noticed a new member dressed in bling and looked handsome among the rest. When the debate began, he was so ready that he jumped out of his seat. When the debate came to an end, he felt a heavy rock crush his heart because the best part came to an end. On his way home, he thought of his entire day and noticed that God gave him the talent of becoming the most talented debater.

From that day, he joined the debate club until now and he has been debating with all his strength, courage and intelligence with some of his close friends. From the time he joined until today, the debate club has never lost any competition.

PESTALOZZI ARTS CLUB

BY KELVIN ZIWA

SONG: "GOOD FATHER" BY SARAH REEVES



The first time I came to Pestalozzi in January 2017, the 8D class, which is now the art

-takers' class, was not formed yet. I was thinking that since there were no art classes, there must be no art club. The first week I came, I took a chance to explore all

the clubs in the school and some of the clubs I came across included Mathematics Club, JETS (Junior Engineers, Technicians and Scientists), the Chess Club, and more.

Lastly, I came to a room which had artistic paintings, drawings, sculptures and all sort of artistic things. During that day, I knew that an art club existed and soon there would be an art class.

Two weeks later, I found out that I was right. The art teacher came to our class to announce the

formation of a new class (art class).

I was happy because I loved something to do with our own hands. I registered and became part of the other students going to the same class. That's when I got to find out that the art club existed when I went with one of my friends to the club. I found a lot of the members there were my classmates.

My favorite and the most interesting things we do in art is putting up post-

ers, printing border lines, and drawing and painting. But the less favorite thing for me in art is doing projects that last long. For example, the last topic called bed mosaic took us almost two months.

I have learnt a lot about myself by being in the club. Some things include being co-operative with my classmates and club mates. I hope that as the club grows, I will continue getting better in drawing and shading. I also hope that in future, I can have my own gallery full of paintings and sculptures. I can also develop the art club at our school by building a much bigger art gallery/art room.

CHALO QUIZ TEAM

BY ETEN KANTU



not usually go for inter-schools' quiz and so I took it lightly.

After a few days, he came to my class just like he usually does, but this time he came and told me to follow him. So with all the curiosity in the world, I stood up and followed him to his office. When we reached his office, he told me sit and then he started giving me tips on how a person can win a quiz. I was surprised because I thought the idea of a quiz team had died a long time ago. He introduced me to my teammates and then told us to prepare for the quiz that was coming soon.

Our school was going against Great North Road School. We all knew that

the Great North Road School had very strong competitors, so we had to prepare adequately. For our preparation, we visited the computer lab frequently to browse on the internet for information that we could not find in the library. Everyone on the team knew that we had the ability to win the quiz, but all we needed was more hard work. We worked hard and hard in preparation to compete against the Great North Road School.

Finally, the day that we all had been waiting for had come. Before going to Great North where the quiz was held, we sat down as a team just to discuss a few things and the discussion really helped us. The questions that were asked at the quiz were hard, but most of the questions were discussed in the simple meeting we had before going to Great North

Road School. In the first half, we were leading Great North fifty points to thirty, but in the second round, Great North started fighting back. Before we noticed, it was a tie. The scores were at eighty points even. With everyone on both teams standing on their toes, my school was asked their last question, and we managed to get it correct. Great North was asked its last question and they got it wrong.

Everyone jumped up and down with joy when the scores were announced and discovered that we won. We all thought that we deserved the win because of all the hard work we put in. We got amazing gifts for representing our school well and hoped on doing the same with other schools.

It all started just like a joke. One afternoon, our head teacher came into my classroom and told me that I have made it on the school quiz team. I thought he was lying, because my school does

ALUMNI CORNER

BEING THE KF INTERN BY VIVIAN LIHONDE

"Interning has helped me to develop some skills and learn to better communicate with people."

~ Vivian Lihonde

Class of 2014



I started interning for KF in September. When I was asked to come and be an intern, I was honestly not a fan of the idea, because I just got home from completing my A-levels, and I wanted to rest and enjoy my time. I thought about it and realized that I also liked the fact that it is a way for me to help the people who have brought me this far. I started working the very next day. On the first day, I mostly cleaned because there was no intern for some weeks which made

the office to not be in a very good state. But as time went by, I was given better tasks to do and found things much easier.

During the internship, I have done some filing and typing. I felt that this was a great platform for me to gain deeper insights into accounting and filing, thanks to the help from Mr. Mukena. This may not be the career that I am interested in, but I felt that it was a very beneficial thing to know how to. I mostly help everyone around the office with anything that they would need, such as, typing, printing, copying, filing, and other tasks.

I believe that it is a good experience. Not only is it good to add on to a CV/Resume, but it is also great to help in adapting with working in an office environment. Interning has helped me to develop

some skills and learn to better communicate with people. This internship made me see all the work that goes on in the background to make Kucetekela Foundation to what it is today. All the work done to make Kucetekela Foundation into this big family, and it is not as easy.

In conclusion, to some students, interning can be seen as a waste of time, but it is not. It actually can help you in many ways, and it looks good on CVs/Resumes. If you get a chance to intern anywhere, just go for it, because you would get to know what your career interest is, you will definitely learn something new, either some skills or something else. And this will make you a better person.

STANBIC 10 YEAR ANNIVERSARY EVENT BY BARBARA KIFOKOLA

The ending of the year 2017 has been a remarkable one for me. At the 10th Anniversary dinner of Kucetekela Foundation and Stanbic Bank, I was given an amazing opportunity to be the mistress of ceremony of the event.

This was an experience I will never forget, as I was given the opportunity to stand in the midst of great bankers, the people

and most importantly the Chairman of Stanbic Bank, Mr. Austin Mwape, who has also worked for the Bank of Zambia which is the central Bank in Zambia. This meant so much as I am a student of Banking and Finance at the National Institute of Public Administration (NIPA) where I am 1st year, I will be doing my 2nd and final year in 2018.

This experience gave me the opportunity to admire and get inspired by these great people and bankers that were present.

I am very grateful to Kucetekela Foundation for this opportunity. It was amazing to be part of it all.

WORK EXPERIENCE IN UNIVERSITY BY EDSON TEMBO



One of the most important things to do as a student during the school period is applying for internships that will help to give one an insight of the work that goes on in industry and put into practice what has been learned in lecture rooms.

I think finding an internship is an essential part of any student's education, be it in high school or university, as it helps to prepare one for what they are likely to face once they start work. I have been privileged to have started work experience while still in high school, and it was a great eye opener, as I discovered later that the field I thought I was really interested in was not really for

me. It came as a wake-up call for me to do more research. I have been fortunate enough to have been in conversations with

people that have struggled to find a good fit in terms of what career path they want to take, especially education-wise. That has all come down to luck of exposure to some sort of work experience. As a result, some people have had to change programs of study.

Having gone to university, I have interned for Bookworld, but now I am trying to get a placement at a Real Estate agency in search for exposure and to get some much-needed work experience in the field.

I am really looking forward to getting a placement in order to get some real-life experience in the

to set my feet after graduation. It should never always be making a little money here and there when a student is on break either from university or high school; it should be looked at as one of the most important things in the life of student at any level, as it serves as a great eye opener. It is a great platform which each and every one of us students should take keen interest and participate in.

It is something that has been missing in our culture where students tend not to really take a keen interest in work experience, and they want to jump right straight into industry, which is different from our friends in the western world. They start work experience at young ages which actually helps most of them when they are picking a career path, as they would have tried out so many placement places and they would have made so many connections that come in handy. In addition to this, they have a great eye opener for what they have to come face to face with once they get into industry.

My advice to everyone is to take up opportunities for work in various places especially those that they are interested in to complement their studies.

"[F]inding an internship is an essential part of any student's education, be it in high school or university, as it helps to prepare one for what they are likely to face once they start work."

~Edson Tembo

Class of 2013



real estate world and also to start making some connections that can help me

Alumni Pennious Mumba and Barbara Kifokola as Master and Mistress of Ceremonies at the Celebration of 10 Years of Partnership with Stanbic Bank.

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OUR TEAM

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**Florence Nkowane
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Co-Founder and
Executive Director

Simasiku Mukena
Co-Founder and Finances
and Programs Manager

Mina Shah
Programs Coordinator

Kucetekela Foundation is an organization that sponsors talented, high-achieving students in secondary school. Not only do we provide these high-need students with opportunities for quality education, but we also support their holistic personal development, through mentorship, work experience and community service programs. All of our secondary school graduates are currently enrolled in or have completed tertiary programs. We pride ourselves in providing high-quality services for our students, and always strive to inspire them as much as they inspire us!

Coming next term! Stay tuned for...



The above photo features the 2017 KF recruits after having finished writing their recruitment exams. Stay tuned for next term's newsletter where we will reveal our new Grade 8s!

If you were encouraged by our KF students and would like to contribute towards their education, please contact **Mrs. Florence Nkowane** at
+260 971594959 or
kucetekelafoundationzambia@gmail.com
to make a donation.

KUCETEKELA FOUNDATION